INTERNATIONAL FEDERATION OF GYMNASTICS

Rhythmic Gymnastics

Difficulty

Individual Exercise

JUDGE **Difficulty (D)**

Judge № **Date**

Country **№ Gymnast:**

FX

Difficulty		JUDGE	Difficulty		JUDGE	Difficulty		JUDGE
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
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Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Use music with voice and words:			Fundamental: Other:			**TOTAL:**		

0.30 p. penalties:

- Less than 2/more than 4 Difficulties of each Body Group (penalty for each)
- Incorrect calculation:
  - o Total value of all the Difficulties
  - o Value of each Difficulty component
- More than one “slow turn”
- For each Difficulty performed but not declared on the official form.

  Except Difficulty with value 0.10:
  - o With rotation used in DER and Mastery
  - o With or without rotation used in Dance Steps

Penalty

FINAL SCORE JUDGE

Coach Signature _____

Judge Signature _____

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