INTERNATIONAL FEDERATION OF GYMNASTICS

Rhythmic Gymnastics

Difficulty

Individual Exercise

JUDGE **Difficulty (D)**

Judge № **Date**

Country **№ Gymnast:**

Difficulty		JUDGE	Difficulty		JUDGE	Difficulty		JUDGE
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Use music with voice and words:			Fundamental: 0 Other: 0			**TOTAL:**		

0.30 p. penalties:

- Less than 2/more than 4 Difficulties of each Body Group (penalty for each)
- Incorrect calculation:
  - o Total value of all the Difficulties
  - o Value of each Difficulty component
- More than one “slow turn”
- For each Difficulty performed but not declared on the official form.

  Except Difficulty with value 0.10:
  - o With rotation used in DER and Mastery
  - o With or without rotation used in Dance Steps

Penalty

FINAL SCORE JUDGE

Coach Signature _____

Judge Signature _____

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