INTERNATIONAL FEDERATION OF GYMNASTICS

Rhythmic Gymnastics

Difficulty

Individual Exercise

JUDGE | **Difficulty (D)** | **Judge №** | **Date**

Country | **№ Gymnast:**

Difficulty		JUDGE	Difficulty		JUDGE	Difficulty		JUDGE
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
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Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		

Use music with voice and words:	Fundamental: **0** Other: **0**	**TOTAL:**

0.30 p. penalties:

- Less than 2/more than 4 Difficulties of each Body Group (penalty for each)
- Incorrect calculation:
  - o Total value of all the Difficulties
  - o Value of each Difficulty component
- More than one “slow turn”
- For each Difficulty performed but not declared on the official form.
  Except Difficulty with value 0.10:
  - o With rotation used in DER and Mastery
  - o With or without rotation used in Dance Steps

Penalty

FINAL SCORE JUDGE

Coach Signature _____ Judge Signature _____

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