



# Coach Accreditation Policy

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## Review History Table

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30/04/2015	V 1.2			<ul style="list-style-type: none"> <li>Addition of statements relating to Cheerleading Accreditations</li> <li>Wording change to What Can I coach at competition</li> </ul>
16/06/2015	V 1.3			<ul style="list-style-type: none"> <li>Changes to section 11. Salto and Inverted Rotation following the introduction of the Advanced Extended Pathway</li> </ul>
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20/06/2019	1.12			<ul style="list-style-type: none"> <li>Removal of some competencies in Advanced GfA Accreditation skill Matrix due to updated accreditation requirements</li> <li>Addition of Coach Accreditation requirements for Australian Championships</li> <li>Updates to Second Gymsport accreditation exemptions tables</li> </ul>

26/08/2021	1.13	27/10/21	K. Chiller	<ul style="list-style-type: none"> <li>• Update First Aid Codes</li> <li>• Inclusion of FreeG into requirements for coaching at National Clubs</li> <li>• Key summary points for Beginner Coaches added</li> <li>• Member Declaration information added</li> <li>• Obligation of renewing your Technical Membership added</li> <li>• WWCC requirement to attend Face to Face modules added</li> <li>• Inclusion of Advanced Tumbling &amp; Spring Skills Matrix (Module 1)</li> <li>• Inclusion of Advanced Trampoline Skills Matrix (Module 1)</li> </ul>
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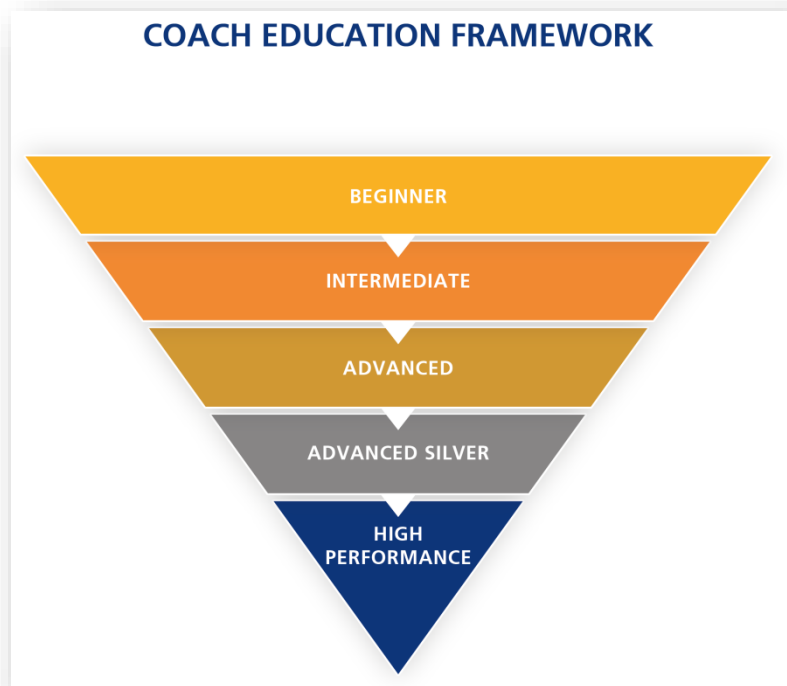
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## 1. Coach Education Framework

Gymnastics Australia released the Coach Education Framework nationally in July 2013 having been rolled out over a 4-year period. The framework has undergone several reviews and will continue to be reviewed to ensure it reflects industry best practice in coach education.



The Coach Education Framework is a competency-based framework.

### A. Coach Pathway

A coach, in most instances, will enter the pathway at Beginner and will progress through each level of the Framework. A coach may be exempt from completing parts of, or one or more levels. See each accreditation level in this document for further information regarding exemptions.

## B. Gymsport Pathway

The Coach Accreditation levels available may vary for each Gymsport but will fall within the overall Coach Education Framework. The Beginner Coach Accreditation is appropriate to all Gymsports. The pathways for each Gymsport are shown in the table.

Accreditation Level / Gymsport	ACR	AER	GfA	KG	MAG	RG	TRP	TUM	WAG
Beginner	Covers all Gymsports								
Intermediate									
Advanced				2022					
Advanced Silver									
High Performance									

## C. Gymnastics Australia Accreditation

To be an accredited gymnastics coach in Australia, a coach must hold a Gymnastics Australia Coach Accreditation. An accreditation is gained by completing a Gymnastics Australia accreditation course sanctioned by Gymnastics Australia or the State/Territory Association, or via the recognition of prior learning (RPL) process.

The Accreditation is only active if the coach is a current Technical Member of Gymnastics Australia.

## D. Gymnastics Australia Accreditation Training Providers

Gymnastics Australia has agreements with State/Territory Gymnastics Associations to act as training providers and deliver the face to face components of accreditation courses. Gymnastics Australia provides all course material to the State/Territory Association for distribution to the contracted presenter.

## E. Gymnastics Australia Technical Membership

Technical Associate Membership is a category of registration an individual receives when they first sign up and register an account via the Gymnastics Australia website.

Upon successfully achieving a coach or judge accreditation, an individual will move from a Technical Associate Member to a Technical Member.

Technical Membership is a category of membership at Gymnastics Australia offered to a coach or judge who has successfully completed an accredited Gymnastics Australia coach or judge course. The following categories of Technical Membership are available at Gymnastics Australia:

- Coach
- Judge
- Coach and Judge
- Junior Coach (under 18 years of age)
- Junior Coach and Judge (under 18 years of age)
- Teacher (for a teacher working within a school)

Gymnastics Australia and each of the State/Territory Associations are responsible for setting the annual Technical Membership fee. The State/Territory Association fee and the Gymnastics Australia fee are combined as one annual fee.

A coach must renew Technical Membership annually.



- A current Technical Member will receive two renewal notifications via email
  - Email #1 – At two months prior to their required renewal date
  - Email #2 – At one month prior to their required renewal date
  - An additional email will be sent one week past the renewal date advising that Technical Membership is no longer valid.
- Renewal of Technical Membership is completed online, via the member portal (GOL) on the GA website.
- A Technical Member must have the required number of updating points to renew a Technical Membership.
- Technical Membership (including benefits) commences from the date of renewal and will remain at this same date if payment is made within one month prior (when the portal will open online) or two months after the renewal date.
- A Technical Membership date will only change if payment is made past this two-month period and will then become the date of payment.

## 2. Eligibility for an accreditation and technical membership

### A. Accreditation

A coach must successfully complete all accreditation requirements to be awarded a Gymnastics Australia Coach Accreditation.

### B. Technical Membership

The Technical Member must show evidence of professional development activities (updating) as described in the Updating Policy, to be eligible to renew Technical Membership.

### C. Technical Membership benefits including insurance

A coach is only eligible to receive Technical Member benefits (including insurance) if Technical Membership is current.

Insurance coverage is only provided to Gymnastics Australia Technical Members when involved in gymnastics activities at affiliated clubs or at Gymnastics Australia / State & Territory Association sanctioned events.

### D. Member Protection Declaration

Gymnastics Australia (GA) has a duty of care to all those associated with the sport of gymnastics at the national level and to the individuals and organisations to whom the Member Protection Policy applies. As a requirement of the Policy, GA must enquire into the background of those who undertake any work, coaching or regular unsupervised contact with Children.

When renewing a Technical Membership, the Technical Member will be requested to acknowledge an understanding of and an agreement to the Member Protection Policy. This will take the form of a Member Protection Declaration (MPD) which assesses a person's suitability to work with Children and demonstrate a history in line with GA values. Upon review of the Member Protection Declaration, if a Technical Member does not agree with this Declaration, they are required to make a disclosure. If a Technical Member is unsure if they need to make a disclosure, do not continue with your renewal.

Please contact [childsafety@gymnastics.org.au](mailto:childsafety@gymnastics.org.au) or call GA on 03 8698 9700 and speak with a member of the Integrity Team..

#### **E. Renewing your Technical Membership**

When renewing your Technical Membership, a Technical Member will be requested to acknowledge that they understand and agree to

- Technical Member Obligations
- Privacy Policy Declaration
- Cancellation/Refund Policy

### **3. Eligibility to attend a Face to Face module**

All attendees (Presenters, Assessors, Observers, Participants) who participate in a face-to-face coaching accreditation module that involves children, must ensure they adhere to the relevant state/territories Working with Children Check (WWCC) legislation. Gymnastics Australia recognises that WWCC requirements in a training environment will differ across state and territory jurisdictions. With that in mind, it is the responsibility of the host organisation of the face-to-face module to ensure that all WWCC legislative requirements are adhered to.

## 4. Beginner Coach Accreditation

A Beginner Coach Accreditation is the entry-level accreditation for coaching in Gymnastics.

A Beginner Coach Accreditation is issued on the successful completion of all parts of the accreditation. On completion, the Beginner Coach will:

- Become a Technical Member of Gymnastics Australia
- Receive technical member benefits.

### A. Requirements to gain a coach accreditation

The requirements to gain a coach accreditation are listed below:

- An individual must be **14 years or older** to enrol for the Beginner Online Course.
- A coach must successfully complete all parts of the Beginner Coach Accreditation:
  - Beginner Online Course
  - Beginner Face to Face Course.

#### *i) Coach accreditation exemptions*

A coach may be eligible for an exemption to all or part of the accreditation. The coach must make an application using the application form available from the State / Territory Association.

A coach is eligible for full or part exemptions based on the list below. The list is not exhaustive, and you should contact your State/Territory Association for further advice:

- Qualified/pre-service (1+ years) PE teachers
- Launchpad Ignite! certificate holder
- Holders of a current Certificate II Sport Coaching or above
- Holders of a current Certificate II Sport and Recreation or above
- Holders of a current Certificate III and IV in Fitness
- Holders of a Gymnastics Australia Gymsport Accreditation (Intermediate or above)
- Previous holders of an inactive Gymnastics Australia Gymsport Accreditation, Intermediate or above
- Holders of a Level 1 Accreditation or above issued by another sport.

There are generally no exemptions for the following training:

- ASC General Principles
- Certificate III or IV Diploma in Early Childhood Education and Care or similar
- Diploma or Degree in Teaching (except Physical Education teachers – see above).

## **B. Technical Membership**

A new coach will automatically receive 12 months free Technical Membership on completion of the Beginner Coach Accreditation.

The Beginner Coach's complimentary year of Technical Membership commences on the date of completion of the Beginner Coach Accreditation, and this date will become the annual membership renewal date.

A Beginner Coach who was a previous Technical Member (Coach or Judge) of Gymnastics Australia is not eligible for 12 months free Technical Membership and will be required to pay full fees on renewal of Technical Membership.

## **C. Requirements for accreditation to be active**

For the accreditation to remain active a Beginner Coach must:

- Complete updating as detailed in the Updating Policy
- Renew Technical Membership annually.

Please note that renewal of Technical Membership will occur on the date that the Beginner Coach Accreditation was gained, even if the coach gains an additional accreditation during the year.

## **D. What can I coach?**

A Beginner Coach Accreditation verifies that a coach has the competencies to coach gymnastics under supervision. Competencies for a Beginner Coach Accreditation are available on the GA website. A coach should always work within their level of competency and always exercise a duty of care to participants.

The Skills Matrix in Appendix 1 provides information on gymnastic skills appropriate for a Beginner Coach to coach.

A Beginner Coach cannot coach at Gymnastics Australia events but can coach under supervision at State / Territory events. See Appendix 2 for more information about coaching at Gymnastics Australia and State / Territory events.

For policies regarding supervision, please see Section 8.

## **E. Key Summary Points for Beginner Coaches**

- Upon completing a Beginner Coaching Course, the status with Gymnastics Australia changes from Technical Associate Member (TAM) to a Technical Member (TECH)
- The first 12 months of the technical membership is free upon completing a Beginner Coaching Course
- Remember to log into the (GOL) account to access the latest information and benefits
- Updating points are required each year to maintain an accreditation – see Updating Policy
- The renewal fee will be applied to the account one month before the expiry date
- Accreditation will not be recognised if the Technical Membership lapses or if the Technical Membership is suspended.

## 5. INTERMEDIATE COACH ACCREDITATION

An Intermediate Coach Accreditation is the second level of accreditation for coaching in Gymnastics.

An Intermediate Coach Accreditation is issued on the successful completion of all parts of the accreditation. Alternatively, an accreditation can be issued via the RPL process.

On completion of the Intermediate Accreditation the following occurs:

- The accreditation is added to the coach record in the national database
- For all current Technical Members a new Statement of Accreditation will become available for download via the member portal (GOL).
- If a coach is not current and is completing the Intermediate course in order to re-accredit, then payment of Technical Membership fees will need to be done via GOL before the accreditation becomes valid.

### A. Requirements to gain a coach accreditation

The requirements to gain an Intermediate Coach Accreditation are listed below:

- The coach must hold a Beginner Coach Accreditation or have received exemptions to the Beginner Coach Accreditation.
- A coach must be **16 years or older** to enrol in the face to face component of the course.
- A coach must successfully complete all parts of the Intermediate Coach Accreditation unless exemptions have been granted:
  - On the job training (Intermediate Workbook including 20 supervised coaching hours)
  - Online Intermediate Coaching Principles Course
  - Online Intermediate Gymsport Coaching Course
  - Intermediate Gymsport Face to Face Course

#### *i) Coach accreditation exemptions*

A coach may be eligible for an exemption to all or part of the accreditation. The coach must make an application using the application form available from the State / Territory Association.

A coach is eligible for full or part exemptions based on the list below. The list is not exhaustive, and you should contact your State / Territory Association for further advice:

- Qualified/pre-service (1+ years) PE teachers
- Launchpad Ignite! certificate holder
- Holders of a Certificate II Sport Coaching or above
- Holders of a Certificate II Sport and Recreation or above
- Holders of a Certificate III and IV in Fitness
- Holders of a Gymnastics Australia Intermediate or above Gymsport Accreditation
- Previous holders of a Gymnastics Australia Gymsport Accreditation, Intermediate or above but accreditation is not active
- Holders of a Level 1 Accreditation or above issued by another sport.

There are generally no exemptions for the following training:

- ASC General Principles
- Certificate III, IV or Diploma in Early Childhood Education and Care or similar
- Diploma or Degree in Teaching (except Physical Education teachers – see above).

A coach who wishes to apply for an additional Gymnastics Australia Gymsport Accreditation may be eligible for exemptions (see Appendix 3).

*ii) Special circumstances training*

The State / Territory Association in conjunction with an individual may submit an alternative training plan to GA for approval where it is not possible to follow the standard training program. The plan must meet the competencies of the accreditation level.

## **B. Technical Membership**

The Intermediate Coach must be a Technical Member of Gymnastics Australia for the accreditation to be active.

*i) Teacher Technical Membership*

A teacher who completes an Intermediate Coach Accreditation may be eligible for a Teacher Technical Membership (reduced rate). The Teacher category of Technical Membership is for teachers who teaches gymnastics within a school curriculum.

The following conditions apply to a Teacher Technical Membership:

- The Coach must be a pre-service or qualified teacher to be eligible.
- A Teacher Technical Membership does not include insurance cover under the Gymnastic Australia National Risk Protection Program. This means that Gymnastics Australia does not insure the coach.
- A Teacher Technical Membership is only available at Intermediate or Advanced level.
- A Teacher Technical Member is required to complete updating in accordance with the Updating Policy.
- A coach with a Teacher Technical Membership is not eligible to coach at a Gymnastics Australia competition.

Please note that Aeroschools does not fall into the category of Teacher Technical Membership.

### **C. Requirements for accreditation to be active**

For the accreditation to remain active an Intermediate Coach must:

- Complete updating as detailed in the Updating Policy.
- Renew Technical Membership annually.

### **D. What can I coach?**

An Intermediate Coach Accreditation verifies that a coach has the competencies to coach gymnastics at an Intermediate level. Competencies for an Intermediate Coach Accreditation are available on the GA website. A coach should always work within their level of competency and exercise a duty of care to participants at all times.

The Skills Matrix in Appendix 1 provides information on gymnastic skills appropriate for an Intermediate Coach to coach.

An Intermediate Coach cannot coach at Gymnastics Australia events, with the exception of an Intermediate Aerobics Coach but can coach at State / Territory events. Please see Appendix 2 for more information.

## 6. ADVANCED COACH ACCREDITATION

An Advanced Coach Accreditation is the third level of accreditation for coaching in Gymnastics

An Advanced Coach Accreditation is issued on the successful completion of all parts of the accreditation. Alternatively, an accreditation can be issued via the RPL process.

On completion of the Advanced Accreditation the following occurs:

- The accreditation is added to the coach record in the national database.
- The coach is required to pay a membership fee via GOL if they are not already a current Technical Member.

### A. Requirements to gain a coach accreditation

The requirements to gain an Advanced coach accreditation are listed below:

- The coach must hold an Intermediate Coach Accreditation or have received exemptions to the Intermediate Coach Accreditation.
- A coach must be **17 years or older** for the face to face component of the course.
- A coach must successfully complete all parts of the Advanced Coach Accreditation:
- **All Gymsports except GfA and KG:**
  - Online Advanced Coaching Principles and associated assessment tasks (completed in conjunction with workplace training)
  - Online Advanced Gymsport Course and associated assessment task (completed in conjunction with workplace training)
  - First Aid Certificate (see Section 9) – a coach must have a current First Aid Certificate or complete a course prior to enrolment in the face to face course
  - Gymsport Face to Face Course
- **GfA only**
  - Online Participation Module OR Online Advanced Coaching Principles Course
  - Spotting Logbook
  - Advanced Tumbling and Spring Face to Face Module
  - 2nd Intermediate Coach Accreditation (GfA plus one other)
  - GfA Planning Task OR Annual & Seasonal Plan
  - First Aid Certificate (see Section 9) – a coach must have a current First Aid Certificate or complete a course prior to enrolment in the face to face course.
- **KG**
  - An Advanced KG Accreditation will be released in 2022, will include but not limited to:
    - Advanced KinderGym Coach eBook (scheduled for release January 2022)
    - Advanced KinderGym Assessment (scheduled for release mid 2022).
  - More information to be released in 2022

#### *i) Coach Accreditation exemptions*

A coach may be eligible for an exemption to all or part of the accreditation. The coach must make an application using the application form available from the State / Territory Association.



A coach is eligible for full, or part exemptions based on the list below. The list is not exhaustive, and you should contact your State / Territory Association for further advice:

- Holders of a Gymnastics Australia Advanced or above Gymsport Accreditation (see Appendix 3 for exemptions)
- Previous holders of a Gymnastics Australia Advanced or above Gymsport Accreditation but accreditation is not active.

Training to coach the salto (somersault) is a critical component of the advanced course. An exemption is not available for this component of the course except where a coach already holds an Advanced Coach Accreditation or higher which includes coaching a salto as a competency. See Section 10 for further information on the salto.

*ii) Special circumstances training*

The State / Territory Association in conjunction with an individual may submit an alternative training plan to GA for approval where it is not possible to follow the standard training program. The plan must meet the competencies of the accreditation level.

## **B. Technical Membership**

The Advanced Coach must be a Technical Member of Gymnastics Australia for the accreditation to be active.

*i) Teacher Technical Membership*

A teacher who completes an Intermediate Coach Accreditation may be eligible for a Teacher Technical Membership (reduced rate). The Teacher category of Technical Membership is for teachers who teaches gymnastics within a school curriculum.

The following conditions apply to a Teacher Technical Membership:

- The Coach must be a pre-service or qualified teacher to be eligible.
- A Teacher Technical Membership does not include insurance cover under the Gymnastic Australia National Risk Protection Program. This means that Gymnastics Australia does not insure the coach.
- A Teacher Technical Membership is only available at Intermediate or Advanced level.
- A Teacher Technical Member is required to complete updating in accordance with the Updating Policy.
- A coach with a Teacher Technical Membership is not eligible to coach at a Gymnastics Australia competition.

Please note that Aeroschools does not fall into the category of Teacher Technical Membership.

### **C. Requirements for accreditation to be active**

For the accreditation to remain active an Advanced Coach must:

- Complete updating as detailed in the Updating Policy
- Renew Technical Membership annually.

### **D. What can I coach?**

An Advanced Coach Accreditation verifies that a coach has the competencies to coach gymnastics at an Advanced level. Competencies for an Advanced Coach Accreditation are available on the GA website. A coach should always work within their level of competency and exercise a duty of care to participants at all times.

The Skills Matrix in Appendix 1 provides information on gymnastic skills appropriate for an Advanced Coach to coach.

An Advanced Coach can coach at Gymnastics Australia and State / Territory events. Please see Appendix 2 for more information.

## 7. ADVANCED SILVER COACH ACCREDITATION

An Advanced Silver Coach Accreditation is the fourth level of accreditation for coaching in Gymnastics.

An Advanced Silver Coach Accreditation is issued on the successful completion of all parts of the accreditation. Alternatively, an accreditation can be issued via the RPL process.

On completion of the Advanced Silver Coach Accreditation the following occurs:

- The accreditation is added to the coach record in the national database.
- The coach is required to pay a Technical Membership fee if the coach is not a current Technical Member of Gymnastics Australia.

### A. Requirements to gain a coach accreditation

The requirements to gain an Advanced Silver Coach Accreditation are listed below:

- The coach must hold an Advanced Coach Accreditation or have received exemptions to the Advanced Coach Accreditation.
- A coach must be 18 years or older for the face to face component of the course.
- A coach must successfully complete all parts of the Advanced Silver Coach Accreditation:
  - Attendance at a FIG Level 2 Academy Program, achieving 80% or more for both theory and practical components of the course
- First Aid Certificate (see Section 9).

#### *i) Coach Accreditation exemptions*

A coach may be eligible for an exemption to all or part of the accreditation. The coach must make an application using the application form available from the State / Territory Association.

A coach is eligible for full, or part exemptions based on the list below. The list is not exhaustive, and you should contact your State / Territory Association for further advice:

- Holders of a Gymnastics Australia Advanced Silver or above Gymsport Accreditation (see Appendix 3 for exemptions)
- Previous holders of a Gymnastics Australia Advanced Silver or above Gymsport Accreditation but accreditation is not active
- Hold a FIG Level 2 Certificate.

#### *ii) Special circumstances training*

This service is not available for an Advanced Silver Coach.

iii) *Eligibility to attend a FIG Level 2 Academy Program*

A coach must meet the eligibility requirements to attend a FIG Level 2 Academy Program as determined by GA and/or FIG. A coach who has been transitioned to the Coach Education Framework may be asked to complete pre-course requirements to ensure that theoretical knowledge and skills meet a minimum standard.

**B. Technical Membership**

The Advanced Silver Coach must be a Technical Member of Gymnastics Australia for the accreditation to be active.

**C. Requirements for accreditation to be active**

For the accreditation to remain active an Advanced Silver Coach must:

- Complete updating as detailed in the Updating Policy
- Renew Technical Membership annually.

**D. What can I coach?**

An Advanced Silver Coach Accreditation verifies that a coach has the competencies to coach gymnastics at an Advanced Silver level. A coach should always work within their level of competency and exercise a duty of care to participants at all times.

The Skills Matrix in Appendix 1 provides information on gymnastic skills appropriate for an Advanced Silver Coach to coach.

An Advanced Silver Coach can coach at Gymnastics Australia and State / Territory events. Please see Appendix 2 for more information.

## 8. HIGH PERFORMANCE COACH ACCREDITATION

A High Performance Coach Accreditation is the highest level of accreditation awarded for completing a Gymnastic Australia coach accreditation course.

A coach is awarded with a High Performance Accreditation for successfully completing a FIG Level 3 Academy Program or via the RPL process.

On completion of the High Performance Coach Accreditation the following will occur:

- The accreditation is added to the coach record in the national database.
- The coach is required to pay a Technical Membership fee if the coach is not a Technical Member of Gymnastics Australia.

### A. Requirements to gain a High Performance Coach accreditation

The requirements to gain a High Performance Coach Accreditation are listed below:

- The coach must hold an Advanced Silver Coach Accreditation
- A coach must be **18 years or older** for the face to face component of the course.
- A coach must successfully complete all parts of the High Performance Coach Accreditation:
  - Pre-course learning
  - Attendance at a FIG Level 3 Academy Program, achieving 80% or more for both theory and practical components of the course
- First Aid Certificate (see Section 9).

A Coach should undertake on the job and professional learning to ensure that they are prepared for the rigours of a FIG Level 3 Academy Program.

#### *i) Coach accreditation exemptions*

Exemptions may be available if the coach is applying for a second Gymsport accreditation (see Appendix 3).

#### *ii) Special circumstances training*

This service is not available for a High Performance Accreditation.

iii) *Eligibility to attend a FIG Level 3 Academy Program*

A coach must meet the eligibility requirements to attend a FIG Level 3 Academy Program as determined by FIG and/or GA. A coach who transitioned to the Coach Education Framework may be asked to complete pre-course requirements to ensure that theoretical knowledge and skills meet a minimum standard.

**B. Technical Membership**

The High Performance Coach must be a Technical Member of Gymnastics Australia for the accreditation to be active.

**C. Requirements for accreditation to be active**

For the accreditation to remain active a High Performance Coach must:

- Complete updating as detailed in the Updating Policy
- Renew Technical Membership annually.

**D. What can I coach?**

There are no restrictions on what a High Performance Coach can coach in the gym or in competition. Please see Appendix 1 and 2 for further information.

## 9. SUPERVISION AND MENTORING

This section defines a certified Supervisor in the context of the Coach Education Framework and the requirements regarding the supervision of an accredited Beginner Coach.

### A. Certified Supervisor

A Beginner Coach must coach under the supervision of a certified Supervisor at all times or until an Intermediate Accreditation has been awarded.

The minimum requirements to become a certified Supervisor are as follows:

- Current Technical Member
- Current Gymnastics Australia Coach Accreditation at Intermediate Level or above
- Successful completion of the Gymnastics Australia Online Supervisor Training course.

In making the decision to allocate a Supervisor to oversee the work of a Beginner Coach, consideration should be given to the level of maturity and technical knowledge of the Supervisor.

- A Supervisor must have an appropriate level of maturity to make good decisions while providing supervision, particularly with regard to managing risk.
- A Supervisor must be technically qualified to undertake this role, with the ability to give technical support and feedback to a Beginner Coach. Not every Intermediate Coach will be ready to provide supervision. Time and workplace experience may be required to develop a good level of technical knowledge prior to completing Supervisor Training and supervising others.

Gymnastics Australia highly recommends that a Supervisor is at least 18 years old.

To maintain currency, Supervisors must maintain GA Technical Membership.

### B. Supervision of an accredited Beginner Coach

Clubs must ensure that a Beginner Coach is under supervision at all times until the coach is awarded an Intermediate Coaching Accreditation. A Beginner Coach has the competencies to coach an equivalent skill level as an Intermediate Coach but only under supervision.

- It is acceptable for up to three Beginner Coaches to be under the supervision of one supervisor. The Supervisor must be on the gym floor in the proximity of the Beginner Coach(es).
- The Supervisor and/or Club need to exercise a duty of care to participants and the Beginner Coach, and discretion should be made when allocating a Supervisor to a Beginner Coach. The Supervisor has received training via the Gymnastics Australia Online Supervisor Training course, and has been taught to ask the question 'can I adequately supervise the Beginner Coach if I...?' Club administrators/managers making decisions about who should supervise which groups should consider the question, 'can the Supervisor adequately supervise the Beginner Coach if I ask them to...?'

The supervision rules allow some flexibility and are designed to allow Clubs to make supervision decisions based on the situation, such as the age of the Beginner Coach, coaching experience of the Beginner Coach, and the age, maturity, technical knowledge and experience of the Supervisor.

### **C. Mentor for an Intermediate Coach in training**

- An Intermediate Coach in training for an Advanced Coach accreditation will need a mentor to support training in the workplace. The mentor should:
- Hold an Advanced Coach Accreditation or above and where possible this should be relevant to the Gymsport
- Provide supervision and guidance for the Intermediate Coach, but does not need to provide direct supervision on a daily basis
- Assist with and undertake workplace assessment tasks with the Intermediate Coach
- Ensure the Intermediate Coach in training works within their level of competence (see Appendix 1)
- Exercise a duty of care to the coach and participants.

Not every Advanced Coach will be a suitable mentor and consideration should be given to the technical knowledge of the mentor, their level of experience and time to commit to the role. If required, two or more mentors may work with an Intermediate Coach.



## 10. FIRST AID

A First Aid Certificate is an accreditation requirement for a coach with an Advanced Accreditation or above. A First Aid Certificate must be renewed every 3 years, with an additional requirement to update CPR annually in order for the First Aid Certificate to remain valid.

Please check the accreditation section to see if the First Aid Certificate is a pre-requisite for the face to face course.

### A. First Aid Certificate exemptions

The following professionals are exempt from a requirement to hold a current First Aid Certificate on presentation of a valid AHPRA registration number or similar proof:

- Registered nurse
- Paramedic

### B. First Aid course and code

The current First Aid Course requirement is:

- HLTAID011 Provide First Aid (formerly HLTAID003)  
or
- HLTAID012 Provide an emergency first aid response in an education and care setting (formerly HLTAID004)

Gymnastics Australia recognises First Aid training for a 3 year period commencing the date of the attainment certificate.

Please note that the First Aid course code, name and content changes on a regular basis to reflect current needs as recommended by health industry experts. GA will inform all coaches of updates as soon as they become available.

## 11. SALTO AND INVERTED ROTATION

To coach a salto (somersault) or skills involving flight and inverted rotation without hand support, it is a requirement that a coach must:

- Hold an Advanced Accreditation or above (excluding RG, AER)  
OR
- Successfully complete and maintain currency of Advanced Tumbling and Spring Module for ACR, GfA, MAG, TRP, TUM, and WAG - commonly referred to as Module 1.

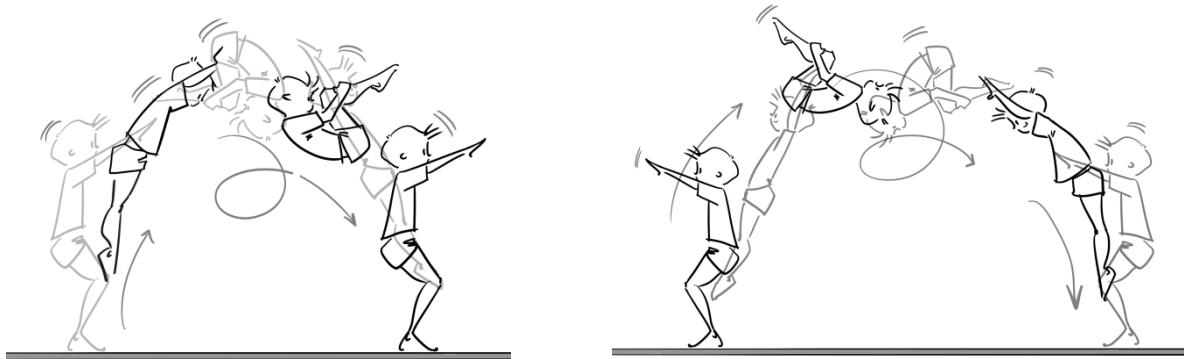
A coach can coach drills in preparation for coaching a salto without an Advanced Coach Accreditation or Advanced Tumbling and Spring Module in accordance with Appendix 1: What can I coach in the gym?

### A. Salto definition

Gymnastics Australia's definition of the salto is:

- Flight and rotation of 360° forward or backward
- Flight and rotation without hand support.

For further clarity, images of a salto are shown below. In this example, a tuck position is shown but other body positions are included.





# Coach Accreditation Policy

## Appendix 1: What can I coach in the gym?

Accreditation	What you can coach
Beginner Coach	<ul style="list-style-type: none"><li>• A Beginner Coach must coach under supervision at all times.</li><li>• A Beginner Coach can coach the same skills as an Intermediate Coach but under supervision. See Appendix 1A for a list of skills for a Beginner Coach.</li><li>• <b>A Beginner Coach cannot coach salto (somersault) skills or inverted rotation involving height and flight.</b></li></ul>
Intermediate Coach (Gymsport specific)	<ul style="list-style-type: none"><li>• An Intermediate Coach can coach independently.</li><li>• See Appendix 1A for a list of skills appropriate for an Intermediate Coach to coach.</li><li>• An Intermediate Coach should exercise a duty of care to participants, seek support and undertake an appropriate risk analysis when learning and teaching skills as part of the process to becoming an Advanced Coach.</li><li>• <b>An Intermediate Coach cannot coach salto (somersault) skills or skills with inverted rotation involving height and flight unless they have successfully completed the Advanced Tumbling and Spring Module.</b></li></ul>

<b>Advanced Coach (Gymsport specific)</b>	<ul style="list-style-type: none"> <li>• An Advanced Coach can coach independently.</li> <li>• See Appendix 1B for a list of skills appropriate for an Advanced Coach to coach.</li> <li>• An Advanced Coach should exercise a duty of care to participants, seek support and undertake an appropriate risk analysis when learning and teaching skills as part of the process to becoming an Advanced Silver Coach.</li> </ul>
<b>Advanced Silver Coach (Gymsport specific)</b>	<ul style="list-style-type: none"> <li>• An Advanced Silver Coach can coach independently.</li> <li>• See Appendix 1C for a list of skills appropriate for an Advanced Silver Coach to coach.</li> <li>• An Advanced Silver Coach should exercise a duty of care to participants, seek support and undertake an appropriate risk analysis when learning and teaching new skills as part of the process to becoming a High Performance Coach.</li> </ul>
<b>High Performance (Gymsport specific)</b>	<ul style="list-style-type: none"> <li>• There are no training restrictions for a High Performance Coach.</li> <li>• A High Performance Coach should exercise a duty of care to participants, seek support and undertake an appropriate risk analysis when coaching.</li> </ul>

## Appendix 1A: Beginner and Intermediate Coach Accreditation Skills Matrix

The skills matrix lists the skills covered in each Gymsport Intermediate Coach Accreditation Course. It provides a guideline of skills a Beginner and Intermediate Coach can coach. A coach should use skills, which are appropriate for the participant. The skills matrix is not an exhaustive list. An Intermediate Coach has the knowledge, skills and ability to coach other skills similar to and with equivalent degree of difficulty to those listed in the table.

<i>Beginner and Intermediate Coach Accreditation Skills Matrix - Women's Artistic Gymnastics</i>						
Floor	Trampoline	Vault	Uneven bars / High bar	Beam	Dance skills	Dance, Choreography, Musicality
Handstand	Jumping	Landings from height	Cast in support	Handstand - lunge and stepdown	½ turn on two feet	Posture (beam and floor)
Forward and backward rolls	Body bounces	Running	Glide swing	Cartwheel to side and lunge	Piqué passé 1/2 turns	Basic ballet positions
Limbers forward and backward	Front and back drop rotation skills	Hurdle	Long swing	Bridges	Jump, hop, leap progressions	Basic ballet barre complex
Walkover forward and backward	Handsprings / flysprings	Jumping and take-off	Back hip circle	Press development	Straight jump	Basic floor and beam complex
Cartwheel	Back handspring	Repulsion from hands	Kip progressions	Landings - on and off	Springs, assemble	Movement to music
Courbette / snap down						

*Beginner and Intermediate Coach Accreditation Skills Matrix - Men's Artistic Gymnastics*

Floor	Trampoline	Vault	Uneven Bars / High Bar	Pommel horse	Rings	Parallel Bars
Cartwheel	Basic jumps and landings	Running	Tension swings	Double leg circles on mushroom	Basket	Cross support swings
Forward and backward rolls	Body bounces - front and back	Hurdle and take-off from board	Long hang swings	Stride swings	Stretched inverted hang/candle	Long hang swings
Bridge	Front, back, seat, hands and knees drops	Handstand flat-back	Back hip pullover		Long hang swings	
Handstand	Combinations on trampoline	Basic landings	Back hip circle			
Courbette / snap down	Drills for front handspring		Cast in support			
	Drills for back handspring					

*Beginner and Intermediate Coach Accreditation Skills Matrix - Tumbling*

Tumbling skills	Preparation	Other				
Handstand	Strength and conditioning	Tumbling connections				
Forward and backward rolls						
Cartwheel / round-off						
Handsprings / flysprings						
Flick flack						

*Beginner and Intermediate Coach Accreditation Skills Matrix - Trampoline*

Basic Skills	Combinations	Twisting	Double Mini Trampoline	Trampoline Sports Specific Principles	Routine development
Straight jump, checking landing  Basic jumps, kick out  Basic landings - seat, front, back, hands and knees	Seat to front  Back to front  Front to seat  Front to back	Feet to feet twisting  Half twist to landing - front, back, seat  Landing half twist to feet - front, back, seat  Full twist skills-full twist to back  Roller - seat full twist to seat	Run approach  Hurdle onto DMT  Basic jumps on DMT  Components of DMT  Pass construction for DMT	Technical aids for trampoline	Routine construction

*Beginner and Intermediate Coach Accreditation Skills Matrix - Gymnastics for All*

Tumbling	Spring - mini-trampoline, trampoline, vault	Swing - bars	Acrobatics	Small equipment	Hand apparatus	Choreography and dance
Handstand  Forward / backward roll  Cartwheel  Limbers/ walkovers  Round-off	Landings from height  Jumps and shapes  Hurdle step to jump take-off  Over, around, along, through  Tramp drops: hand & knees, seat, front, back  Equipment set-ups	Long swing  Swing in support  Pullover  Back hip circle  Under swing  Glide swings	Front support skills  Thigh stands  Birdie on feet  Box on box	Elastic bands  Pool noodles  Tunnels  Scarves	DMP's for apparatus  Throws  Rotation  Rolls  Passing around body  Passing under body	Movement to music  Moving together  Travelling  Music mapping  Structure of a routine  Formations  Transitions  Performance

*Beginner and Intermediate Coach Accreditation Skills Matrix - KinderGym*

Gross and fine motor skills	DMPs	Object management skills	Equipment	Teaching methods	Other
Forward roll	Statics	Propelling	Pathways	Direct	Class design
Cartwheel	Landing	Controlling	Themes	Free exploration	Circuit design
Catching	Swing	Receiving	Linking equipment	Group time	Planning themes
Kicking	Spring		Space		Age characteristics
Under arm throwing	Rotation		Music		
Dynamic balance	Locomotion		Modifications and innovation		

*Beginner and Intermediate Coach Accreditation Skills Matrix - Aerobic Gymnastics*

Acrobatic skills	Static strength	Dynamic Strength	Turns and split elements	Jumps and Leaps	Choreography
Forward roll	L Support	Push-up	Splits / Vertical Split / pancake	Straight jump	Music and musicality
Backward roll	Straddle	Triceps Push-up		Tuck jump	Aerobic content
				Jumps with 1/2 and full turns	Transitions
				Air jack	Links
				Stride leap	Lifts and interactions
				Scissor leap	Space and formations
					Artistry



*Beginner and Intermediate Coach Accreditation Skills Matrix - Rhythmic Gymnastics*

General	Rope	Hoop	Ball	Clubs	Ribbon
Basic ballet and posture, arms and feet positions	Open rope catch	Retro roll	Roll ball down arm	Balance on toes with club circles	Skipping with snakes overhead
Basic ballet barre	Skipping, travelling forward	Roll over shoulder	Small roll along floor	Side body wave with tapping	Passé balance with spirals
Basic floor progressions	Rotations while balancing on two feet	Small vertical toss	Bounces	Cat leap with overhead clubs	Cat leap through large circle
Movement to music choreography	Wraps	Passing (skipping) through	Small throw and catch in one hand	Chasse with alternate lateral swings	Passé pivot with horizontal circles
	Vertical Échappé	Frontal rotations	Kneeling body circumduction with handling	180° pivot pass clubs behind back	Catching the end of the ribbon
	Standing circumduction	Axis spin	Rebound off knee	Half tosses	Kneeling circumduction with horizontal circles
Jumps	Balances	Pivots	Waves	Flexibility	
Waltz, grapevine, step hop	Balance in passé	Low arabesque pivot	Chainé, body waves		
Scissor, tuck jump	Front horizontal balance				

*Beginner and Intermediate Coach Accreditation Skills Matrix - Acrobatic Gymnastics*

Principles of Acrobatics	Individual skills	Pair balance	Trio balance	Pair dynamic	Trio dynamic	Dance, choreography, musicality
Points of support and weight transfer	Forward and backward rolls	Bird on feet	Category 1 – Two bases, top stands on lower back of base and middle	Dynamic – assisted straight jump	Dynamic – jump from floor to basket	Basic ballet positions
Basic grips and hand and feet positions	Handstand	Supported handstand on feet	Category 2 – Front support pyramid (two tops)	Dismount – straight jump off back	Dismount – double foot pitch straight jump	Basic ballet barre complex
The role of the base, top, middle and “spotter”	Limbers	Standing on shoulders	Category 3 – One base in different positions	Bird on feet, pop and re-catch	Catch – sit in platform, throw to dish in basket	Demonstrate an understanding of different beats
Entry, exit and readiness	Cartwheels - side and step in	Standing on thighs	Category 4 – Middle on shoulders of base	Foot pitch straight jump		Body movements at different tempos
Principles of good posture	Courbette / snap down		Category 5 – Standing on thighs with support (middle on feet of base)			Selection of age appropriate music

### Appendix 1B: Advanced Tumbling & Spring Skills Matrix (Module 1) for MAG, WAG, ACR, TUM & GFA

The skills matrix lists the skills covered in each Gymsport and therefore provides a guideline of skills an Intermediate + Advanced Tumbling and Spring Module 1 Coach can coach. The skills matrix is not an exhaustive list. An Intermediate + Advanced Tumbling and Spring Module 1 Coach has the knowledge, skills and ability to coach other skills similar to and with equivalent degree of difficulty to those listed in the table.

<i>MAG, WAG, ACR, TUM &amp; GFA</i>	
Floor	Vault
Round-off Front salto (tuck,pike,layout) Back salto (tuck, pike,layout) Handsprings / flysprings Bwd handspring and round-off back handspring Round off flic tuck & layout Whips Back roll handstand & turning dev't	Salto landing from height Advanced hurdle drills Front salto to 30 and 60 cm matting Front layout to 30 and 60 cm matting Handspring to back & feet (excluding Acro)

### Appendix 1C: Advanced Tumbling & Spring Skills Matrix (Module 1) for TRP

The skills matrix lists the skills covered in each Gymsport and therefore provides a guideline of skills an Intermediate + Advanced TRP Module 1 can coach. The skills matrix is not an exhaustive list. An Intermediate + Advanced TRP Module 1 has the knowledge, skills and ability to coach other skills similar to and with equivalent degree of difficulty to those listed in the table.

<i>TRP</i>
Floor
3/4 front somersault Front somersault - tuck, pike, straight 3/4 back somersault Back pull over Back somersault - tuck, pike, straight

## Appendix 1D: Advanced Coach Accreditation Skills Matrix

The skills matrix lists the skills covered in each GymSport Advanced Coach Accreditation Course and therefore provides a guideline of skills an Advanced Coach can coach. The skills matrix is not an exhaustive list. An Advanced Coach has the knowledge, skills and ability to coach other skills similar to and with equivalent degree of difficulty to those listed in the table.

Advanced Coach Accreditation Skills Matrix - Women's Artistic Gymnastics						
Floor	Trampoline	Vault	Uneven Bars / High Bar	Beam	Dance skills	Dance Choreography musicality
Round-off	Whip & back handspring	Salto landing from height	Cast to handstand	Back handspring to 2 feet	1/2 turn in passé (be)	Intermediate ballet barre
Front salto (tuck, pike, layout)	Handspring / flyspring to front salto	Advanced hurdle drills	Development of turning on bars	back handspring step out	1/1 turn in passé (be)	Develop, kicks, body contractions
Back salto (tuck, pike, layout)	Back salto (tuck, pike, stretched)	Front salto to 30 and 60 cm matting	Giants - forward and backward	Tic tocs, front and back walkovers	1/1 passé pivot to close, lunge preparation	Intermediate Floor and beam complex / centre work , walking kicks, leaps and jumps & turns
Handsprings / flysprings	Front salto (tuck, pike, stretched)	Front layout to 30 and 60 cm matting	Glide kip cast to horizontal in series	Cartwheel tuck dismount	split jump, straight jump (fx, be)	
Bwd handspring and round-off back handspring	Twisting techniques	Handspring to back & feet	Fwd, bwd circle skills - clear, toe, stalder	Front salto dismounts	Jump 1/2 and full turn	Music styles and movement to music
Round off flic tuck & layout					Sissone and stag leap	Creation of optional floor and beam routines
Whips					Split leap, split jump	
Back roll handstand & turning dev't					Straddle jump	

*Advanced Coach Accreditation Skills Matrix - Men's Artistic Gymnastics*

Floor	Trampoline	Vault	Uneven Bars / High Bar	Pommel Horse	Rings	Parallel Bars
Round-off Front salto (tuck, pike, layout) Back salto (tuck, pike, layout) Handspring / flysprings / headsprings Bwd handspring and round-off back handspring Round-off flic tuck & Layout Whips Back roll to handstand & turning dev't	Whip & back handspring Handspring / flyspring to front salto Back salto (tuck, pike, stretched) Front salto (tuck, pike, stretched) Twisting techniques	Salto landing from height Advanced hurdle drills Front salto to 30 and 60 cm matting Front layout to 30 and 60 cm matting Handspring to feet	Swing 1/2 turn to mixed grip Giant swings - backward and forward Kip to support Fwd, bwd circle skills - clear, toe, stalder Flyaway - tuck and layout	Double leg circles (handles, loops) Scissor Czech (buck) Stockli (buck)	Support Inlocate Dislocate Cast Salto dismount	Kip / drop kip Swing to handstand Back uprise / front uprise Basket swing / cast upper arm Dismount - swing to handstand

*Advanced Coach Accreditation Skills Matrix - Tumbling*

Tumbling skills	Preparation	Other
Round-off Front salto (tuck, pike, layout) Back salto (tuck, pike, layout) Back layout salto 360° twist Front salto 1/2 (tuck, pike) Front salto 360° twist Front sault step outs Barani Basic combined series	Safe landings Strength and conditioning Plyometric drills	Intermediate pass construction Competition preparation Connecting tumble passes - 8 skills

*Advanced Coach Accreditation Skills Matrix - Trampoline*

General	Trampoline Skills	Trampoline Sports Specific Coaching Principles	Double Mini Trampoline	Double Mini trampoline skills	Synchronised Trampoline	Routine choreography
<p><b>ONLINE UNIT</b></p> <p>Height drills, introduction of time of flight</p> <p>Reinforcement of shape, fast action, kick-outs - angles and direction</p> <p>Shapes on trampoline</p> <p>Twisting direction and teaching twisting</p> <p>Safety on trampoline - revision</p>	<p>3/4 front straight somersault</p> <p>Front somersault - tuck, pike</p> <p>3/4 back somersault straight</p> <p>Back over</p> <p>Back somersault - tuck, pike, straight</p> <p>Basic twisting - cat twist, cork screw, cruising</p> <p>Barani</p> <p>Rudi</p> <p>Barani - tuck, pike straight</p> <p>Arabian</p> <p>Full Twist back</p> <p>Rudi</p> <p>Back cody</p> <p>Ball out, Barani ball out and Rudi ballout</p> <p>1 1/4 and 1 3/4 Front somersault</p> <p>Double front half out</p> <p>1 1/4 back somersault</p> <p>DbI back somersault - tuck and pike</p>	<p>Spotting revision</p> <p>Hand spotting</p> <p>Mat use</p> <p>Introduction to rig work (on the job training)</p> <p>Kipping and deadening the bounce</p>	<p>Non-scoring skills into s/s passes</p> <p>Use of mount and spotter s/s skills</p> <p>Change of mount arm position and speed of run up for mount versus spotter skills</p>	<p><b>Mount</b></p> <p>Mounts - Barani - T P S</p> <p>Mounts - Rudi</p> <p><b>Spotter skills</b></p> <p>Spotter - Barani - T,P S</p> <p>Spotter - Back somersault T P S</p> <p>Spotter - Back twist full</p> <p>Spotter - Rudi</p> <p><b>Dismount skills</b></p> <p>Dismount - Barani T P S</p> <p>Dismount - Back somersault T P S</p> <p>Dismount - Rudi</p> <p>D't - Back twist full</p> <p>Dismount - Half out T P</p> <p>Dismount - Double back T P</p>	<p><b>ONLINE UNIT</b></p> <p>Starting together</p> <p>Counting</p> <p>Routine construction for synchro</p> <p>Identifying a leader vs. follower</p>	<p><b>ONLINE UNIT</b></p> <p>Routine development and construction</p> <p>Competition preparation</p>

*Advanced Coach Accreditation Skills Matrix - Gymnastics for All*

Tumbling	Trampoline and vault	Vault
Dive rolls	Whip & back handspring	Salto landing from height
Round-off	Handspring / flyerspring to front salto	Advanced hurdle drills
Front salto (tuck,pike,layout)	Back salto (tuck, pike, stretched)	Front salto to 30 and 60 cm matting
Back salto (tuck, pike,layout)	Front salto (tuck, pike, stretched)	Front layout to 30 and 60 cm matting
Handsprings / flyersprings		Handspring to feet
Bwd handspring and round-off back handspring		
Round off flic tuck & layout		

*Advanced Coach Accreditation Skills Matrix - Aerobic Gymnastics*

General	Acrobatic skills	Static strength	Dynamic Strength	Turns and split elements	Jumps and Leaps	Choreography
Routine development and construction	Dive roll	Straddle V support	Wenson push-up	Illusion	Straddle / pike jumps	Complexity
Strength and conditioning	Handstand	V support	A Frame	1 turn to vertical split	Jumps with rotation to feet **	Transitions / linking
Include Plyometric Training	Cartwheel	Horizontal support			Jumps with rotation to split landings **	AMPs - arms / legs
	Handstand forward roll	½ turn in support			Switch split leap	Opening and endings
	Bwd roll to handstand				Free fall , ½ turn, gainer, 1/1 to PU	
	Walkovers – forward / backward				Forms to PU	
					** straight, tuck, cossack, split, straddle, pike	

Advanced Coach Accreditation Skills Matrix - Rhythmic Gymnastics Part 1 of 2

General	Rope	Hoop	Ball	Clubs	Ribbon
Routine development and construction	Fig 8 w/ body movement	Roll on three body parts	Roll on three body parts, standing and on floor	Mills	Spirals (on and off floor)
Groups / multiples	Passing under in a leap	Oblique throw	Different series of bounces	Asymmetrical	Snakes (on and off floor)
Physical preparation	Skip through w/ throw to skip through	Pass over in a leap	Small throws without hands	Tosses and flicks	Passing through and over (figure of eight)
Choreography	Double release	Rotations without hands	Circumduction	Two clubs large throw	Échappé
Linking movements, handling variety	Open rope throw	Axis on hand	Unstable balance on a part of the body	One club throw w/ passing the other club	Boomerang throw (large throw of ribbon w one element of rotation underneath)
static, levels of space, unity	Throw w one rotation and catch (e.g. throw chainé)	Vertical figure of 8 in front and behind	Throw, body rotation, catch in one hand	Handling including rolls and tapping	Rotation of stick around hand
Music					
Left and right hand					



Advanced Coach Accreditation Skills Matrix - Rhythmic Gymnastics Part 2 of 2

Jumps	Balances	Pivots	Waves	Flexibility	Freehand Acrobatics
<p>Ring jumps or leaps with 1 leg (#24) L1</p> <p>Arch jump (#39) L1</p> <p>Cossack jump (#21) L1</p> <p>Scissor jumps (#27) L1</p> <p>Cabriole (#40) L1</p> <p>Stag leap (#16) L1</p> <p>Sauts verticaux en tournant up to 360° (#46) L1</p> <p>Sauts groupés up to 360° (#45) L1</p>	<p>Balance with leg back lower than horizontal (45°) with back bend of the trunk (#3) L1</p> <p>Attitude (#14) L1</p> <p>Balance with leg lower than the horizontal (45°) and trunk bent forward (#2) L1</p> <p>Free leg front at the horizontal and on the knee (#4,31) L1</p> <p>Free leg sideways at the horizontal (second position) (#7) L1</p>	<p><b>PIVOTS "PASSE" L1</b></p> <p>In "passé" position towards inside (inward turn) (#1)</p> <p>In "passé" position towards outside (outward turn) (#1)</p> <p><b>PIVOTS with FREE LEG at the HORIZONTAL L1</b></p> <p>Free leg front or side (in the second position) (#4)</p> <p>Free leg stretched back (Arabesque or Attitude) (#21)</p>	<p>Front and back wave L1</p> <p>Side wave L1</p>	<p>Trunk bent over the leg at the horizontal in different directions: forward, backwards or sideways (#1, #2, &amp; #3) L1</p> <p>Splits with slow turn (180°-360°) with help (#4,6,8) L1</p> <p>Ring with slow turn (180°-360°) with help (#10) L1</p> <p>Circle with help (#14B,C) L1</p> <p>Side splits with trunk at the horizontal with help (#16B) L1</p> <p>Back splits with trunk at the horizontal with help (#18B) L1</p> <p>Penchéé (#20) L1</p> <p>Below the horizontal, support on feet or knees (#29) L1</p> <p>Lying on the stomach (#30B) L1</p> <p>Splits on the floor front or back with side roll (360°) (#33A) L1</p>	<p>Rolls on floor</p> <p>Cartwheels and variations</p> <p>Forward walkovers and variations</p> <p>Backward walkovers and variations</p>

Advanced Coach Accreditation Skills Matrix - Acrobatic Gymnastics

Principles of Acro	Individual Skills	Pair balance	Trio Balance	Pair Dynamic	Trio dynamic	Dance Choreography musicality
Routine development and construction	Round-off	Unsupported handstand tuck/straddle /pike hold	L5 trio supported and unsupported handstand	Foot pitch straight jump	Boost skill, straight jump	Demonstrating floor coverage and use of the 3D space.  Recognise themes and emotions of music by preparing a piece of choreography with varied movements, relationships and accents.
Shaping and specific acrobatic conditioning	Balance - crocodile	base lying down - holding tops foot in tied hands. Top performs various optional PoV	Base in lunge, M in straddle on B's back leg (supporting hand on B's shoulder). T standing on B's shoulders.	Back pike from hands	Platform / pitch layout salto	
Group A handstands	Flex - Healy	Straddle on low candle		Bird pop re-catch	3/4 front salto platform to basket	
Press to handstand	Front handspring	Standing on hands	Base - 1 arm bunk, free arm extended. Middle lies on Base with legs straight, head towards Base's knees. Middle may hold onto Base. Top performs a tuck hold on Middle's feet	Pitch to catch feet	Handstand release to 1/4 to catch in basket	
Split press to handstand	Agility - flic step out	Handstand on shoulders with support from base OR top standing on 1 leg on shoulder of Base				
Straddle Lever	Round-off back handspring	Crocodile on split head/hand	Top performs tuck lever on			
Half Lever	Back tuck salto	Base slide to split / stand to sit	Middles feet. Middle is supported by Base's feet. Base lying, legs straight and vertical. Base and middle hold hands			
	Front tuck salto					

## Appendix 1E: Advanced Silver Coach Accreditation Skills Matrix

The skills matrix lists the skills covered in each Gymsport Advanced Silver Coach Accreditation Course and therefore provides a guideline of skills an Advanced Silver Coach can coach. The skills matrix is not an exhaustive list. An Advanced Silver Coach has the knowledge, skills and ability to coach other skills similar to and with equivalent degree of difficulty to those listed in the table.

Advanced Silver Coach Accreditation Skills Matrix - Women's Artistic Gymnastics							
Floor	Trampoline	Vault	Uneven Bars	Beam	Dance skills	Dance Choreography musicality	
Salto forward. piked with 180°	Salto forward straight. with 180° to 540°	Handspring forward with 360 turn	Giant Swing – Backward, Forward, L grip with 180 and 360 turn	Back handspring in series	2/1 turn in passé (& 3/1)	Advanced ballet barre complex	
Salto forward straight. with 180°	Salto backward straight. with 180° to 720°	Handspring salto forward tucked	Transition skills HB to LB - Overshoot to HS, Pak, Eyova	Back handspring layout step out	1/1 horizontal turn	Advanced floor and beam complex	
Salto forward with 360°	Double salto forward tucked	Tsukahara tucked	Sole circle LB to HB	Handspring backward - 900, 1800	Switch leap	Development of artistry in WAG gymnastics	
Salto forward with 540°	Double salto backward tucked	Handspring salto forward piked	Clear hip hecht LB to HB	Saltos forward – tuck; aerial walkover	Tour jete	Creation of advanced optional beam and floor routines	
Salto backward with 180°	Combination acrobatics	Tsukahara straight	Stalder and Endo circles	Saltos backward - tuck, pike, straight	Straddle 1/2		
Salto backward with 360°		Yurchenko tuck	Clear hip circle to HS - 180 and 360 turn	Saltos sideward – tuck; aerial cartwheel			
Salto backward with 540°		Yurchenko straight	Sole circle to HS - 180 and 360 turn	Dismounts with turns - medium difficulty			
Salto backward with 720°			Inside Stalder to Handstand and with turn	1. Forward straight – 1800, 3600, 5400			
Double salto forward tucked			Flight elements – Tkatchev, Jaeger, Gienger	2. Backward straight – 1800, 3600, 5400, 7200			
Double salto backward tucked			Dismounts – double salto bwd tuck, straight	3. Dismount – gainer straight - variations			
Simple acrobatic series				4. Dismounts with double saltos - tuck			
				Backward dynamic acrobatic connections to dismount			

Advanced Silver Coach Accreditation Skills Matrix - Men's Artistic Gymnastics

Floor	Trampoline	Vault	High Bar	Pommel Horse	Rings	Parallel Bars
Salto forward. piked with 180°	Double back salto	Handspring salto forward tucked	Giant swing forward with turns (180° to over grip, 360° to mixed-grip and el-grip)	Circles in cross support on 1 pommel	Strength holds – cross, L-cross, support lever, swallow, inverted cross	Layout back salto
Salto forward straight. with 180°	Consecutive saltos on long tramp	Tsukahara tucked	Giant swing backward with turns (180° to under-grip and el-grip, 360° to over-grip)	3/3 cross support travels without pommels	Giant swing forward	Handstand turns – forward, backward, hop
Salto forward with 360°	Advanced twisting	Tsukahara straight	Giant swing backward hop to under-grip	Side support travels without pommels	Giant swing backward	Salto forward from support to support
Salto forward with 540°	Using harness	Yurchenko tucked	Giant swing in el-grip hop to under-grip	¼ spindles in succession on mushroom	Honma piked	Salto backward to handstand
Arabian salto		Yurchenko straight	Endo	½ & 1/1 spindle on end in cross support	Double salto backward tucked and straight	Stützkehre
Salto backward with 180°			Stalder	½ turn variations from circles – kehr, wende	Advanced strength complexes	Diamidov
Salto backward with 360°			Double salto backward tucked and straight	360° to 1080° forward, stockli backward, Czechkehr, direct stockli	Salto forward with 180° and 540°	Moy to support
Salto backward with 540°			Gienger salto straight	A and B with and without pommels	Salto backward with 360° and 720°	Giant swing
Salto backward with 720°			Jaeger salto straddled	Hdst. dismount from undercut & flair	Double salto forward tucked	Healy turn to support
Double salto forward			Tkatchev straddled	Scissors with ½ turn forward and backward		Felge (basket) to handstand
Double salto backward			Dislocate (Adler) to handstand			Double salto backward dismount
Connected saltos			Double salto forward tucked			

Advanced Silver Coach Accreditation Skills Matrix - Trampoline & Tumbling

Introduction	Trampoline Skills	Double Mini Trampoline	Synchronised Trampoline	Trampoline Sports Specific Principles	Tumbling skills	Other
Increase of height	Ballouts (back landing salto to feet)	Running drills	Identifying appropriate synchro pairs	Benefits of introducing twisting rotational skills	Double back rotations - tuck, pike and straight	Advanced pass construction
Introduction of puck shape	Rudi ball out	S/S S/S passes	Building good synchro routines	e.g. Full twisting ballouts, FT back cody, etc.	Double with 1/1 in and 1/1 out	Competition preparation
Body preparation - high impact landings	Double twist back salto	Twisting S/S passes		Continuation of cruising drills	Linking to and from tempo saltos	Connecting tumble passes - 8 skill
	Full out - T & Str	Basic single double passes		Biomechanics;	Rudolph	
	Full in Full out - T	Mount and dismount drills		Building time of flight		
	Double front half out	Double, double passes		Rig work - timing for front and back Landings		
	Rudi out - T, P			Use of bungy		
	Full in, half out - T, P & S			Use of pit		
	Half in, half out - T & P					
	Half in, Rudi out - T & P					
	Arabians					

Advanced Silver Coach Accreditation Skills Matrix - Aerobic Gymnastics

Acrobatic skills	Static strength	Dynamic Strength	Turns and split elements	Jumps and Leaps	Choreography
Round-off	1/1 turn in support (L, straddle, V, lever) 1/1 turn straddle support	Plio PU ,Explosive A Frame	Free support balance ( frontal, lateral, vertical split)	1 ½ and 2/1	Create 1/2 or full routine
Headspring	Moldovan 1/1	PU 1/1 to PU	Balance full turn	1 ½ and 2/1 to PU	Insert given elements
Forward Handspring	Straddle planche	Wenson hinge, free Wenson, free Wenson hinge or lateral PU	1 ½ , 2/1 turn	½ turn Forms, ½ and ½	Choreography notes
Back handspring		High V support ½ PU, to split	1/1 horizontal to vertical split	½ turn Forms ½ to split	
Saltos – fwd / bwd / sideways		Double leg circle, Flair	1/1 to vertical split	½ turn Forms ½ to PU	
		Helicopter , Helicopter to split	Free vertical split	Straddle jump	
			Illusion to vertical split	Butterfly	
				Off axis	

Advanced Silver Coach Accreditation Skills Matrix - Rhythmic Gymnastics Part 1 of 2

Jumps	Balances	Pivots	Waves	Flexibility
<b>WITH TAKE OFF FROM 2 FEET</b>	Arabesque on the knee (#38) L2	<b>PIVOTS with FREE LEG above HORIZONTAL L2</b>	Total body wave (#34) L2	Splits with slow turn (180°- 360°) without help (#5, 7,8) L2
Split leaps (#3) L2	Attitude on the knee (#40) L2	Front or side splits with help (#9)	Total wave with spiral (360°) (“tonneau”) on both feet or on one foot) (#35,36) L2	Circle with help and with slow turn (#14D,E) L2
Pike jumps with legs together (#36) L2	Back splits with help (#12) L2	Back splits with ring with help (#29)		Circle without help (#15D,E) L2
<b>WITH TAKE OFF FROM 1 FOOT</b>	Leg in ring position with help (#16) L2			Side splits with trunk at the horizontal with help with slow turn (#16C,D) L2
Pike jumps from one foot (#36) L2	All other variations of free leg front at the horizontal (#4,31) L2	<b>FOUETTE L2</b>		Side splits with trunk at the horizontal without help (#17) L2
<b>FROM 1 FOOT WITH TRAVEL</b>	Front splits with help and on the knee (#5,32) L2	Fouetté in “passé” (#41), attitude or arabesque (free leg at the horizontal or higher)		Back splits with trunk at the horizontal with help with slow turn (#18C,D) L2
Split leaps (#1) L2	Leg sideways at the horizontal (second position) on the knee (#35) L2			Back splits with trunk at the horizontal without help (#19) L2
With ring (#1) L2	Side splits with help and also on the knee (#8,36) L2			Penchéé with slow turn (#20) L2
Split leaps with leg switch (#7,9) L2	Front scale (#23) L2			Front splits with back bend of the trunk (#22) L2
Stag leap with ring L2	Back scale (#20) L2			Front splits with back bend of the trunk with walkover (#22) L2
<b>JUMPS with ROTATION</b>	Side scale (#21) L2			Illusion forward (#25) L2 & Illusion sideways (#26) L2
Sauts verticaux en tournant more than 360° (#46) (L2)				Illusion backwards with circle of the leg in different directions, without full bend of the trunk (#28) L2
Sauts groupés more than 360° (#45) (L2)				Lying or chest (#30D,G) L2
Fouetté (#33,34) L2				Lying or chest with rotation (#31C,D) L2
				Support on the forearms (#32) L2

*Advanced Silver Coach Accreditation Skills Matrix - Rhythmic Gymnastics Part 1 of 2*

Apparatus	Multiples (pairs/trios)
<p>Variety in 'throw and catch'. Risk introduction min. 2 elements with rotation plus additional criteria</p> <p>Body movement difficulties, combinations of several mastery components in one set of dance, new and novel ways of using mastery</p> <p>Fundamental and other technical groups / mastery / risk</p>	<p>Exchanges, collaborations, formations, dynamic elements with rotations</p> <p>Difficulties with exchange, body difficulties, dance, formations, risk, cannon</p> <p>Elite identification (establish an elite criteria by GA)</p>



*Advanced Silver Coach Accreditation Skills Matrix - Acrobatic Gymnastics*

Principles of Acro	Individual Skills	Pair balance	Trio Balance	Pair Dynamic	Trio dynamic	Dance Choreography musicality
Routine requirements	Chest stand	Unsupported and high handstand	B& M Side by side bridge, T in position value >2 (hand to foot )	Front layout overhead throw from thigh OR R/O salto over head	Front layout overhead L6 1C	Musical interpretation
Tariff sheets	Elbow walk over to split	1 ft. to stand in hand (1:1)	B&M, handstand tepee, T in press to handstand	Back layout from hands ≥180 twist	Platform or pitch Back layout ≥180 twist	Variety of music and choreography to communicate a story line or theme
FIG tables of difficulty	Tuck salto to knee	2:2 Standing high	B in bridge, M in semi supported handstand, T in PoV >2 (hand to foot )	Pitch catch bird	Helicopter 2/4 ≥180 OR 4/4 pike to wrap from basket	Selection of leotards/attire to suit the composition of the choreography
Points of support	Split press to handstand	2:2 PoV high candle	B in bridge, M in bridge, T in PoV > 3	Pitch to catch handstand - cascade	Handstand release 3/4 scoop to catch in basket	
Talent identification	Valdez	2:1 straddle on bridge	B in split, M stand on shoulders holding high, T in PoV	Front layout overhead ≥180 twist	Round off double salto	
Group B handstands - overarch and super arch	Flic tuck and flic layout	1 arm back birdie	Top performs tuck lever on Middles 1 foot. Middle is supported by Base's 1 foot. Base lying, legs straight and vertical. Base and middle hold hands	Double salto from pitch or hands	Pitch / platform 4/4 salto ≥360	Demonstrate three choreographed pieces of different styles/themes/story lines
Group C to E handstands jaeger, flag and planche	Handspring front salto	2:1 top PoV		Handspring to handstand	Platform layout re catch	
	Arabian salto	High candle to low (P) Base 180 (p)		Stand in hands re catch - 180 twist re catch or courbette re catch	Handstand on platform, throwing and/or catch in handstand	
	Side salto	1 ft. standing high (1:1) Top optional PoV				
	Straight back salto with 360'	2:2 handstand; PoV with motion 2:1/1:1	B in lunge, M in arch handstand holding B's waist, B supporting under M's thigh, T in PoV hand to body)			
	Layout to split	1 arm inverted split				

## Appendix 2: What can I coach at competition?

**Gymnastics Australia events:** Australian Championships (Table 1), National Clubs Carnival (Table 2) and other international competitions  
**State/Territory events:** Competitions run by the State/Territory Association. Please note that each State has different event requirements. Please refer to additional requirements as set by each State/Territory Association.

An accredited Intermediate, Advanced, Advanced Silver and High Performance Coach can coach at the appropriate events relevant to their level of competency and Gymsport, and should exercise a duty of care to participants. Refer to the table below:

TABLE 1: Requirements for coaching at competition – Australian Championships

As Australian Championships requires a qualification score to enter the event, the skill level is generally higher than club or state events. Therefore, as part of risk reduction and management, the following coach accreditation requirements will be applied for this event.

Sport	Level	Australian Championships Minimum Level	GA Recommended Level
ACR	Level 6	Advanced	Advanced
	International 11-16	Advanced	Advanced
	Level 7-10	Advanced	Advanced Silver
	International 12-18	Advanced Silver	High Performance
	International 13-19	Advanced Silver	High Performance
	Senior	Advanced Silver	High Performance
AER	Level 6	Advanced	Advanced
	Level 7-8 & National Development	Advanced	Advanced Silver
	Level 9-10 & AG 1	Advanced	Advanced Silver
	AG2	Advanced Silver	Advanced Silver
	Senior International	Advanced Silver	High Performance

Sport	Level	Australian Championships Minimum Level	GA Recommended Level
MAG	Level 7 & 8	Advanced Silver	Advanced Silver
	Level 9 & 10	Advanced Silver	Advanced Silver
	Senior	Advanced Silver	High Performance
RG	Level 7-9	Advanced	Advanced Silver
	Sub Junior, Pre-Junior	Advanced	Advanced Silver
	Level 10	Advanced Silver	Advanced Silver
	Junior, Senior	Advanced Silver	High Performance
TRP	Level 6, Youth U13	Advanced	Advanced
	Level 7, Youth U15	Advanced	Advanced Silver
	JNR U17	Advanced	Advanced Silver
	JNR U22	Advanced Silver	High Performance
	Senior International	Advanced Silver	High Performance
TUM	Level 6, Youth U13	Advanced	Advanced
	Level 7, Youth U15	Advanced	Advanced Silver
	JNR U17	Advanced	Advanced Silver
	JNR U22	Advanced Silver	High Performance
	Senior International	Advanced Silver	High Performance
WAG	Level 8-10	Advanced Silver	Advanced Silver
	Future International/ Junior/ Senior	Advanced Silver	High Performance

TABLE 2: Requirements for coaching at competition – National Clubs Carnival

Sport	Level	GA Events Minimum Level	GA Recommended IDEAL Level
ACR	Level 1-3	Intermediate	Intermediate
	Level 4 & 5	<i>Intermediate + ADV Tumbling and Spring Module</i>	Advanced
	Level 6	Advanced	Advanced
	International 11-16	Advanced	Advanced
	Level 7-10	Advanced	Advanced Silver
	International 12-18	Advanced Silver	High Performance
	International 13-19	Advanced Silver	High Performance
	Senior	Advanced Silver	High Performance
AER	L 1-5	Intermediate	Intermediate
	L 6-10	Advanced	Advanced
	Nat. Development	Advanced	Advanced
	AG 1	Advanced	Advanced
	AG2	Advanced Silver	Advanced Silver
	Senior International	Advanced Silver	High Performance
GfA	TeamGym Novice	Intermediate	Intermediate
	TeamGym Intermediate	<i>Intermediate + ADV Tumbling and Spring Module</i>	<i>Intermediate + ADV Tumbling and Spring Module</i>
	TeamGym Advanced	Advanced	Advanced
	TeamGym Open	Advanced	Advanced
	TeamGym International	Advanced	Advanced
	FreeG Speed Run	<i>Intermediate plus Intermediate FreeG Workshop</i>	<i>Intermediate plus Intermediate FreeG Workshop</i>
	FreeG Freestyle - Intermediate	<i>Intermediate plus Intermediate FreeG Workshop</i>	<i>Intermediate plus Intermediate FreeG Workshop</i>
	FreeG Freestyle – Advanced	<i>Intermediate + ADV Tumbling and Spring Module plus Advanced FreeG Workshop</i>	<i>Intermediate + ADV Tumbling and Spring Module plus Advanced FreeG Workshop</i>
	FreeG Freestyle - Elite	<i>Advanced plus Advanced FreeG Workshop</i>	<i>Advanced plus Advanced FreeG Workshop</i>

Sport	Level	GA Events Minimum Level	GA Recommended IDEAL Level
MAG	Level 0-2	Intermediate	Intermediate
	Level 3 & 4	<i>Intermediate + ADV Tumbling and Spring Module</i>	<i>Intermediate + ADV Tumbling and Spring Module</i>
	Level 5 & 6	Advanced	Advanced
	Level 7 & 8	Advanced	Advanced Silver
	Level 9 & 10	Advanced Silver	Advanced Silver
	Senior	Advanced Silver	High Performance
RG	Level 1-4	Intermediate	Intermediate
	Level 5-6	Intermediate	Advanced
	Level 7-9	Advanced	Advanced Silver
	Sub Junior, Pre Junior	Advanced	Advanced Silver
	Level 10	Advanced Silver	Advanced Silver
	Junior, Senior	Advanced Silver	High Performance
TRP / TUM	Level 1-2	Intermediate	Intermediate
	Level 3-4	<i>Intermediate + ADV Tumbling and Spring Module or ADV Module 1 TRP **</i>	<i>Intermediate + ADV Tumbling and Spring Module or ADV Module 1 TRP **</i>
	Level 5	<i>Intermediate + ADV Tumbling and Spring Module or ADV Module 1 TRP **</i>	Advanced
	Level 6, Youth U13	Advanced	Advanced
	Level 7, Youth U15	Advanced	Advanced Silver
	JNR U17	Advanced	Advanced Silver
	JNR U22	Advanced Silver	High Performance
	Senior International	Advanced Silver	High Performance
<b>** Note: The Module 1 for TRP is different to TUM, MAG, WAG, GfA and ACR. The TRP Module 1 must be completed for TRP Coaches</b>			

Sport	Level	GA Events Minimum Level	GA Recommended IDEAL Level
WAG	Level 1-2	Intermediate	Intermediate
	Level 3-4	Intermediate	<i>Intermediate + ADV Tumbling and Spring Module</i>
	Level 5-6	Advanced	Advanced Silver
	Level 7-9	Advanced	Advanced Silver
	Level 10	Advanced Silver	Advanced Silver
	Future International/ Junior/ Senior	Advanced Silver	High Performance

**Additional notes:**

A Beginner Coach can only coach on the competition floor under supervision at state/territory events, relevant to their level of competency (not greater than Intermediate) and Gymsport.

**Exceptions:**

A dance / choreography specialist will be eligible to apply for a competition accreditation for Gymnastics Australia events in the role of a choreographer. Each application will be assessed on a case by case basis. Please note that the accreditation will **ONLY** cover a coach for choreography. The coach must be a Technical Member of Gymnastics Australia and meet criteria to gain the competition accreditation. For further exemptions, please apply in writing to the State/Territory Association for their consideration.

### Appendix 3: Gymsport Specific Information

Please view this table to find out the Gymsport Accreditation(s) required for competition.

Gymsport Competition	Required Accreditations
ACR	Must hold an ACR or GfA Intermediate Accreditation for Levels 1-2 Must hold an ACR Accreditation for all other Levels
AER	Must hold an AER Accreditation Must hold an AER Accreditation for all other Levels
MAG <sup>1</sup>	Must hold a WAG or MAG Accreditation or a GfA Intermediate Accreditation for Levels 1-2 Must hold either a MAG Accreditation for all other Levels
RG	Must hold a RG Accreditation for all Levels
TRP	Must hold a TRP Accreditation for all Levels
TUM <sup>1</sup>	Must hold a TUM, WAG, MAG or GfA Intermediate Accreditation for Levels 1-2 Must hold a TUM Accreditation for all other Levels (please note accreditation conversions in Appendix 4 for WAG and MAG coaches)
WAG <sup>1</sup>	Must hold a MAG or WAG Accreditation or a GfA Intermediate Accreditation for Levels 1-2 Must hold either a WAG Accreditation for all other Levels

<sup>1</sup> The intention is to allow coaches of like apparatus / skills to coach across Gymsports at competition. The coach must ensure that they have the appropriate level of competency. For example, a WAG coach may not have the competency to coach rings.

## Appendix 4: Second Gymsport Accreditation Exemptions

For all Gymsports, a coach who would like to gain a second Advanced Accreditation **will be exempt** from the Online Coaching Principles course, as long as the coach is eligible to gain a second accreditation, e.g. already holds the Intermediate Accreditation for the second Gymsport.

The following tables provide guidelines on exemptions for gaining a second Gymsport Accreditation in specific Gymsports. The State/Territory Association will make the decision based on previous experience, currency of the accreditation and other education based factors. The State/Territory Association can either make the decision to award a second Gymsport accreditation and request GA award the accreditation on the coaches' profile or provide exemptions to gaining a second Gymsport accreditation.

Please contact the State/Territory Association for support. Refer to the tables below.

		Second Gymsport Accreditation to be gained –TUM			
		Intermediate	Advanced	Advanced Silver	High Performance
First / Current Accreditation Held – MAG or WAG	Intermediate	Exemptions to all parts of the accreditation except: <ul style="list-style-type: none"> <li>Intermediate Online TUM Course</li> <li>Intermediate TUM F2F</li> </ul> <p>If the INT coach has completed the Advanced Tumbling and Spring F2F Module 1: Can issue accreditation</p>	Not applicable	Not applicable	Not applicable
	Advanced	Can issue accreditation	Exemptions to all parts of accreditation except: <ul style="list-style-type: none"> <li>Advanced Online TUM Course</li> <li>Tumbling Module 2 F2F</li> </ul>	Not applicable	Not applicable
	Advanced Silver	Can issue accreditation	Can issue accreditation	Exemptions may be available if already hold a FIG Level 2 Certificate (case by case basis)	Not applicable
	High Performance	Can issue accreditation	Can issue accreditation	Exemptions may be available if already hold a FIG Level 2 Certificate (case by case basis)	Exemptions may be available if already hold a FIG Level 3 Certificate (case by case basis)



		Second Gymsport Accreditation to be Gained – MAG or WAG			
		Intermediate	Advanced	Advanced Silver	High Performance
First / Current Accreditation Held – MAG or WAG	Intermediate	Exemptions to all parts of accreditation except: <ul style="list-style-type: none"> <li>• Intermediate Online Gymsport Specific Course</li> <li>• Intermediate F2F</li> </ul>	Not applicable	Not applicable	Not applicable
	Advanced	Exemptions to all parts of the accreditation except: <ul style="list-style-type: none"> <li>• Intermediate Online Gymsport Specific Course</li> <li>• Selected parts of Intermediate F2F</li> </ul>	Exemptions to all parts of accreditation except: <ul style="list-style-type: none"> <li>• Gymsport specific spotting log book</li> <li>• Gymsport specific online course (Theory 2)</li> <li>• Modules 3 &amp; 4 of F2F</li> </ul>	Not applicable	Not applicable
	Advanced Silver	Can issue accreditation	Exemptions to all parts of accreditation except: <ul style="list-style-type: none"> <li>• Gymsport specific spotting log book</li> <li>• Gymsport specific online course (Theory 2)</li> <li>• Modules 3 &amp; 4 of F2F</li> </ul>	Exemptions may be available if already hold a FIG Level 2 Academy Certificate (case by case basis)	Not applicable
	High Performance	Can issue accreditation	Exemptions to all parts of accreditation except: <ul style="list-style-type: none"> <li>• Modules 3 &amp; 4 of F2F</li> </ul>	Exemptions may be available if already hold a FIG Level 2 Certificate (case by case basis)	Exemptions may be available if already hold a FIG Level 3 Certificate (case by case basis)

		Second Gymsport Accreditation to be gained – MAG or WAG			
		Intermediate	Advanced	Advanced Silver	High Performance
First / Current Accreditation Held GfA	Intermediate	Exemptions to all parts of accreditation except: <ul style="list-style-type: none"> <li>Intermediate Online Gymsport Specific Course</li> <li>Intermediate F2F</li> </ul>	Not applicable	Not applicable	Not applicable
	Advanced	Exemptions to all parts of the accreditation except: <ul style="list-style-type: none"> <li>Intermediate Online Gymsport Specific Course</li> <li>Selected parts of Intermediate F2F</li> </ul>	No exemptions apply unless previously completed the Online Advanced Coaching Principles and Advanced Tumbling & Spring F2F Module 1	Not applicable	Not applicable
	Advanced Silver	Not applicable	Not applicable	Not applicable	Not applicable
	High Performance	Not applicable	Not applicable	Not applicable	Not applicable

		Second Gymsport Accreditation to be Gained – GfA			
		Intermediate	Advanced	Advanced Silver	High Performance
First / Current Accreditation Held – MAG / WAG / ACR / TUM	Intermediate	Exemptions to all parts of accreditation except: <ul style="list-style-type: none"> <li>• Intermediate Online GfA Course</li> <li>• Intermediate GfA F2F</li> </ul>	Not applicable	Not applicable	Not applicable
	Advanced	Exemptions to all parts of the accreditation except: <ul style="list-style-type: none"> <li>• Intermediate Online GfA Course</li> <li>• Selected parts of Intermediate F2F</li> </ul>	For accreditations achieved after 2014 or coaches who held Level 2 or higher before transition: can issue accreditation*  All others: exemptions to all parts of accreditation except <ul style="list-style-type: none"> <li>• Advanced GfA Planning Assessment Task*</li> </ul>	Not applicable	Not applicable
	Advanced Silver	Exemptions to all parts of the accreditation except: <ul style="list-style-type: none"> <li>• Intermediate Online GfA Course</li> <li>• Selected parts of Intermediate F2F</li> </ul>	Can issue accreditation*	Not applicable	Not applicable
	High Performance	Exemptions to all parts of the accreditation except: <ul style="list-style-type: none"> <li>• Intermediate Online GfA Course</li> <li>• Selected parts of Intermediate F2F</li> </ul>	Can issue accreditation*	Not applicable	Not applicable

\*Must have a current Intermediate GfA Coach Accreditation and First Aid Certificate