

INTERNATIONAL FEDERATION OF GYMNASTICS

Rhythmic Gymnastics Difficulty

Individual Exercise

	maividual Excicios
JUDGE	Difficulty (D)

Judge №

Date

Country № Gymnast:								
	Difficulty	JUDGE		Difficulty	JUDGE		Difficulty	JUDGE
Value	Billiouity	TODOL	Value	Difficulty	UUDUL	Value	Difficulty	JOBOL
- value		-	7 4.4.0			7 4.14		
Value			Value			Value		
		1					L	
Value			Value			Value		
]						
Value			Value			Value		
Value			Value			Value		
]						
Value			Value			Value		
value		1	value			Value		
Value			Value			Value		
Value			Value			Value		
· alao		1	7 4.40			7 000	<u> </u>	
Value			Value			Value		
•								
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
1								
Value			Value			Value		
Value			Value			Value		
		1						
Lleo muei	ic with voice and words:		Fundame	ntal: 0		TOTAL	<u> </u>	
0.30 p. pe			Other:	0		Donaltu	,	
 Less tha 	n 2/more than 4 Difficulties	of each				Penalty		
Body Gro	oup (penalty for each) t calculation:							
	t calculation: tal value of all the Difficulties	8						
o Val	lue of each Difficulty compo					FINAL S	SCORE JUDGE	
	an one "slow turn" n Difficulty performed but no	t declared						
on the off	ficial form.	. acciai cu						
Except D	Difficulty with value 0.10:	Manten						
	th rotation used in DER and th or without rotation used ir							

Coach Signature
