



Gymnastics
Australia



Men's Artistic
Gymnastics

Men's Artistic Gymnastics Technical Regulations

2023

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1 Definitions and Interpretations

The following short terms shall be used and interpreted in the spirit of the following meanings unless specifically defined elsewhere.

Apparatus	Floor, Pommel Horse, Still Rings, Vault, Parallel Bars, Horizontal Bar
Association Member	means a Member admitted to GA in accordance with clause 5.2 of the GA Constitution.
Board	means the board of Directors of Gymnastics Australia Ltd.
Calculation of Score	Sum of the score for each technical component – method to reach the final score
Coach	Person who holds a current and valid coach accreditation and Technical Membership with Gymnastics Australia.
Club	means a Member admitted to GA in accordance with clause 5.6 of the GA Constitution.
Commission	the National Gymsport Commission.
Company	Gymnastics Australia Ltd.
Difficulty	Pertaining to FIG CoP element of judging – ‘D’ – value of elements/connection values or special requirements as per the FIG CoP
Event	a nominated, selected or sanctioned competition.
Event Division	Category of competition at an event ie Level 5, Senior International.
Execution	Pertaining to FIG CoP element of judging – ‘E’ – the exercise presentation related to the compositional requirements, technique and body position
Extenuating Circumstance	Anything outside of a persons’ control which is unavoidable and cannot be changed. This includes, but is not limited to, personal emergencies and a force majeure event.
Gymsport	means a gymnastic sport program or gymsport as defined by FIG and by GA and accepted by GA as a program under its jurisdiction.
International Program/Stream	The level of competition or grading as identified in Gymsport Framework for athletes in the International pathway
Judge	person who holds a current and valid judging accreditation and for Australian judges, are a current Technical Member of Gymnastics Australia.
Level	the level of competition (i.e. Level 4, Level 9 or International)
National Integrity Framework	means the set of policies by the same name adopted by Gymnastics Australia.
State Association	means a body corporate that GA recognises as the sole entity controlling Gymnastics in a State of Australia.

1.1 Glossary

AIS	Australian Institute of Sport
ALP	Australian Levels Program
COP	Code of Points
CJP	Chair of Judges Panel
FIG	Federation Internationale de Gymnastique
GA	Gymnastics Australia
HP	High Performance
MAG	Men's Artistic Gymnastics
MAGNC	Men's Artistic Gymnastics National Commission
NTC	National Training Centre
NCM	National Commission Member
NC	National Commission
NJC	National Judging Coordinator
NSP	National Selection Policy
NTC	National Training Centre
TD	National Technical Director
SMC	State/Territory Sport Management Committee
SO	Special Olympics (event category)

2 Policies and Rules

2.1 Purpose

The purpose of these Technical Regulations is to provide the broader gymnastics community with an overview of the technical rules, competition formats and general information about Men's Artistic Gymnastics and its various divisions for use within Australia.

These Technical Regulations also provide guidance and governance to ensure that competitions are carried out in accordance with all relevant FIG rules and policies, as well as the FIG Code of Points for Men's Artistic Gymnastics in Australia. For a full list of policies and rules which should be read in conjunction with these Technical Regulations, please see the section below.

2.2 Policies and Rules

The rules set out in the following documents will be part of the Commission's Technical Regulations:

- MAG National Commission Functional Statement
- MAG Australian Levels Program (ALP)
- FIG Code of Points (current)
- GA MAG Selection Policies
- Event Bulletins

These rules should be referred to as appropriate for both Australian Championships and National Clubs Carnival.

In addition to the above, all individuals involved in our sport are required to comply with all Gymnastics Australia National Policies, procedures and expected behaviours in order to provide a safe, welcoming and empowering environment for all members. These policies, and supporting information, can be found [here](#).

For information regarding expected behaviours when working with children and young people in Gymnastics in Australia, please refer to the following:

- Child Safeguarding Policy,
- Member Protection Policy,
- Social Media Policy, and
- Disordered Eating Prevention and Early Intervention Policy.

Under the National Integrity Framework, any individual involved in the sport of gymnastics is required to raise a concern regarding the welfare of a child or inappropriate behaviour with Sport Integrity Australia. Failure to report such concerns to Sport Integrity Australia is considered a breach of the National Integrity Framework.

Any modification to these will be circulated in writing on the authority of Gymnastics Australia and where applicable, the National Commission.

2.3 MAG Selection Policies

Selection Policies, including the MAG National Squad Selection Policy can be found on the Gymnastics Australia website [here](#).

2.4 National Commission

- Technical Director
- Judging Coordinator
- Project Coordinator – Gymsport growth
- Project Coordinator
- Project Coordinator – Education
- High Performance Coordinator – GA HP Staff Member
- GA Staff - ex-officio, non-voting member

2.4.1 *Position description and desired skills*

The MAG National Commission Functional Statement for the desired criteria for the National Technical Director, National Judging Coordinator and Project Coordinators.

2.5 National Working Groups

Please refer to the MAG National Commission Functional Statement for the process for creating and operating National Working Groups.

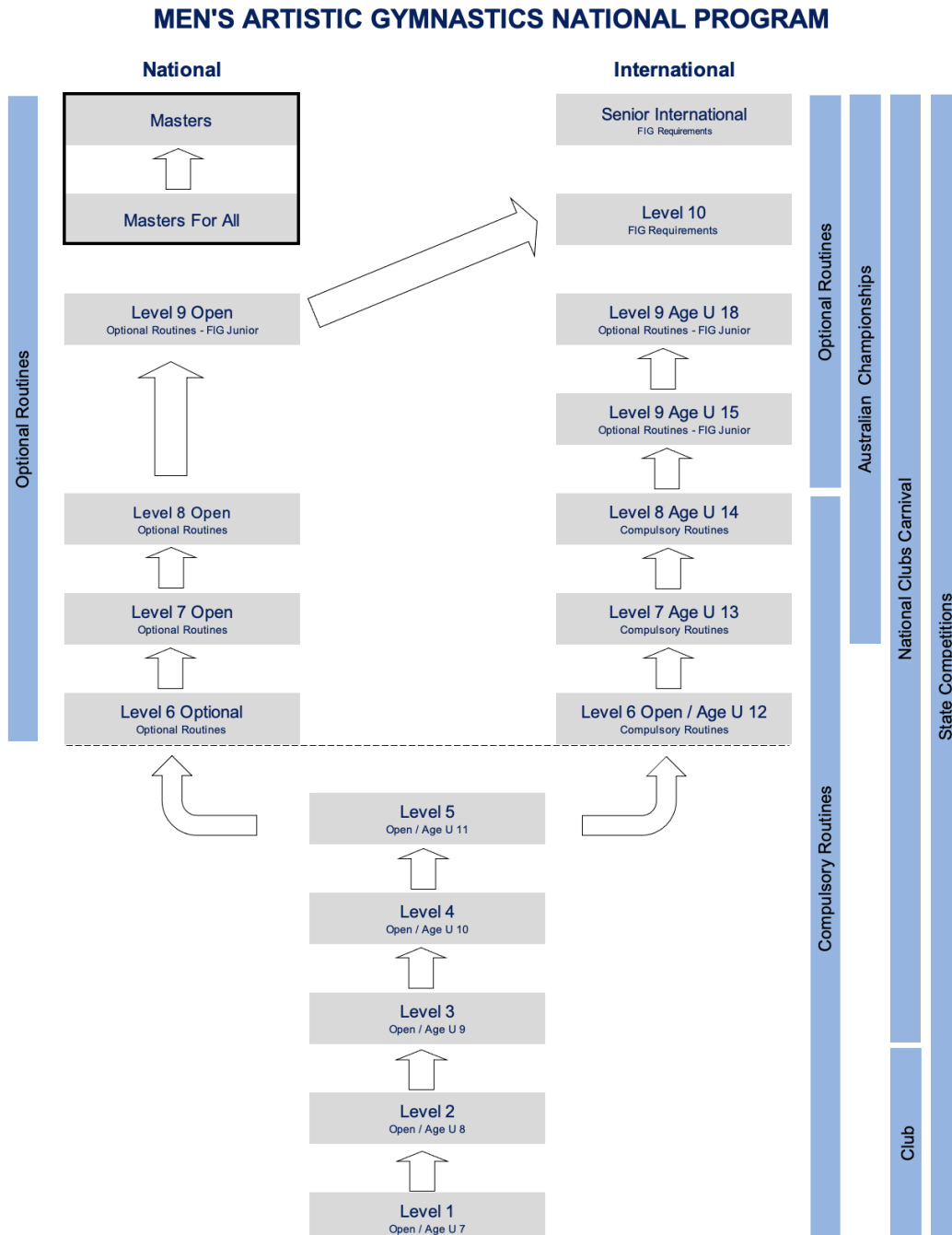
3 Gymsport Awards

National Gymsport Awards are set out in the Gymsport Awards Policy, available on the Gymnastics Australia website [here](#).

The list of State and Club awards presented at National events can be found [here](#).

4 National Program and Pathways

4.1 MAG ALP Pathway and Competition Framework



4.2 Australian Levels Program

The Australian Levels Program (ALP) is designed to:

- Provide a systematic development pathway for young gymnasts.
- Develop and promote participation at the basic level.
- Provide enjoyable opportunities for as many boys, youths and adults as possible to participate in gymnastics and to become competitive at a national level or with a higher level of commitment to become international class athletes.

The system contains two separate competition streams with an age group and an open division. This provides a pathway for development based on an individual's physical ability. The objective is for all gymnasts to attempt to compete within their appropriate age group for as long as possible or to develop into an age group if they start gymnastics at a later age.

4.3 Australian Levels Program Assessment

The skills set out in the ALP compulsory routines are the minimum requirements. Whilst the routines are the standard for both the coach and the gymnast in progression and the levels of competition, in no way should it restrain coaches from using their own initiative in the use of supplementary work for the gymnast.

Testing of gymnasts in Levels 1-10 should be conducted in the form of a Levels Test with appropriately qualified judges. The actual format for this may vary from state to state and may take place in formal competition settings. A gymnast can achieve success at each level by achieving a specified minimum all-around score while at the same time demonstrating a minimum standard of proficiency on each apparatus.

The Commission recognises that gymnasts develop their proficiencies on different apparatus at different rates and encourages states to offer individual apparatus upgrades as gymnasts progress through the Compulsory Levels.

Within an all-around test/competition, the gymnast may elect to perform/compete on one or more apparatus (max of 3 in any one event) at a level higher than the all-around level in which he is performing. In this way, they may still achieve the minimum all-around score for one level and the required score for a particular apparatus at a higher level.

In a competition format, this offers no disadvantage to other competitors as the routine on the elected apparatus will be more difficult than otherwise. The Commission recommends that this be carried out for compulsory Levels 4 to 7 to avoid complications with judge / coach accreditation and apparatus settings.

The progression in Levels ultimately leads to national competition at which point all competitors must adhere to the same standards. States have their own authority to apply the ALP in the manner that they believe best works within their state's framework.

Table 1: Levels Pass Mark

Level	AA Score	Apparatus Score	Competitions
Level 1 – 6 compulsories	42.0	not < 5.5	1 round compulsories
Level 7 U13 compulsories	45.0	not < 6.5	1 round compulsories
Level 8 U14 compulsories	45.0	not < 6.5	1 round compulsories
Level 6 Optional	60.0	Not < 8.5	1 round optional
Level 7 Open	60.0	not < 8.5	1 round optional
Level 8 Open	62.0	not < 9.0	1 round optional
Level 9 U15 & Open	60.0	not < 9.0	1 round optional
Level 9 U18	63.0	not < 9.5	1 round optional
Level 10	65.0	not < 10.0	1 round optional

4.4 Australian National Program Structure

- The FIG 2022-2024 Code of Points will apply for all Age and Open optional competitions (Level 6 Optional, Level 7 Open, Level 8 Open, Level 9 U15, U18 & Open, Level 10, Senior International & Masters). The list of additional skills will apply for Level 6, 7 Open & Masters gymnasts only.
- Specific Bonus will apply at Level 6 Optional, 7 Open, Level 8 Open & Masters.
- The current version of Optional Requirements is included in the 2022-2025 ALP.
- Level 9, Level 10 and Senior International rules will be as per the 2022-2024 MAG FIG Code of Points (valid through 31 December 2024).
- Level 9 will follow FIG Junior rules.
- The Age Program Levels 1 – 8 and Open Levels 1 – 6 will perform the compulsory routines contained within the 2022-2025 ALP.

4.5 Apparatus

- Floor Exercise (FX)
- Pommel Horse (PH)
- Still Rings (SR)
- Vault (VT)
- Parallel Bars (PB)
- Horizontal Bar (HB)

5 Event Rules and Regulations

Gymnastics Australia prioritises the health, safety and wellbeing of all involved in National events.

Final decisions on event delivery and operations will be made based on credible evidence and in line with Federal and State guidelines and restrictions with regards to Force Majeure events, e.g. COVID19, extreme weather events or any other extenuating circumstance.

5.1 Applicable Regulations

Competitions will be conducted in accordance with the rules as listed in 2. Policies and Rules unless specific variations are listed below.

5.1.1 Age Restrictions

- The minimum age for an athlete to compete in the Australian Championships is 12 years of age in the year of the event
- The minimum age for an athlete to compete in the National Clubs Carnival is 8 years of age in the year of the even.

5.1.2 Competition Attire

- As per the Gymnastics Australia Uniform Policy available [here](#), and any other applicable Gymnastics Australia policy.

5.1.3 Equipment

- Please refer to Appendix 5 for the equipment available for Australian Championships
- Please refer to Appendix 6 for the equipment available for National Clubs Carnival.

6 Coaches

6.1 Requirements

- All coaches must be currently accredited members of Gymnastics Australia
- All coaches must be appropriately attired as per the GA Uniform Policy.
- Coaches, whilst on the competition floor, must not video or photograph any athlete during the competition or warm up.
- Coaches must be actively coaching, such as moving a board/mat, spotting during warm-up, adjusting bars etc. in order to remain on the competition floor. Otherwise, coaches should be seated in the designated seating area at the apparatus.
- Any coach who is not actively coaching will be asked to leave the competition floor.
- Any coach not abiding by the accepted professional behaviour will be asked to leave the competition floor for the duration of the competition. This includes, but is not limited to:
 - Sitting/leaning on the podium at any time
 - Using/talking on a mobile phone
 - Interfering with judges

7 Judges

7.1 Behaviour

Gymnastics Australia takes seriously its responsibility to ensure all National Events are delivered in a safe, inclusive, and fair environment. All individuals attending a National Event in a judging capacity are required to uphold the standards of behaviour as outlined in Gymnastics Australia's National Policies and the Judges Oath.

Delivered at Judges briefings, the Judges Oath acknowledges the integral role Judges contribute to the success of National Events, and recognises the importance of acting with honesty, fairness and integrity when judging Men's Artistic Gymnastics:

'On my word of honour, I declare as a judge, I will be guided by the spirit of fairness and dignity in sport. I pledge to evaluate the exercises shown conscientiously, without regard for the person, Club or State'

In relation to serious incompetence, displays of inappropriate behaviour not in accordance with Gymnastics Australia's National Policies or the Judge's Oath, the following process must be adhered to:

- The National Judging Coordinator or Technical Director will give the first warning as verbal. GA's Events and Integrity teams must also be notified as soon as practicable.
- A second warning for ongoing incompetence or inappropriate behaviour will be provided by GA's Integrity team. The determination of necessary consequences, including, but not limited to, suspension from judging for the remainder of the session or event, will be at the discretion of the GM Integrity.

In accordance with the National Integrity Framework, all concerns regarding serious incompetence or displays of inappropriate behaviour must be reported to Sport Integrity Australia.

7.2 General Requirements

- State/Territory Associations must nominate appropriately qualified and accredited judges with definitive entries.
- States / Territories must provide a minimum number of appropriately qualified judges as per Clause 8.5.1
- All judges must be available to judge all sessions that they are nominated to judge for at the event.
- Options or exemptions to the judging requirements can be discussed with the NJC and the GA events team prior to the submission of definitive entries.
- All judges must complete the required GA prescribed integrity courses and or requirements prior to the competition.
- All judges must attend the relevant judges' briefing and any other meetings as advised in the Event Bulletins.
- All judges must complete all pre-event requirements including but not limited to completion of the Interests register, and event specific online courses, presentations and or webinars.

- Judging panel allocations will be published prior to the commencement of the competition.
- Allocation to judging panels will depend on number of judges and level of accreditation and management of declared Conflicts of Interest.

7.3 Judging - International Stream Level 9, 10 & Snr International

The International Stream judging panel/s will consist of qualified FIG Brevet Judges and Advanced Silver Judges. Other judging roles, such as Score Secretary, Line Judge, Runner, can be filled by Advanced (Adv), Intermediate (Int) and Beginner (Beg) judges.

The composition of judging panel/s will conform to the prevailing FIG Code of Points. At National competitions - modifications to this format at National Competitions may only be made by the National Judging Coordinator and National Technical Director at the written direction of GA Events and Integrity teams, when there are not enough FIG Brevet Judges available or other factors such as the need to balance the panel with regards to club / state.

7.4 Judging - National Events

The National Levels Program competition judging panel/s will consist of qualified Judges. See Table 8.6 for Judging Accreditation and corresponding roles by level.

The composition of judging panel/s will conform to the prevailing FIG Code of Points. At National competitions - modifications to this format at National Competitions may only be made by the National Judging Coordinator and National Technical Director at the written direction of GA Events and Integrity teams, when there are not enough FIG Brevet Judges available or other factors such as the need to balance the panel with regards to club / state.

- Support judging roles, such as Score Secretary, Line Judge, Runner, will be performed by qualified Judges and can be any level of judging accreditation.
- The most qualified Advanced Silver or higher judges available shall be selected for judging at the Australian Championships.

7.5 Judge Numbers

7.5.1 Australian Championships

- All State and Territory Associations will be required to nominate and supply judges as per Table below
- The accreditation level of eligible judges is Brevet, Advanced Silver or Advanced in the current cycle.

Minimum Number of judges for each session of Australian Championships:

State	Number of Judges
NSW	5
VIC	5
QLD	5
WA	3
ACT	3
SA	2
TAS	1
NT	1

Each State/Territory attending is also requested to provide at least 1 judge for any session they are not represented in.

For the Australian Championships, if the event a State / Territory has an insufficient number of judges qualified and accredited at the relevant level, a request for an exemption to supply the required number of judges may be made to the National Judging Coordinator prior to the close of Definitive Entries. In the event of an exemption being granted, the NJC will notify the organization and the GA Events team in writing

7.5.2 *National Clubs*

- Clubs are required to supply a minimum of one (1) appropriately qualified judge per session their team has entered for the event.
- The minimum qualification is Beginner. However, some divisions require Advanced/Advanced Silver judges to be on the panel. Clubs who have athletes in higher levels must be aware of this requirement before nominating a suitably qualified judge.
- A coach or athlete can be nominated as a club judge but must be able to attend the appropriate judges meeting and judge all the required sessions within a division.
- A judge cannot judge for more than one club in any one division and or session.

7.6 *Fines*

Failure to nominate/provide the required number of judges at definitive entries will result in the relevant organisation being issued a fine by GA event staff as advised in Event Bulletins.

7.7 Judge Allocations

Judges are appointed as per the requirements for each event.

Judge Accreditation	Execution	Difficulty
Beginner	Level 1 – 2 Compulsory routines	
Intermediate	Level 1 - 6 Compulsory routines	Level 1 – 2 Compulsory routines
Intermediate Bronze	Level 1 – 8 Compulsory routines Level 7 - 9 Optional routines	Level 1 – 8 Compulsory routines
Advanced	Level 1 - 8 Compulsory routines Level 6 - 10 Optional routines	Level 1 – 8 Compulsory routines Level 6 - 9 Optional routines
Advanced Silver	All levels	All levels
FIG Brevet	All levels	All levels

7.8 Judges Draw Procedure for Australian Championships

Panels are subject to the availability of judges and their qualification. Junior and Senior international will be coordinated by the NJC. Brevets will be placed first. Advanced Silver will then be placed if numbers permit based on previous experience and judging assessment of their ability at this level.

The draw for all other levels is done prior to competition and sent to states to allocate judges based on their own selection processes. Every effort is made to have neutral panels.

If vacancies remain and suitably accredited judges are available, the NJC may use these judges for related roles to support the competition.

7.9 Judges Draw Procedure for Australian Championships

Judge Application Process

All judges wanting to partake in national events must comply with the 'judge nomination' process outlined by GA.

Apparatus Supervisor

Apparatus Supervisors are appointed by the NJC to control a specific apparatus at Australian Championships and various other significant events across the duration of the Olympic Cycle. The NJC will endeavour to offer these appointments to judges with a FIG accreditation of at least Category 3 who have had considerable experience, have demonstrated expertise and the ability to mentor,

expect to be available for all years of the Olympic Cycle and are prepared to prepare a presentation on their allocated apparatus at the respective Judges Briefings.

The D1 role on each apparatus will default to the Apparatus Supervisor. In his/her role as a mentor, the Apparatus Supervisor may provide the D2 judge the opportunity to manage the normal tasks of the D1 judge during appropriate sessions.

In the event that an appointed Apparatus Supervisor is unable to attend an event or is unavailable for specific sessions, the NJC will appoint an interim alternative.

Allocation of Difficulty (D) Judges

An apparatus panel always includes two Difficulty judges (D1 and D2). Judges with the highest level of accreditation will be allocated to the role of D judge. The role of the D1 judge includes the tasks of the Head Judge. The D1 position on each apparatus will normally default to the Apparatus Supervisor for that apparatus. The Apparatus Supervisor may, as part of the mentoring responsibility, determine that the D2 judge take on the Head Judge tasks and the Apparatus Supervisor will fulfill the normal role of the D2 judge.

The allocation of the D judges remains constant for the duration of the session. Where gymnasts in the same level/division compete across multiple sessions, the D judges must be available for all sessions.

Although judges are considered neutral, effort is made not to allocate an unbalanced number of judges who are associated with the same State/Club to the same apparatus.

Allocation of Execution (E) Judges

After D judges have been appointed, all other remaining available judges are allocated to the role of an E judge. Where more judges are available than required, the highest accredited judges will be allocated first.

The allocation of E judges remains constant for the *duration* of the session. Where gymnasts in the same level/division compete across multiple sessions, the E judges must be available for all sessions.

Although judges are considered neutral, effort is made not to allocate an unbalanced number of judges who are associated with the same State/Club to the same apparatus.

7.10 National Judges Subsidy Funding Criteria

This policy is applicable to Australian Championships - see Australian Championships Judges Subsidy Policy on Gymnastics Australia's website [here](#).

8 Inquiry of the Score

From time to time, there may be a discrepancy about the score awarded to a routine or skill, of which can be raised as inquiry for review. There are restrictions about the handling and management of inquiries, as detailed below:

8.1 What can be inquired?

Only inquiries that relate to an athlete's difficulty score will be permitted.

Inquiries that relate to a comparison between judges/judging panels, comparison between athletes, or comparison to other events/competitions or execution scores will not be accepted.

8.2 Who can inquire?

- The Inquiry must only be lodged by a coach on behalf of the athletes the coach represents.

8.3 How can an inquiry be made?

- Verbal notice of intention to lodge an inquiry must be directed to the TD or NJC (or appointed representative) who will provide the official Inquiry Form to be completed.
- Following the verbal notice of intent, the Inquiry Form must be completed, and contain the competitor names, number, level and routine, as well as the name and signature of the coach.
- The Inquiry Form (available as advised at Event Orientation meeting) must be completed and submitted to the TD or NJC (or appointed representative)

8.4 What is the time frame for submission?

- Verbal Inquiries must be made by the end of the rotation in question.
 - For the last gymnast of a rotation, inquiries must be made before the 1st gymnast of the next rotation starts competing.
 - For the last gymnast of the session, inquiries must be made within one minute after the gymnast's score is displayed
- Written inquiry to be submitted within five minutes of the verbal notice of intention.

8.5 Who will receive the inquiry?

- The inquiry must be submitted to the NJC (or nominated representative) via the Competition Floor Manager, Event Management or NTD. The time of submission to be recorded by the individual receiving the form.

8.6 What happens once an inquiry has been submitted?

- NJC will respond to Inquiries as soon as practical/at the end of the session in which the inquiry was made.
- If required, a jury will be formed as per Clause 9.7

Inquiry action:

- If the inquiry is upheld, the fee per inquiry will not be applied, and the score will be adjusted accordingly.

- If the inquiry is dismissed, the fee will be invoiced to the relevant organisation and the score stands.
- In either case the written inquiry will be marked with the Jury's decision, signed by the NJC or their representative and a copy will be returned to the submitting coach.
- Decisions by the Jury will be final and without further discussion.
- Fees from overruled inquiries become income for the event. The fee per unsuccessful inquiry is \$100 – payable post event on invoice from GA.

8.7 Jury

8.7.1 *Composition of the Jury*

The Jury of Appeal will consist of at least two of the following:

- National Judging Coordinator (or appointed representative)
- National Technical Director (or appointed representative)
- D1 of the apparatus involved in the determination of the score
- May also include Technical Advisor (high ranking judging official) appointed if required

8.7.2 *Jury Role*

- The administration of justice in cases of Inquiries is the responsibility of the Jury.
- They are empowered to consider and resolve all inquiries concerning matters of judging and correctness of arithmetical calculations. There is an entitlement of inquiry for a review of the Difficulty Score.
- Inquiries are discussed at a place away from spectators, coaches, officials and competitors.
- The Jury may request the use of the official video.
- If the displayed mark is upheld the Coach or a nominated representative is informed and given the reason for the decision.

9 Australian Championships – Rules and Regulations

9.1 Australian Championships

Gymnasts must be a current member of their Member Association and therefore Gymnastics Australia. All coaches and judges are to be a current and accredited Technical Member of Gymnastics Australia.

Entries are the responsibility of each State/Territory Association which must nominate their gymnasts, coaches, and judges through the GA database. Dates for submission of provisional entries, definitive entries, and qualification scores are as per the National Event Entry Policy published on the Gymnastics Australia website [here](#).

9.2 Australian Championships Competition Divisions:

Division	Competition Rounds	Competition Rules
Level 7 Under 13	2 x Compulsory	ALP Compulsory routines
Level 8 Under 14	2 x Compulsory	ALP Compulsory routines
Level 7 Open	2 x Optional	2022-2024* Optional Requirements
Level 8 Open	2 x Optional	2022-2024* Optional Requirements
Level 9 Under 15	2 x Optional	2022-2024* Code of Points
Level 9 Under 18	2 x Optional	2022-2024* Code of Points
Level 9 Open	2 x Optional	2022-2024* Code of Points
Level 10	2 x Optional	2022-2024* Code of Points
Senior International	2 x Optional	2022-2024* Code of Points

* Divisions competing at Australian Championships are determined by GA management, in consultation with the MAG National Commission.

9.3 Competition Structure

- General Warm-up**
 For all Divisions, apparatus may be used for general warm-up activities; eg Handstands, stick landings, shoulder stretches.
- Competition Starting Apparatus**
 The starting apparatus for each state/territory in each division will be determined based on the specific requirements of the championships event schedule. Where possible a random draw will be conducted. However, in the case where MAG is scheduled to share a session with other Gymsports, the starting apparatus for each state/territory will be decided based on ensuring the event runs to schedule.
- Work Orders**
 States are required to follow the guidelines outlined in the Australian Gymnastics Championships (AGC) Bulletins.
- Finals Qualification Process**
 For all levels, athletes that compete on Day 1 of competition are eligible to compete in the finals round on day 2. Athletes are only allowed to compete on the apparatus in which they competed on Day 1.

- **Level 9 U15/U18, 10 & Senior Vault Final**

Only gymnasts who compete 2 vaults on Day 1 of competition will be eligible to compete 2 vaults in the finals round on Day 2. The final score of Vault 1 only, will be applied to the Individual All Around score and Team score (if applicable).

Apparatus awards for vault will only be awarded to the top 3 scoring gymnasts that compete 2 vaults in the finals round on Day 2.

9.4 Qualification Scores for the Australian Championships

Refer to Appendix 1.

- If a gymnast achieves the minimum All Around score but fails to achieve the minimum Apparatus Score on one or more apparatus, they may only compete at the Australian Championships on the apparatus on which they have met the minimum Apparatus Score.
- If a gymnast fails to achieve the minimum All Around Score they may only qualify for the Australian Championships as an Apparatus Specialist. The Men's Gymnastics National Commission will consider these nominations on a case-by-case basis. Apparatus specialists must still compete on both days of competition. Minimum qualifying score for gymnasts to compete at the Australian Championships on less than 6 apparatus can be found in Appendix 1.
- Where the qualifying score has not been achieved due to exceptional circumstances, the gymnast's nomination for Australian Championships will be reviewed by the National Commission.
- At level 7U13 and level 8U14 qualification for Australian Championships must include the average score of Pommel Horse for both the handles and non-handles routines. This does not need to be achieved in a single round of competition.
- Once a gymnast has achieved an All Around qualification score to attend the Australian Championships in the Senior International division, they are eligible to compete in the Senior International division for the remainder of the Olympic cycle without having to qualify each year. The gymnast must still compete at a sanctioned qualifying event to be eligible for selection by their state. This rule does not extend to apparatus specialists unless they have previously qualified as an Individual All Around Gymnast within the cycle.
- A gymnast competing Level 10 in their State can qualify as a Senior International gymnast by scoring 74pts or higher in an Individual All Around Event. If a gymnast scores between 72-73.99pts he may choose to compete Level 10 or Senior International.
- Categorized gymnasts (see GA HP Athlete Categorisation), or gymnasts selected to represent Australia between January and May in the year of the event are exempt from the qualification requirements.

9.5 Team Sizes

Refer to Appendix 1.

9.6 Individual Athletes

Refer to Appendix 1.

If accepted, additional athletes will compete as individuals and be eligible for All Around and Apparatus awards.

9.7 Awards

Refer to Appendix 2.

- ***Minimum standard for awards***
 - For All Around and Apparatus awards, a gymnast must achieve the minimum qualification score for that level to receive an award.
 - Where there is only one team entered in a team competition, there must be at least the minimum number of gymnasts to comprise a team (i.e. relevant number of counting scores for that level) competing on all apparatus, except where an injury occurs during the team competition.

- ***Awards for International Competitors at Australian Championships***
 - Visiting international teams and individual athletes will be eligible for All Around and Apparatus awards.
 - Residential awards will be presented to any Australian athlete whose national ranking (1st – 6th place) has been altered due to another country's participation in the event.
 - Where athletes are required to qualify to compete in Apparatus Finals at Australian Championships, and where international athletes are eligible to compete in the apparatus final, the international athletes who qualify to compete will be considered as additional to the number of Australian athletes who have qualified.
 - The Trans-Tasman Challenge will be held at each level of the Australian Championships where New Zealand has entered a Team and where Australia has appropriate entries to form a Team. Trans-Tasman competitions held in conjunction with Australian Championships will be team only events, no individual awards will be presented. If the number of athletes entered by New Zealand does not constitute a team, then no Trans-Tasman competition will be held for that division.

- ***Cheales/Williamson Shield***

Was introduced in 2001 to recognise the most successful state/territory in Men's Gymnastics at the Australian Championships. The Champion State/Territory Award trophy was named after Jeff Cheales and Ken Williamson in order to honour their contribution to Men's Gymnastics in Australia. The Cheales-Williamson Shield is a perpetual trophy that is presented annually to the state/territory that is most successful across all levels/divisions competed at the Australian Championships.

- **Points Allocation**
 - Points will only be awarded when the minimum qualification scores are achieved (See Qualifying Scores for Australian Championships).

 - Points are allocated equally for results in Team, All Around, and Apparatus events.
 - 1st place = 5 points
 - 2nd place = 4 points
 - 3rd place = 3 points
 - 4th place = 2 points
 - 5th place = 1 point
 - If a tie occurs, then the points for that placing are allocated equally to all gymnasts or teams that are tied for that placing.

- **Award Format**
 - Points are aggregated across all levels/divisions competed at the Australian Championships.
 - The Award is presented at the conclusion of the Australian Championships where gymnasts from all states and territories are present for the announcement of the Award. The Award is to be accepted by a team 'Captain' who will be named by each state/territory prior to the awards ceremony.
 - The winning state/territory is responsible for engraving costs and for safe-keeping of the trophy until the commencement of the following Australian Championships, when it must be returned to Gymnastics Australia for re-presentation.

9.8 Tie Breaking Rule

Refer to Appendix 2.

9.9 Compulsory Upgrade Scores

Only Open Level gymnasts will be subject to a compulsory upgrade to the next level. The following table provides the values for each level and consider the relevant requirements of that competition.

2023 Australian Championships	2024 Australian Championships	Single AA Score
Level 7 Open	Level 8	72.0
Level 8 Open	Level 9	72.0
Level 9 Open	Level 10	72.0

9.10 Age Eligibility

The age of a gymnast is determined by their age as of 1st January in the year of the specific competition. For example, to be eligible to compete Level 8 Under 14 in 2023, the gymnast must be born in 2009 or later, making him under 14 years of age on the 1st January 2023. The following table provides a guide to age eligibility based on the gymnast's year of birth:

Level	Under Age	2023	2024
7	13	2010	2011
8	14	2009	2010
9	15	2008	2009
9	18	2005	2006

If a gymnast has competed previously in an age division at an Australian Championships but is no longer age eligible for the level they are competing, they are allowed to compete in the Open division of the same level or higher.

9.11 Apparatus Heights and Settings

Apparatus heights: National Competitions – nearest height will be accepted. Minimum apparatus heights are listed, higher heights are allowed up to a maximum FIG

Level	Pommel	Rings	Vault	P Bars	H Bar
7 U13	105 cm	265 cm	110 cm	160 cm	260 cm
7 Open	105 cm	265 cm	120 cm	180 cm	260 cm
8 U14	105 cm	265 cm	120 cm	180 cm	260 cm
8 Open	105 cm	265 cm	125 cm	180 cm	260 cm
9 U15	105 cm	265 cm	125 cm	180 cm	260 cm
9 Open / U17	105 cm	265 cm	135 cm	180 cm	260 cm
10 / Senior	105 cm	265 cm	135 cm	180 cm	260 cm
Mats	10 cm	20 cm	20 cm	20 cm	20 cm

NB. Pommel, Rings and High Bar heights listed are from the top of the mats.

- Parallel Bars height is measured from the top of the mats to the top of the rails.
- Maximum height of landing mats for all levels is 30cm where additional landing mats are permitted.

9.12 Exceptional Circumstances

Horizontal Bar	Where a gymnast is tall, they may request that blocks be used to raise the height of the Horizontal Bar as per the FIG CoP.
Parallel Bars	Must not be raised higher than the FIG specified height. Level 8 U14 may use a small box or board to stand on for the Felge mount however, the gymnasts' shoulders are not allowed to be higher than the bottom of the rails when standing on the box or board.
Pommel Horse	At level 7 U13, 8 U14, and 7 Open, a gymnast may use additional mats (up to 20cm high) to assist their mount to pommel horse. Pommel horse legs should be padded. At level 7 U13 and 8 U14, Pommel Horse will be competed on day 1 of competition at the Australian Championships.
Buck	Height 70 cm, Length 65 cm and normal horse width. At level 7 U13 (Buck) and 8 U14 (Horse without handles), will be competed on day 2 of competition at the Australian Championships.
Vault	Vault table heights as specified, are minimum heights. Any variation upwards for the team will be accepted (to not disadvantage any gymnast, coaches should try to limit vault changes to a maximum of 2 per team).
Springboards	FIG approved: only springboards provided by the GA competition organiser to be used; no other boards may be used without approval of the National Technical Commission. Only pre-configured soft or hard springboards provided by the competition organiser may be used. Coaches must not change spring configurations.

9.13 Event Equipment

Refer to Appendix 5.

9.14 International Competitors

- International athletes are welcome to request entry to compete at the Australian Championships. Gymnastics Australia reserves the right not to accept entries from international athletes or federations if the division they seek to compete in is at capacity.
- International athletes must have approval from the National Gymnastics Federation of their country of citizenship.
- International athletes are eligible for Individual All Around awards (as non-residential) in all divisions.
- International athletes are eligible for Individual Apparatus awards (as non-residential) in all divisions.

9.15 Trans-Tasman Challenge – MAG Australian Championships

This document contains the rules set by GA to formalise the Trans-Tasman Challenge to be conducted during the MAG Australian Championships and will allow for any variation of entry numbers from year to year.

9.15.1 Level Categories

The Trans-Tasman Challenge will be held at each level/division where New Zealand has entered a team and where Australia has appropriate entries to form a team.

9.15.2 Team Selection

Australian Team to be selected considering the following:

- Top All Around (AA) scores from the first round of competition with a maximum of 1 per State/Territory where this provides for the maximum team size of six. Where there are less than 6 States/Territories with gymnasts in the level of competition, a second gymnast is to be drawn per State/Territory according to AA scores achieved until the maximum team size is met.
- Team size for each country in each division will consist of a minimum of 3 and a maximum of 6 gymnasts by mutual agreement with New Zealand Technical Committee / Australian National Commission.
- New Zealand Team to consist of the number of New Zealand gymnasts, eligible for each level/division (selected by the New Zealand Technical Committee) subject to acceptance of entries by competition organisers.

9.15.3 Competition Format

Australian gymnasts will remain with their state/territory teams for the rotations but the members of the Australian and New Zealand teams at each Level, to be announced at the start of their competition and to be acknowledged at the presentation of medals and the Trans-Tasman perpetual trophy.

9.15.4 Team Awards

For each level/division at the MAG Australian Championships where New Zealand have entered a team, the AA scores over both rounds of competition for all counting members of each team will be aggregated. In each Level/Division contested, the team with the highest aggregated score will be presented with gold medals, and the team with the second highest aggregated score will be presented with silver medals.

9.15.5 Team Sizes

Team sizes will be based on the principle of matching the number of gymnasts in each division entered by New Zealand. A team in a division may include anywhere from 3 to 6 gymnasts, by applying this matching principle. Where there are less than 3 gymnasts from either country entered in a level/division, no Trans-Tasman Challenge will be held in that level.

9.15.6 Perpetual Trophy

The total team score in each level of competition is aggregated to calculate a country total. The country with the highest score shall be awarded the Trans-Tasman trophy.

9.15.7 All Around and Apparatus

There will be no individual awards presented for AA or Apparatus as part of the Trans-Tasman Challenge.

9.15.8 Tie Breaking Rules

In the event of a tie in the team competition for a level/division, the following principles will be applied in order to break the tie:

- The team with the highest individual AA score (over two rounds),
- The team with the highest individual single round All Around score,
- The team with the highest individual Apparatus score from the second round of competition.

In the event of a tie in the overall competition for Trans-Tasman Perpetual Trophy, the following principles will be applied in order to break the tie:

- The country with the highest aggregate team score in a level or division,
- The country with the highest individual AA score (over two rounds),
- The country with the highest individual single round AA score.

10 National Clubs Carnival – Rules and Regulations

10.1 Rules

Section 2 Policy and Rules and Appendix 3 lists the specific rules for National Clubs Carnival (NCC).

10.2 Eligibility

- Gymnasts must be a current member of their Member Association and therefore Gymnastics Australia. All coaches and judges are to be a current and accredited Technical Member of Gymnastics Australia.
- All gymnasts within a team must be registered with the same club, even if training at a HPC program.
- Where a HPC [or alike] enters gymnasts who do not have a club team represented, the HPC may form a mixed team.

10.3 Additional rules

- Gymnasts do not have to have passed the level they are competing at but must compete at the requirements of the level or division they have entered.
- Gymnasts can only compete in one level or division.
- In each Division, all teams are eligible for awards, but only the highest ranked team from a club can earn points to count towards the Overall National Club Champion award.
- Scores do not carry forward from Round 1 to Round 2.
- Final team lists must be confirmed in writing 24 hours prior to the event, noting only named reserves can replace an athlete who has withdrawn after being originally nominated with definitive entries.
- Changes will only be accepted in the case of an injury or withdrawal due to sickness (medical certificate supplied). Clubs can replace withdrawn athletes up until the commencement of the division. The Competition Director must be notified of any changes.

- For Divisions A and B, if 6 or more teams are entered, the second round of competition will be for the Team Apparatus awards.
- If less than 6 teams are entered, the second round of competition gymnasts will compete for Individual Apparatus awards rather than Team Apparatus awards. This decision will be based on the number of entries received after the definitive entry date has passed.
- Rotation orders for all Divisions will be automatically generated.

10.3.1 Competition Rules for Divisions E, C & D

- Division E (Level 3) will compete vault 1 on Day 1, and vault 2 on Day 2.
- Division D (Level 4 & 5) will compete vault 1 on Day 1, and vault 2 on Day 2.
- Division C (Level 6 & 7 U13) will compete Pommel Handles on both days.
- SO will compete using the SO International routines and rules.

10.4 Competition Format

Refer to Appendix 3.

The Men's Gymnastics National Clubs Carnival comprises two rounds of competition:

- Gymnasts in all divisions will be judged on the requirements for their respective level.
- Gymnasts may compete at or above the level they are currently qualified for this event only (i.e. they will not be restricted to the new level if competing in a higher level at this event).
- For Divisions M, A, B & C, apparatus may be used during the general warm-up period for warm-up activities, e.g. Handstands, stick landings, shoulder stretches.

10.5 National Clubs Competition Requirements

Division	Competition Requirements
E	Gymnasts must compete at their respective level and be judged using level 3 compulsory routines.
D	Gymnasts must compete at their respective level and be judged using level 4 or 5 compulsory routines.
C	Gymnasts must compete at their respective level and be judged using level 6 or 7 compulsory routines. <i>*Level 7 U/13 gymnasts will perform Pommel Horse routine 1 only</i>
B	All gymnasts in this division will be judged on level 6 Optional or level 7 or 8 Open requirements. <i>*Special bonus applies</i> <i>*Level 8 U14 gymnasts are eligible to compete in division B at level 8 Open requirements</i>
A	Gymnasts must compete at their respective level and be judged using level 9 or 10 optional requirements. Gymnasts cannot change levels from one apparatus to the next.
M	Gymnasts will be judged based on ALP Masters requirements <ul style="list-style-type: none"> • Masters for All & Masters Combined team • Only 1 round of competition • Open to both male and female gymnasts <ul style="list-style-type: none"> ○ Male gymnasts must be 17yrs or older in 2023 ○ Female gymnasts must be 17yrs or older in 2023
SO	TBC

10.6 Tie Breaking Rule

Tie breaking rules will not be applied for Team and Individual awards.

10.7 Points Allocation and Awards

Refer to Appendix 4.

10.8 Event Equipment

Refer to Appendix 6.

Horizontal Bar	Where a gymnast is tall, they may request that blocks be used to raise the height of the Horizontal Bar as per the FIG Code of Points.
Parallel Bars	Must not be raised higher than the FIG specified Height unless exceptional circumstances apply.
Pommel Horse	Division D, C, B and M gymnasts may use additional mats (up to 20cm high) to assist their mount to pommel horse. Pommel horse legs should be padded. Division C will compete Pommel handle routine on both days.
Buck	Height 70 cm, Length 65 cm and normal horse width.
Vault	Vault table heights as specified, are minimum heights. Any variation upwards for the team will be accepted (without disadvantaging any gymnast, coaches should try to limit vault changes to a max. of 2 per team).
Springboards	FIG approved: only springboards provided by the GA competition organiser to be used; no other boards may be used without approval of the National Technical Commission. Only pre-configured soft or hard springboards provided by the competition organiser may be used. Coaches must not change spring configurations.

10.9 Apparatus Heights and Settings

Apparatus heights: National Clubs Carnival – nearest height will be accepted. Minimum apparatus heights are listed, higher heights are allowed up to a maximum FIG.

Level	Pommel	Rings	Vault	P Bars	H Bar
Division E	N/A	265 cm	N/A	N/A	260 cm
Division D	N/A	265 cm	N/A	150 cm	260 cm
Division C	105 cm	265 cm	110 cm	160 cm	260 cm
Division B	105 cm	265 cm	125 cm	180 cm	260 cm
Division A	105 cm	265 cm	135 cm	180 cm	260 cm
Division M	105 cm	265 cm	120 cm	160 cm	260 cm
Division SO	As per international SO rules				

- Maximum height of landing mats for divisions D & E is 40cm. For divisions A, B & C 30cm.

10.9.1 Exceptional Circumstances

For exceptionally tall gymnasts, a coach may request the height of equipment to be modified, by writing to the National Technical Director at least one (1) month prior to a National event. Gymnasts and Coaches must take care to ensure that they prepare on equipment that is set at the correct heights (i.e. as above) to avoid potential problems at competitions.

Appendix 1 – Australian Championships Rules

The following table is a summary of the MAG Technical Regulations that apply to the Australian Championships (section 10.4 Australian Championships) and encompasses the following sections of the Technical Regulations:

- Clause 10.4 Qualification Scores for Australian Championships
- Clause 10.5 Team Sizes
- Clause 10.6 Individual Gymnasts - Note: Individual gymnasts (where accepted) may be grouped separate to the team

ALP Division	Minimum Qualifying Scores			Team Event				Individuals
	All Around	With no score less than	Individual Apparatus	Teams Per State	Team Size	Counting Scores	Team Coaches	Max # of nominated Individuals
7 U13	46.00	6.50	N/A	1	8	3	2	On application
8 U14	46.00	6.50	N/A	1	8	3	2	On application
7 Open	60.00	8.50	10.50	1	6	3	2	On application
8 Open	62.00	9.00	10.50	1	6	3	2	On application
9 Open	60.00	9.00	10.50	1	6	3	2	On application
9 U15	60.00	9.00	10.50	1	6*	3	2	On application
9 U18	63.00	9.50	11.00					
10 Open	65.00	10.00	11.50	1	6	3	2	On application
Snr Int	72 - 74	10.00	12.50	1	6	3	2	On application

* States can enter maximum 6 gymnasts in each level 9 U15 and level 9 U18. The team can be made up of gymnasts from both divisions. For level 9 (U15, U18 & Open) these divisions will combine to the same session if the total number of definitive entries is less than 49 (combined division total). Level 9 U15 & U18 will compete in the same session due to the team event rules.

Appendix 2

The following table is a summary of the MAG Technical Regulations that apply to the Australian Championships (section 10 Australian Championships) and encompasses the following sections of the Technical Regulations:

- 10.7. Awards
- 10.15.8 Tie Breaking Rules

ALP Division	Team Event	Individual AA Competition	Apparatus Finals	Team Placing	Individual All Around Placing	Apparatus Placing
	Based on	Based on	Based on	1 st – 3 rd	1 st – 3 rd	1 st – 3 rd
7 U13	Round 1+2	Round 1+2	Round 1+2	Medal	Medal	Medal
8 U14	Round 1+2	Round 1+2	Round 1+2	Medal	Medal	Medal
7 Open	Round 1	Round 1+2	Round 2	Medal	Medal	Medal
8 Open	Round 1	Round 1+2	Round 2	Medal	Medal	Medal
9 Open	Round 1	Round 1+2	Round 2	Medal	Medal	Medal
9 U15	Round 1	Round 1+2	Round 2	Medal	Medal	Medal
9 U18		Round 1+2	Round 2		Medal	Medal
10 Open	Round 1	Round 1	Round 2	Medal	Medal	Medal
Snr Int	Round 1	Round 1	Round 2	Medal	Perpetual Trophy + Medal	Medal
Tie Breaking Rules		Ref: 10.8 Tie breaking rules will not be applied at the Australian Championships.				

Appendix 3

The following table is a summary of the MAG Technical Regulations that apply to the National Clubs Carnival (section 11 National Clubs Carnival) and encompasses the following sections of the Technical Regulations.

ALP Division	MAG National Clubs Division	Team Event		Individual & Reserve Gymnasts
		Team Size	Counting Scores	
3 Age/Open	E	8	3	Individuals will be permitted to compete in both rounds of competition, however, will not be eligible for Team awards or points
4 Age/Open	D	8	3	
5 Age/Open				
6 Compulsory	C	8	3	
7 U13				
6 Optional	B	8	3	
7 Open	B	8	3	
8 Open	A	6	3	
9 U15/U18	A	8	3	
9 Open				
10 Open				
Masters	M	8	3	
Special Olympics	SO	N/A	N/A	Individual event only. There are no SO teams in 2023

There is no limit to the number of teams a club can enter in each division so long as each team consists of 8 gymnasts before an additional team is entered.

Appendix 4

The following table is a summary of the MAG Technical Regulations that apply to the National Clubs Carnival (section 11 National Clubs Carnival) and encompasses the following sections of the Technical Regulations:

- Awards

Division	Team All Around	Individual All Around	Team Apparatus	Individual Apparatus	Team AA Awards		Team Apparatus Awards		Individual AA Awards		Individual Apparatus Awards	
					1 st – 3 rd	4 th – 6 th	1 st – 3 rd	4 th – 6 th	1 st – 3 rd	4 th – 6 th	1 st – 3 rd	4 th – 6 th
Division E	Round 1	Round 1	Round 2	Round 2	Trophy	Recognition Item	Trophy	Recognition Item	Medals	Recognition Item	Medals	Recognition Item
Division D	Round 1	Round 1	Round 2	Round 2	Trophy	Recognition Item	Trophy	Recognition Item	Medals	Recognition Item	Medals	Recognition Item
Division C	Round 1	Round 1	Round 2	Round 2	Trophy	Recognition Item	Trophy	Recognition Item	Medals	Recognition Item	Medals	Recognition Item
Division B	Round 1	Round 1	Round 2	Round 2	Trophy	Recognition Item	Trophy	Recognition Item	Medals	Recognition Item	Medals	Recognition Item
Division A	Round 1	Round 1	Round 2	Round 2	Trophy	Recognition Item	Trophy	Recognition Item	Medals	Recognition Item	Medals	Recognition Item
Division M	Round 1	Round 1			Trophy	Recognition Item			Medals	Recognition Item		
Division SO	N/A	TBC	TBC	TBC	N/A	N/A	N/A	N/A	TBC	TBC	TBC	TBC

NB. Medals will be awarded to individual team members for Team All Around & apparatus awards for each division
Masters: Top 3 male and top 3 female athletes to be awarded Individual All Around awards



Overall Champion Club Award		Overall Champion Club - Tie Breaking Rules
1 st Place	Trophy	Ref 11.6 Tie breaking rules for Overall Champion Club awards will be determined as follows;
2 nd Place	Trophy	
3 rd Place	Trophy	
Junior* / Senior** Champion Club Award		In the event of a tie, the higher ranked club will be the club with the highest total team score over the 4 divisions
1 st Place	Trophy	

Team AA Points - Per Division			
1 st	20	6 th	10
2 nd	18	7 th	8
3 rd	16	8 th	6
4 th	14	9 th	4
5 th	12	10 th	2
Teams placing 11 th and lower receive 1pt minimum 3 counting scores on each apparatus			
Team Apparatus Points - Per Division			
1 st	6	4 th	3
2 nd	5	5 th	2
3 rd	4	6 th	1

* The Junior Champion Club will be determined by points calculation of Divisions C, D & E

** The Senior Champion Club will be determined by points calculation of Divisions A, B & M

Appendix 5

The following table is a summary of the MAG Technical Regulations that apply to the Australian Championships (section 10 Australian Championships) and encompasses the following sections of the Technical Regulations:

- Event Equipment

The event equipment supplier is Spieth. In addition to the standard FIG competition set-up, the following additional equipment will be provided for use in each respective division.

Apparatus	Level 7 U13	Level 7 Open	Level 8 U14	Level 8 Open	Level 9	Level 10/Snr
Floor		1 x 5cm sting mat	1 x 5cm sting mat	1 x 5cm sting mat	1 x 5cm sting mat	1 x 5cm sting mat
Pommel	1 x 20cm (height) landing mat Buck for day 2	1 x 20cm box or mat	1 x 20cm box or mat	1 x 20cm box or mat		
Rings	1 x 30cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat
Vault						
Parallel Bars	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat Spotting box (75x45x60)	1 x 10cm landing mat	1 x 10cm landing mat	1 x 5cm landing mat
Horizontal Bar	2 x 30cm landing mat	2 x 30cm landing mat	2 x 30cm landing mat	2 x 30cm landing mat	2 x 30cm landing mat	1 x 30cm landing mat (For release elements only)

- Max height for matting on Horizontal Bar is 30cm for all divisions that allow additional matting for landings.

Appendix 6

The following table is a summary of the MAG Technical Regulations that apply to the National Clubs Carnival (section 11 National Clubs Carnival) and encompasses the following sections of the Technical Regulations:

- Event Equipment

The event equipment supplier for 2023 is Spieth. In addition to the standard FIG competition set-up, the following additional equipment will be provided for use in each respective division.

Apparatus	Division E	Division D	Division C	Division B	Division A	Division M
Floor				1 x 5cm sting mat	1 x 5cm sting mat	1 x 5cm sting mat
Pommel	1 x Mushroom	1 x Buck	1 x 20cm box or similar	1 x 20cm box or similar		1 x 20cm box or similar
Rings	1 x 30cm landing mat	1 x 30cm landing mat	1 x 30cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat
Vault	2 x 30cm landing mat	2 x 30cm landing mat				1 x 30cm landing mat
Parallel Bars	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat	1 x 10cm landing mat
Horizontal Bar	2 x 30cm landing mat 1 x spotting box	2 x 30cm landing mat 1 x spotting box	2 x 30cm landing mat 1 x spotting box	2 x 30cm landing mat	2 x 30cm landing mat	2 x 30cm landing mat

- Additional matting may not exceed 40cm in height for divisions C, D & E and no more than 30cm in height for division A & B.
- Division M: Additional matting requests will be accepted (subject to availability)