

Gymnastics NSW 2023 Region Sanctioned Competition & Events

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Gymnastics NSW encourages all regions and clubs to run appropriate events across the various Gymsports to assist with engagement and capacity building across the state. Access to regular grassroot competitions, offered at the local level which are easily accessible to athletes and their families, clubs and officials are essential to the growth and development of gymnastics across the community and the support of local clubs and their businesses. Region and local competitions form the basis of life long participation in gymnastics, and the engagement of the community through fun and inspiring events.

To assist regions and clubs in delivering successful and enjoyable events, this document will outline the responsibilities and required documentation to sanction your event.

Organisers, clubs, hosts and committees need to have an implementation plan that flows from the Gymnastics NSW policies and procedures, ensuring compliance with all current regulations and requirements. These guidelines are designed to ensure the safety and health of both the gymnastic and wider community. Working together we all can participate safely.

Any club or region looking to host a competition or event in 2023 must complete the Event Sanctioning Application and must comply with all current government and health restrictions.

Event Definitions

Region Event - Applications due 5pm, Monday 12th December 2022
 A qualifier or non-qualifier hosted by Gymnastics NSW Region Committee. For a region sanctioned event, applications need to come through the Regional Supervisor or nominated representative.

 Applications for regional events will not be accepted through an individual club. Regions must follow

Applications for regional events will <u>not</u> be accepted through an individual club. Regions must follow the qualifying event application process outlined below.

Sanctioned qualifiers are required to be run in MAG, TeamGym, TRP and WAG.

Region Event Process

Prior to the Region requesting to sanction an event, Gymnastics NSW Club and Region Development Officer (CRDO) will meet with the region committee to identify the events the region plans to host within the calendar year. Please refer to the Appendix 1 for details on the events required to be run in each of the regions, as well as helpful calendar planning tools.

Regions must develop a comprehensive competition calendar in conjunction with the CRDOs ensuring they have included all competitions which are required to be held within each region, which does not conflict with the GNSW State Event Calendar. Under extenuating circumstances a Region may apply for the sanctioning and organisation of an event held outside of their Region.

When planning for the competition the Region is required to liaise with the host club in relation to the event hosting costs, capacity limits including spectator numbers, available and required equipment meeting safety standards, any and all current government restrictions and requirements relating to the running of the event and completion of all required documentation. The Region will also liaise with the CRDO to develop the event budget and risk matrix for each of the planned events.



Events Regions are required to host

Each Region and/or Zone (combination of region(s) for the purposes of competition) is required to run a number of sanctioned qualification events across the gymsports which form a vital part of the athlete qualification and selection pathway.

Qualification and selection events are required to be run in MAG, Team Gym, TRP and WAG. If the required qualification competitions are not held within each region, the clubs and athletes from that region will not be eligible to participate in the relevant State trials and State Championship competitions.

Regions will be represented by region teams at the State Championships in MAG, TeamGym, TRP and WAG. Teams selected from region qualification and selection competitions will accumulate points for their region with champion teams and regions awarded in each sport.

Regions are encouraged to run additional competitions or activities particularly in other gymsports and other levels. We encourage regions to consider running events such as:

- preparation and feedback competitions in the lead up to state and national qualification competitions
- friendly participation events
- regional championships

Regions are also required to run lower level events and may consider running out of season events at alternate times during the year to provide opportunities for greater participation in a low pressure environment prior to region selection or qualification events.

Access to regular grassroot competitions, offered at the local level which are easily accessible to athletes and their families, clubs and officials are essential to the growth and development of gymnastics across the community and the support of local clubs and their businesses. Region competitions form the basis of life long participation in gymnastics, and the engagement of the community through fun and inspiring events.

Region Committees and affiliated clubs must adhere to the GNSW competition calendar when seeking sanctioning of events to:

- avoid clashes of dates of important competitions within the same gymsport and level
- respect the State and Australian Championships Qualification calendar
- respect the competitions and activities organised by GNSW

Region Zones

Regions grouped together for competition based on the current competition demographics, the statistical participation trends, the number of clubs within each region, the current and developing workforce capacity including technical expertise and coaching and judging capacity, as well as growth and development within in each region.

Zones can hold multiple events based on the gymsport qualification requirements and selection process. Where multiple events can be held, this is recommended and wherever possible these events should be held across each of the Regions within the Zone to provide local opportunities for participation. Where events cannot be held across the Regions, multiple events can be sanctioned in the same Region which is part of a zone. It is also suggested to consider alternating the host Region for the Zone events each year. The Region in which a Zone competition is held is the 'Host' and sanctioning region for the event, responsible for the event organisation and delivery with the support of the other Regions in the Zone.



Region Event Planning & Requirements

Venue Checks

For <u>all</u> event approvals:

- Venue safety briefing and emergency evacuation plan must have been received by the region and host club and this must be communicated to all participating clubs, as well as on the day.
- You <u>must</u> complete the Equipment Risk Assessment on the provided template which must be completed prior to the commencement of the competition and submitted to GNSW following the event.
- Supply a venue that is suitable to host the event and supply all the competition equipment for the event.
- The region committee members and event coordinators have a duty of care to ensure that the equipment is safe for competition. The event must be conducted in a venue sanctioned by GNSW and the equipment must be, as a minimum standard, safe for competition and safe for the activities that will be performed on it. The minimum safe standard for competition is relative to gymsport, level and activities and modifications to the apparatus specifications as set in the relative ALP/technical regulations or other applicable document may be appropriate for a sanctioned region competition.
- Agreement to complete the Equipment safety checklist document and send through post event.

Region Competition Fees

Please see your CRDO for the minimum and recommended fees for the regional activities. The fee for competitions should be set in consultation with the Regional Committee and the Gymnastics NSW CRDO with the completed event budgets.

Entry Forms and Entries

Regions are required to complete the GNSW Competition Entry form template which has been created by a GNSW staff member. Regions will need to enter the details of the event into the created template and submit the form with their competition sanctioning application.

The competition entry form will be posted on the GNSW website once the event has been sanctioned. Competitions will not be sanctioned if participants from a non-affiliated club participate in the event.

Regions must ensure they communicate to the clubs within their region and that they are aware that it is the club's responsibility to ensure all athletes and officials are current registered members (with the correct level of accreditation) prior to submitting entries, and those officials' technical registrations will still be current on the day of the event. Clubs must ensure that all Coaches and Judges registered for their Club have a current relationship registered at the Club in the Club Admin Portal, on the Tech Member tab before registering them for any event.

All entries will be received by GNSW and forwarded as received onto the regional supervisor or nominated representative. All entries must be completed on the official entry form in excel and submitted through the online link on the GNSW website. Entry forms must be correctly filled out with all requested information. Forms received that are incomplete or incorrectly filled out will not be accepted and the region supervisor or competition administrator will return the entry form to the club for correction and resubmission.

Region competition entries will close a minimum of 3 weeks prior to the competition date. Late entry fees are applicable as per the GNSW Technical Regulations and can be administered at the discretion of the regional supervisor.



All region competitions must be conducted in accordance with the GNSW Technical Regulations, GNSW Terms and Conditions and GNSW Policies. Additional event regulations which are set by the Region for each event(s) must be included on their region competition entry form. Regions should check any proposed Region entry regulation with their Region CRDO prior to completing this section of the competition entry form. Regions are required to include all clubs within their region for their events. Regions may nominate if they are able to accept entries from outside of their designated region/zone based on event capacity.

Judging Panels

It is the responsibility of the region to be familiar with, and adhere to, the judging requirements for event sanctioning. If panels do not meet the minimum standard following the event, GNSW reserves the right to withdraw the sanction.

Regions are responsible for compiling Judges Panels with nominated registered judges. All Judges must have appropriate accreditation for the competition level (refer to specific <u>Gymsport Technical Regulations</u>).

Regions should consult with the relevant Gymsport Judging Coordinator / Judges Assembly for guidance and advice in compiling the Judges Panels for their competition(s).

Final Judges Panels must be submitted to GNSW following the conclusion of the event in the Post-Event documentation.

First-Aid

It is the region's responsibility to source and supply a dedicated first aid officer with a current First Aid and CPR Certificate for the event.

Regions must supply a dedicated first aid area at each event with up to date first aid equipment, ice and icebags.

At competitions regions must complete and submit a Medical Injury Report Form (located on the GNSW Sanctioned Event Information page on the GNSW website) for any incident that occurred at the event. Immediately following the event, copies of all reports must be forwarded to GNSW.

Event Trade Stalls

Regions should consider any trade stalls and suppliers who may be able to attend the sanctioned competitions. Attendance at sanctioned events will be dependent on venue space, capacity and event requirements. If trade and supplier stalls are permitted at the Region Event, GNSW sponsors (Sinalli Sportswear, Sylvia P Leotards and HART Sport) must be offered the right to attend the event. Regions are not permitted to allow suppliers to attend and promote products that conflict with any GNSW commercial or sponsorship agreement or the GNSW Sponsorship policy.

Awards

Region competitions awards must be presented in accordance with structure as set out in the relevant Gymsport Technical Regulations.

Regions may contact GNSW for assistance in ordering and purchasing medals and ribbons for region competitions. Due to lead times regions should identify if they require assistance in this area at the time of competition planning to ensure awards are ordered and received in sufficient time for all events. Regions should contact their CRDO for assistance.

Results and Scoring



Utilise an effective digital result system. Competition scoring and result templates are available for each gymsport.

Results are to be submitted to GNSW with the post-event documentation within 24hrs of the conclusion of the competition. Results must be submitted as electronic copies, in PDF format, ready for posting on the GNSW website. Please ensure that the competition name and date is visible at the top of the results page(s). Competitor personal information (such as Date of Birth) should not be included in results for publishing on the website or in any results sent to clubs.

Region Competition Sanctioning Process

Once event planning is complete the Region should follow the procedure as outlined below.

Region Sanctioning Application Form - <u>Available on the GNSW website</u>

Application forms must be submitted via the online sanctioned event application available on the Sanctioned Competition page on the Gymnastics NSW website. Contained within the submission, the following documents must be prepared and uploaded;

To apply to host a Sanctioned event within the state of NSW, hosts MUST complete all points within the application process. Incomplete applications will be returned.

- 1. Development of Region Competition Calendar- Planning Meeting with Clubs & Committee
- 2. Approval of Region Competition Calendar by GNSW
- 3. Complete Region Sanctioning Application Form for each event
- 4. Complete Sanctioning Documents
 - Emergency Evacuation Plan
 - for a GNSW affiliated club venue (submitted during club affiliation not required to be resubmitted)
 - for non-affiliated club venue an emergency evacuation plan must be submitted.
 - Acknowledgment Region has a copy of the venue evacuation plan and any required venue safety briefing
 - Event Budget to be completed with GNSW CRDO
 - Event Risk Matrix to be completed with GNSW CRDO
 - o Entry Form
- 5. Submit Region Sanctioning Application and Sanctioning Documents
- 6. Application evaluated by GNSW and approval will be granted if all requirements are met.
- Completed competition sanctioning applications must be submitted by 5pm Monday, 12th December 2022.

Region Event Approval Process

Following the submission of the event sanctioning paperwork the documentation will be reviewed for approval.

- Region Sanctioned Events (Qualifying & Non-qualifying Events)
 - For an event to be sanctioned as a qualifier for a NSW State event, the event application <u>must</u> be conducted and completed <u>prior</u> to the published closing date for entries into that respective State event.
 - All applications will be evaluated by GNSW for approval. Once finalised, regions will be notified of their approval/non-approval via email. Approved sanctioned event will be placed on the GNSW Region Activities Calendar on the GNSW website.
 - All region Sanctioned event applications must come through the region supervisor or nominated representative. Applications for region events will not be accepted by individual clubs.



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ALL event sanction application forms must be returned via the official JotForm.

In the event that there is a change to the approved competition (venue, date etc) the region is required to contact their CRDO to discuss this change and provide any addition documentation for the competition to proceed and maintain approved sanctioning status. In some instances the competition may require resanctioning.

Gymnastics NSW has the authority to remove sanctioning of any event if the requirements and conditions of sanctioning are not met.

Post Region Competition Process and Documents

All Documents below must be completed and submit online post event.

On the IMMEDIATE MONDAY after your event, the following information MUST be sent to GNSW:

- 1. Equipment safety checklists (completed before the commencement of the competition)
- 2. Event summary report / reconciliation available online and in Appendix 2.
- **3.** Electronic copies of <u>all</u> results, in PDF format, ready for posting on the GNSW website
 - **a.** Please ensure that the competition name and date is visible at the top of the results page(s) A list of the final judges papels for each session
- **4.** A list of the final judges panels for each session
 - **a.** List must include judges accreditations if this information is not included, GNSW reserves the right to withdraw the sanction
 - **b.** Clubs hosting events risk the disqualification of scores if unqualified judges are on panels at sanctioned events
- 5. A copy of any accident or injury reports relating to the competition

All documents must be submitted by the online jotform.

Region Teams

Introduction

Regions will be represented by region teams at the State Championships in MAG, TeamGym, TRP and WAG. Teams selected from region qualification and selection competitions will accumulate points for their region with champion teams and regions awarded in each sport. Regions are required to select teams in MAG, TRP and WAG. These teams will compete at their respective event as detailed below:

- MAG Level 1-6 at Junior State Championships
- TRP State Levels 1-7 at State Levels Championships
- WAG Level 3 4 at Junior State Championships

Region Team Uniform

Sinalli Sportswear and Sylvia P Leotards are the Official GNSW supplier for all uniform and competition wear including for GNSW Regions. All Region uniform items for competition, squads and promotional usage must be through the official GNSW suppliers. If there are any changes to supplier regions are required to use the current Gymnastics NSW official supplier at the time. No exemptions will be granted for existing or carry-over stock.

MAG, TeamGym and TRP

• Regions are not required to have athletes competing in regions teams in region uniform and gymnasts will compete in club attire.



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- Regions may wish to have a region t-shirt or similar. Where regions have decided to have region items for their team/s such as a t-shirt, these items must only be designed and ordered through Gymnastics NSW official uniform suppliers.
 - \circ $\;$ For outer wear items such as t-shirts or jackets the supplier must be Sinalli Sportswear

WAG

- Regions are not required to have athletes competing in regions teams in region uniform. Regions may decide to compete in club attire.
- Where regions have decided to have region items for their team/s such as a t-shirt or leotard, these items must only be designed and ordered through Gymnastics NSW partner uniform suppliers.
 - For competition wear (leotards and shorts) the supplier must be Sylvia P
 - For outer wear items such as t-shirts or jackets the supplier must be Sinalli Sportswear
- Where a region is implementing a Region leotard (competitive wear item), provision of inclusive uniform options in line with the GNSW uniform guidelines must be provided.

Gymsport Selection Policies

MAG

Each region/zone will hold a region team selection and qualification competition for levels 1-6.

- Selection competitions are recommended to be held on the weekend 26th/27th August (must be held before the 25th September)
- Each region/zone will select 1 team of 5 athletes (minimum 3 athletes) per level (age and open combined as per the below table)

Team	Levels	Team Selection
Level 1	Level 1 OpenLevel 1 Under	Top 5 ranked gymnasts from combined age/open scores at qualification competition
Level 2	Level 2 OpenLevel 2 Under	Top 5 ranked gymnasts from combined age/open scores at qualification competition
Level 3	Level 3 OpenLevel 3 Under	Top 5 ranked gymnasts from combined age/open scores at qualification competition
Level 4	Level 4 OpenLevel 4 Under	Top 5 ranked gymnasts from combined age/open scores at qualification competition
Level 5/6	 Level 5 Open Level 5 Under Level 6 Under 	Top 5 ranked gymnasts from combined age/open scores at qualification competition
Level 6	Level 6 Open	Top 5 ranked gymnasts from combined age/open scores at qualification competition

- No qualification score required for selection to region team, Level 3-6 individuals will be selected for Region teams at the sanctioned Region team qualification event, however must qualify through the GNSW Grand Prix competitions. If an individual is selected to the region team who has not achieved the State Championships qualification score as an individual, the athlete will not be able to attend the State Championships. Under this circumstance the region may fill the team vacancy with the next ranked athlete who has met the qualification criteria from the selection competition.
- Region teams will consist of the top 5 ranked athletes in each division from the region selection event
- Some regions have been combined into competition zones and zone teams are to be selected. Selection will be across the top 5 athletes in the Zone.
 - o Hunter Region
 - Northern Region



- o Inner City
- o Met West Region
- o Southern Zone
 - Outer City Region
 - Southern Region
 - South Coast Region
- Central West and North West Regional NSW Zone
 - Far North Coast
 - North West Region
 - Central West Region
 - Riverina Region
- For the region team competition at the State Championships, a combined team consisting of the Central West region zone and North West regional Zone will be formed. The two zones may hold separate team selection events with the Central West Zone allocated 2 of the available 5 team positions and the North West Zone allocated the remaining 3 team positions. If one of the zones is unable to fill their allocated team positions the positions will be filled by the next ranked athlete/s from the other zone.

TeamGym

Each region will hold a minimum of 2 TeamGym region team selection and qualification competitions.

Regions will select one TeamGym team to represent the region at the State Championships in each of the following divisions:

- Novice
- Intermediate
- Advanced

Regions teams will be selected across the 2 TeamGym region selection and qualifying competitions. The region team in each division will be the team with the highest average score across the 2 selection competitions.

TRP

Each region/zone will hold a minimum of 1 region team selection and qualification competition for State Levels 1-7.

• Each region/zone will select 1 team of 3 athletes (minimum 2 athletes) per level per discipline as per the below table. Teams can be combined gender male/female.

Team	Team Selection
TRP Level 1	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TRP Level 2	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TRP Level 3	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TRP Level 4	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TRP Level 5/6/7	Top 3 ranked gymnasts from combined age/open scores at qualification competition
DMT Level 1	Top 3 ranked gymnasts from combined age/open scores at qualification competition
DMT Level 2	Top 3 ranked gymnasts from combined age/open scores at qualification competition
DMT Level 3	Top 3 ranked gymnasts from combined age/open scores at qualification competition
DMT Level 4	Top 3 ranked gymnasts from combined age/open scores at qualification competition
DMT Level 5/6/7	Top 3 ranked gymnasts from combined age/open scores at qualification competition

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TUM Level 1	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TUM Level 2	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TUM Level 3	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TUM Level 4	Top 3 ranked gymnasts from combined age/open scores at qualification competition
TUM Level 5/6/7	Top 3 ranked gymnasts from combined age/open scores at qualification competition

- Region teams will consist of the top 3 (minimum 2) ranked athletes in each division from the region selection event
- Some regions have been combined into competition zones and zone teams are to be selected. Selection will be across the top 3 athletes in the Zone.
 - o Zone 1
 - Northern Region
 - Inner City Region
 - o Zone 2
 - Met West Region
 - o Zone 3
 - Outer City Region
 - Southern Region
 - South Coast Region
 - o Zone 4
 - Hunter Region
 - North West Region
 - Far North Coast Region
 - o Zone 5
 - Central West Region

WAG

Each region/zone will hold a minimum of 1 region team selection and qualification competition for levels 3 and 4.

- As per the 2023 WAG Technical Regulations regions are required to select 8 teams per level for the Junior State Championships
- No qualification score required for selection to region team, Level 3 and 4 individuals will be selected for Region teams at the sanctioned Region team qualification event
- Region team allocation/order of work is listed in the 2023 WAG Technical Regulations and regions are required to enter their teams with the designated team number according to this draw
- Some regions have been combined into competition zones and zone teams are to be selected
 - \circ Southern
 - o Northern
 - o Met West
 - o Inner City
 - o Outer City
 - o North West
 - o Hunter
 - o South Coast
 - o Far North Coast
 - Central West / Riverina*
 - Central West/Riverina is for the selection of a combined Regions Team for the Level 3 & 4 Region State Championships.
- Regions must fill each team before starting gymnast allocation within the next team (exception for the last teams to be filled where if there are only 6 or 7 gymnasts remaining 2 teams can be formed



- Regions may not set any additional qualification requirements such as a minimum score. Regions are not permitted to select less than the permitted number of positions. E.g. in WAG where 8 teams in Level 3 are eligible to compete, a region may not choose to select and send only 4 teams.
- Where regions have additional gymnasts seeking selection for the State Championships regions may submit these teams to a waiting list. Following finalisation of entries from all regions available positions will be allocated to teams from the waiting list.

When setting the region selection policy (which is required to be submitted as part of the event sanctioning for qualification events), consideration should be given to the following factors:

- Number of selection events to be held and their timing relative to Gymnastics NSW entry timelines for relevant event
 - o Regions may consider having a single selection event or multiple selection events
- Selection Criteria
 - The selection policy should cover what the process of selection will be. Option may include:
 - If it is a single selection event, selection may be straight down the list for the number of available positions
 - If selection is taking part over multiple selection events, the region will need to consider how the selection will take place. Options may include the highest score from each gymnast being used, or the average of the competitions.
 - The selection policy should cover how the gymnasts will be allocated to teams
 - Options may include teams allocated in selection rank order, or by grouping clubs
 - \circ $\;$ Regions should consider if they will accept Special Considerations in team selection $\;$
 - Will there be any provision for special consideration?
 - If no, this needs to be specified
 - If yes, what is this eligibility criteria for consideration
 - Regions are not required to include a provision for special considerations and should carefully consider the implications and application within the required timelines for entry to the NSW State Championships
 - Please note any special considerations for athletes who have not met the GNSW eligibility criteria for the State Championships would also need to submit a request for special consideration to Gymnastics NSW. Applications for considerations are not guaranteed to be accepted.

Provision of Judges for GNSW State Championships Competitions

MAG, TeamGym and TRP

Judges will be supplied by clubs in accordance with the Provision of Judges Policy.

WAG

Regions will be required to nominate 3 judges for each session that they have gymnasts competing in. Where a region has additional teams they will be required to submit 1 judge for each additional team in a session as well as the 3 judges required.







Gymnastics New South Wales

Appendix 1 - Region Event Matrix

Gymsport	Compulsory / Optional	Levels	Regions / Zones	Number of Events	Competition Timing	Recommendations and Considerations
Acrobatic Gymnatics	Optional for regions to consider running	 Level 1-3 Level 4-5 Level 6-10 & Int 	 Southern Northern Met West Inner City Outer City North West Hunter South Coast Riverina Far North Coast Central West Regions may choose to combine and work with other Regions for combined events, delivery, experience and competition. 	1-2 per level	At the discretion of the region, however leading into state calendar events would provide valuable competition preparation	Suggested event formats: Suitable to be held in conjunction with: • Region TeamGym Qualifiers • MAG Level 1-2 Competitions
Aerobic Gymnastics	Optional for regions to consider running	• All	 Far North Coast Hunter Inner City Southern Regions may choose to combine and work with other Regions for combined events, delivery, experience and competition. Regions not listed are encouraged to work with the clubs within their Region as additional clubs have expressed interest and are beginning uptake in AER program delivery. 	1-2 per level	At the discretion of the region, however leading into state calendar events would provide valuable competition preparation	Event delivery and requirements are relatively simple. Events would be suitable to combine with GFA events, ACR and MAG/WAG.

Gymsport	Compulsory / Optional	Levels	Regions / Zones	Number of Events	Competition Timing	Recommendations and Considerations
Gymnastics for All	Compulsory for regions to host	Team Gym	 Southern Northern Met West Inner City Outer City North West Hunter South Coast Riverina Far North Coast Central West 	2 qualification events must be held within each region.	Competitions to Occur Prior to: 25 th September 2023 1 st qualifying event held June - July. 2 nd qualifying event held August - September.	Recommended window for these qualifiers would be Jun - Sept.
	Optional for regions to consider running	 KinderFest GymMix Circuit FreeG Speed Run Group Performance Gymnastics TeamGym Region Festival of Gymnastics – combining 1 or more of these disciplines across a single event. 	 Southern Northern Met West Inner City Outer City North West Hunter South Coast Riverina Far North Coast Central West 	1-2	At the discretion of the region, however leading into state calendar events would provide valuable competition preparation	Consideration should be given to timing of events and school terms. Additional events are sanctioned as non- qualifying events.

Gymsport	Compulsory / Optional	Levels	Regions / Zones	Number of Events	Competition Timing	Recommendations and Considerations
Men's Artistic Gymnastics for ho Difference Content Co	Compulsory for regions to host	 Level 1-6 Special Olympics 	 North West Regional NSW Zone Far North Coast North West Region Hunter Region Hunter Region Inner City Central West Region Central West Region Riverina Region Met West Region Southern Zone Outer City Region Southern Region Southern Region 	Minimum Number of Sanctioned Qualifier Competitions Regions Required to Host: 1 x Level 1-2 (preferred 2 competitions held, 1 at the end of term 1 and 1 at the end of term 2) 1x Level 1-6 for region team selection	Competitions to Occur Prior to: 25 th September 2023 1 compulsory competition for level 1-2 between March – July 1 compulsory 1-6 Region Team Selection competition: recommended held in August	Recommended window for these qualifiers would be March – Sept <i>Please note:</i> <i>Level 1-2 individuals</i> may qualify at a sanctioned region competition. <i>Level 3-6 individuals will</i> be selected for Region teams at the sanctioned Region team qualification event, however must qualify through the GNSW Grand Prix competitions.
	Optional for regions to consider running	 Level 1 Level 2 Special Olympics Level 3-6+ 4x4 Program 	 North West Regional NSW Zone Far North Coast North West Region Hunter Region Northern Region Inner City Central West Region Central West Region Riverina Region Met West Region Southern Zone Outer City Region Southern Region Southern Region 		At the discretion of the region, however leading into state calendar events would provide valuable competition preparation	Recommended to hold 2 Level 1-2 and Special O events within each Region/Zone for qualification. Additional events are sanctioned as non- qualifying events.

Gymsport	Compulsory / Optional	Levels	Regions / Zones	Number of Events	Competition Timing	Recommendations and Considerations
Rhythmic Gymnastics	Optional for regions to consider running	 Level 1-4 Level 5-6 Level 7-8 	 North Zone Northern Met West South Zone Inner City Outer City Outer City Southern Country Zone Far North Coast Hunter South Coast Riverina Central West Country Zone Regions should also consider combining with the applicable North/South Zones. i.e. Northern NSW included in North Zone and Southern NSW included in South Zone 	1-2 per level	At the discretion of the region, however leading into state calendar events would provide valuable competition preparation	Non-qualification invitationals. Preparation events for Intermediate and Junior RG Competition Seasons.

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Gymsport	Compulsory / Optional	Levels	Regions / Zones	Number of Events	Competition Timing	Recommendations and Considerations
Trampoline Gymnastics	Compulsory for regions to host	 State Levels 1 – 7 Special Olympics 	 Zone 1 Northern Region Inner City Region Zone 2 Met West Region Zone 3 Outer City Region Southern Region South Coast Region Zone 4 Hunter Region North West Region Far North Coast Region Zone 5 Central West Region 	Minimum Number of Sanctioned Qualifier Competitions Regions Require to Host:11Recommendation for multiple qualification competitions to be held per Region/Zone.1x Level 1-7 competition required for region team selection	Country Regions: prior to 5 th June 2023 Recommended window for these qualifiers would be Feb - May. <u>Metro Regions</u> : Prior to 3 rd July 2023 Recommended window for these qualifiers would be Mar - Jun.	Recommendation for at least 1 event held March-April and 1 event held May-June. Country Regions: Country Championships entries due 22 nd May 2023. Entries for Country Championships will be accepted for athletes that are entered into the Region events held before the 6th June, pending satisfaction of the qualification criteria.
Trampoline Gymnastics		 State Level 1-7 National Levels Special Olympics 	 Zone 1 Northern Region Inner City Region Zone 2 Met West Region Zone 3 Outer City Region Southern Region Southern Region South Coast Region Zone 4 Hunter Region North West Region Far North Coast Region Zone 5 Central West Region 	Regions and zones should plan to hold at least 2 competitions within their Region/Zone.		Additional events are sanctioned as non- qualifying events. Consideration should be given to hosting additional events in Term 4.

Gymsport	Compulsory / Optional	Levels	Regions / Zones	Number of Events	Competition Timing	Recommendations and Considerations
Women's Artistic Gymnastics	Compulsory for regions to host	 Level 1-2 Level 3 Level 4 Special Olympics 	 Southern Northern Met West Inner City Outer City Outer City North West Hunter South Coast Far North Coast Central West / Riverina* *Central West/Riverina is for the selection of a combined Regions Team for the Level 3 & 4 Region State Championships. 	Minimum Number of Sanctioned Qualifier Competitions Regions Require to Host 3x Level 1-2 (held in term 1, 2 and 3) 1 x Level 3 1 x Level 4	Recommended window for these qualifiers would be Jun – Sept. Level 1-2 Competitions should be held regularly throughout the year. Regions are required to hold 1 event held towards the end of school terms 1, 2 and 3.	Each Region to set their own selection policy and procedure for the selection of their Region teams for the Level 3 & 4 Region State Championships through the sanctioned Region Competitions. Selection of teams to be inline with the WAG Technical Regulations 2023.
Women's Artistic Gymnastics	Optional for regions to consider running	 Level 1-2 Level 3 – 4 & SO Qualifiers Level 5-7 Intermediate Season Preparation Competitions and Invitationals Level 8+ Preparation and Feedback Competitions 	 Southern Northern Met West Inner City Outer City North West Hunter South Coast Far North Coast Central West / Riverina* 		At the discretion of the region, however leading into state calendar events would provide valuable competition preparation Recommended window for these events May-June for preparation for Intermediate State Championships and May – Sept for qualification for State Levels Championships.	Intermediate Season Invitationals (Level 5-7) should be held prior to the Zone State Championship Qualifying events held in July and August. Senior Season invitationals, preparation events and judge feedback competitions (Level 8+) should be held prior to the start of the State Trial competitions at the end of February.

Gymsport	Compulsory / Optional	Levels	Regions / Zones	Number of Events	Competition Timing	Recommendations and Considerations
Region Championships		All Gymsports and Levels	 Southern Northern Met West Inner City Outer City North West Hunter South Coast Riverina Far North Coast Central West 	1 per Gymsport	Term 4 – end Oct - Dec	Each Region required to hold a Region Championships. Consider combining multiple gymsports to be held concurrently. Region Championships can be split across multiple events for different gymsports and different levels within gymsports relative to their competition season. Region Championships can be used as qualifying events when held in line with the sanctioning and qualification requirements for the respective gymsport.

Appendix 2 - Recommended Region Competition Calendar

Туре	Date	Sport	Event	Venue	Closing Date
	January	·			
	Sat, 14 Jan				
	Sun, 15 Jan				
	Sat, 21 Jan				
	Sun, 22 Jan				
REGION	Sat, 28 Jan				00 1
EVENT	Sun, 29 Jan	WAG	WAG Level 8+ Feedback Competition		09-Jan
	February				
REGION	Sat, 04 Feb				10.1
EVENT	Sun, 05 Feb	WAG	WAG Level 8+ Feedback Competition		16-Jan
	Sat, 11 Feb				
GNSW Event	Sun, 12 Feb	GNSW	GNSW 2022 Annual Awards	Doltone House - Darling Island	
		ACR	Acrobatic Gymnastics State Trial 1	SGAC	16-Jan
		AER	Aerobic Gymnastics State Trial 1	PLC Sydney	16-Jan
GNSW	18 - 19 Feb	MAG	Men's Artistic Gymnastics State Trial 1	SGAC	16-Jan
Event	10-19 - 19	RG	Rhythmic Gymnastics State Trial 1	ТВС	16-Jan
		TRP	Trampoline Gymnastics State Trial 1	SGAC	16-Jan
		WAG	Women's Artistic Gymnastics State Trial 1	SGAC	16-Jan
	Sat, 25 Feb				
	Sun, 26 Feb				
	March				
		ACR	Acrobatic Gymnastics State Trial 2	SGAC	16-Jan
		AER	Aerobic Gymnastics State Trial 2	PLC Sydney	16-Jan
GNSW	4 - 5 Mar	MAG	Men's Artistic Gymnastics State Trial 2	SGAC	16-Jan
Event	4 - J Wiai	RG	Rhythmic Gymnastics State Trial 2	ТВС	16-Jan
		TRP	Trampoline Gymnastics State Trial 2	SGAC	16-Jan
		WAG	Women's Artistic Gymnastics State Trial 2	SGAC	16-Jan
REGION	Sat, 11 Mar	TRP	REGION TRP Qualification Competition -		20-Feb
EVENT	Sun, 12 Mar	T IXF	Country & Metro		20-1 60
			NSW State Championships		
GNSW Event	17 - 19 Mar	AER, RG	Aerobic Gymnastics State Championships	Shoalhaven Indoor Sports Centre	16-Jan
Event			Rhythmic Gymnastics State Championships	sports centre	
			NSW State Championships		
			Acrobatic Gymnastics State Championships		
GNSW Event	24 - 26 Mar	ACR, MAG, TRP,	Men's Artistic Gymnastics State Championships	SGAC	16-Jan
		WAG	Trampoline Gymnastics State Championships		
			Women's Artistic Gymnastics State Championships		
	April				
GNSW			Rhythmic Gymnastics State Team		

Туре	Date	Sport	Event	Venue	Closing Date
REGION	Sat, 01 Apr	MAG	MAG Level 1-2 Region Term 1 Invitational		13-Mar
EVENT	Sun, 02 Apr	MAG			15 101
REGION	Sat, 01 Apr	WAG	WAC Lovel 1.2 Decien Term 1 Invitational		13-Mar
EVENT	Sun, 02 Apr		WAG Level 1-2 Region Term 1 Invitational		13-1Viar
DECION	Sat, 01 Apr		REGION TRP Qualification Competition -		
REGION EVENT	Sun, 02 Apr	TRP	Country & Metro		13-Mar
	Fri, 07 Apr				
	Sat, 08 Apr				
	Sun, 09 Apr	Easter			
	Mon, 10				
	Apr				
	Sat, 15 Apr				
	Sun, 16 Apr				
REGION	Sat, 22 Apr	TRP	REGION TRP Qualification Competition -		03-Apr
EVENT	Sun, 23 Apr	INP	Country & Metro		05-Api
	Sat, 22 Apr				
			Men's Artistic Gymnastics Level 6 Border		
GNSW	Sun, 23 Apr	MAG	Challenge Trial	SGAC	20-Feb
Event		WAG	Women's Artistic Gymnastics Level 7 Border Challenge Trial	SGAC	20-Feb
GNSW			Acrobatic Gymnastics State Team		
Event	Sat, 29 Apr	ACR	Training	SGAC	
GNSW Event	Sat, 29 Apr	AER	Aerobic Gymnastics State Team Training	PLC Sydney	
GNSW	3at, 23 Api		Trampoline Gymnastics State Team	r LC Sydney	
Event	Sat, 29 Apr	TRP	Training	SGAC	
GNSW	Corr. 20 A ar		Men's Artistic Gymnastics State Team		
Event GNSW	Sun, 30 Apr	MAG	Training Rhythmic Gymnastics State Team	SGAC	
Event	Sun, 30 Apr	RG	Training	ТВС	
GNSW			Women's Artistic Gymnastics State Team		
Event	Sun, 30 Apr	WAG	Training	SGAC	
	May				
REGION	Sat, 06 May	TRP	REGION TRP Qualification Competition -		17-Apr
EVENT	Sun, 07 May		Country & Metro		
	Sat, 13 May				
	Sun, 14 May				
	Sat, 20 May				
	Sun, 21 May				
REGION	Sat, 27 May	WAG	WAG Level 5-7 Region Invitational		08-May
EVENT	Sun, 28 May				oo may
	June				
REGION	Sat, 03 Jun				15 04
EVENT		GFA	TeamGym Region Qualifier		15-May
	GION Sat, 03 Jun T		REGION TRP Qualification Competition - Country & Metro		
REGION EVENT		TRP			15-May
	Sat, 03 Jun Sat, 04 Jun Sun, 04 Jun				
REGION EVENT			WAG Level 5-7 Region Invitational		15-May
	Sat, 10 Jun				
	Sun, 11 Jun	AER	Aerobic Gymnastics Junior State Trial 2	ТВС	15-May
GNSW	17 - 18 Jun		Rhythmic Gymnastics Multiples Grand		
Event	17 10 Jun	RG	Prix 1	ТВС	15-May

Туре	Date	Sport	Event	Venue	Closing Date
REGION	Sat, 17 Jun	WAG	WAG Level 5-7 Region Invitational		29-May
EVENT	Sun, 18 Jun				25 Way
REGION	Sat, 24 Jun	GFA	TeamGym Region Qualifier		05-lun
EVENT	Sun, 25 Jun				00 5411
REGION	Sat, 24 Jun	MAG	MAG Level 1-2 Region Term 2 Invitational		29-May and
EVENT	Sun, 25 Jun				
REGION	Sat, 24 Jun	TRP	REGION TRP Qualification Competition - Metro ONLY		05-Jun
EVENT	Sun, 25 Jun		MELTO UNLY		
REGION	Sat, 24 Jun	WAG	WAG Level 1-2 Region Term 2 Invitational		05-Jun
EVENT	Sun, 25 Jun				
	July				
	Sat, 01 Jul				
	Sun, 02 Jul				
			NSW Country Championships		
			Acrobatic Gymnastics FreeG		
GNSW		ACR, FreeG, MAG,	Men's Artistic Gymnastics	Armidale City	22.14-
Event	4 - 9 Jul	RG, TG, TRP, WAG	Rhythmic Gymnastics	Gymnastics Club	22-May
			Team Gymnastics		
			Trampoline Gymnastics		
			Women's Artistic Gymnastics		
	Sat, 15 Jul				
	Sun, 16 Jul				
			Acrobatic Gymnastics Intermediate State Trial 1	SGAC	10 100
GNSW		ACR MAG	Men's Artistic Gymnastics Grand Prix	SGAC	19-Jun 19-Jun 19-Jun 19-Jun 19-Jun 15-May 26-Jun
Event	22 - 23 Jul	WAG	Women's Artistic Gymnastics Cland Thi Women's Artistic Gymnastics Level 5-7 Metro State Trial - Zone 1 (Northern, Inner City)	SGAC	
GNSW		AER	Aerobic Gymnastics Junior State Trial 2	ТВС	15-May
Event	29 - 30 Jul	RG	Rhythmic Gymnastics Multiples Grand Prix 2	твс	26-Jun
REGION EVENT	Sat, 29 Jul Sun, 30 Jul	WAG	WAG Level 3-4 Region Team Qualifier 1		10-Jul
	August				
		ACR	Acrobatic Gymnastics Intermediate State	SCAC	10 1
			Trial 2 Men's Artistic Gymnastics Grand Prix	SGAC SGAC	
GNSW	5 - 6 Aug	MAG	Trampoline Gymnastics State Levels		
Event	5 - 0 Aug	TRP	Metro Trial	SGAC	3-Jul
		WAG	Women's Artistic Gymnastics Level 5-7 Metro State Trial - Zone 2 (Met West, Outer City, Southern)	SGAC	3-Jul
GNSW Event	Fri, 11 Aug	AER	AeroSchools State Championships	ТВС	10-Jul
GNSW	Sat, 12 Aug		Junior State Championships Aerobic Gymnastics Junior State	ТВС	10-Jul
Event	Sun, 13 Aug		Championships		
REGION EVENT	Sat, 12 Aug	WAG	WAG Level 3-4 Region Team Qualifier 2		24-Jul
GNSW Event	Sun, 13 Aug 18 - 20 Aug	RG	Intermediate State Championships Rhythmic Gymnastics Intermediate State Championships	твс	17-Jul

Туре	Date	Sport	Event	Venue	Closing Date
REGION	Sat, 19 Aug	GFA	TeamGym Region Qualifier		31-Jul
EVENT	Sun, 20 Aug				
GNSW Event	26 - 27 Aug	ACR, TRP, WAG	Intermediate State Championships Acrobatic Gymnastics Intermediate State Championships Trampoline Gymnastics State Levels Championships Women's Artistic Gymnastics Intermediate State Championships	SGAC	19-Jun 3-Jul
REGION	Sat, 26 Aug	MAG	MAG Level 1-6 Region Team Selection		07-Aug
EVENT	Sun, 27 Aug		Trial (Recommended Date)		
	September				
REGION	Sat, 02 Sep	GFA	TeamGym Region Qualifier		14-Aug
EVENT	Sun, 03 Sep				
REGION	Sat, 02 Sep	WAG	WAG Level 3-4 Region Team Qualifier 3		14-Aug
EVENT	Sun, 03 Sep				
GNSW Event	8 - 10 Sep	MAG, RG, WAG	State Club Championships Rhythmic Gymnastics Multiples State Championships & Grand Prix Final Men's Artistic Gymnastics State Club	SGAC	7-Aug
			Championships Women's Artistic Gymnastics State Club Championships		
GNSW Event	16 - 17 Sep	ACR	Acrobatic Gymnastics Junior State Trial 1	SGAC	14-Aug
REGION	Sat, 16 Sep	MAG	MAG Level 1-6 Region Team Selection		28-Aug
EVENT	Sun, 17 Sep		Trial (Alternate Option)		
REGION	Sat, 16 Sep	WAG	WAG Level 1-2 Region Term 2 Invitational		28-Aug
EVENT	Sun, 17 Sep				
REGION	Sat, 23 Sep	WAG	WAG Level 3-4 Region Team Qualifier 4		04-Sep
EVENT	Sun, 24 Sep				
	Sat, 30 Sep October				
	Sun, 01 Oct				
	Sat, 07 Oct				
	Sun, 08 Oct				
GNSW			Acrobatic Gymnastics Junior State Trial 2	SGAC	14-Aug
Event	14 - 15 Oct	ACR, RG	Rhythmic Gymnastics Junior Invitational	SGAC	14-Aug 28-Aug 28-Aug 04-Sep
REGION	Sat, 21 Oct				04-Sep
EVENT	Sun, 22 Oct	CHAMPIONSHIPS			
GNSW Event	27 - 29 Oct	GFA, MAG, TG,	Junior State Championships Men's Artistic Gymnastics Junior State Championships	SGAC	25-Sep
		WAG	TeamGym State Championships Women's Artistic Gymnastics Level 3 & 4 State Championships		
	November				
REGION	Sat, 04 Nov	REGION	REGION CHAMPIONSHIPS		16-Oct
EVENT	Sun, 05 Nov	CHAMPIONSHIPS			

Туре	Date	Sport	Event	Venue	Closing Date
	11 - 12 Nov	ACR, FreeG, RG, WAG	Junior State Championships		
			Acrobatic Gymnastics Junior State Championships	SGAC	14-Aug
GNSW			FreeG State Championships		9-Oct
Event			Rhythmic Gymnastics Junior State Championships		11-Sep
			Women's Artistic Gymnastics State Levels Championships		9-Oct
REGION	Sat, 18 Nov	REGION	REGION CHAMPIONSHIPS		30-Oct
EVENT	Sun, 19 Nov	CHAMPIONSHIPS			
GNSW	Sat, 25 Nov		Festival of Gymnastics		
Event	GFA Performance Sun, 26 Nov				
REGION	Sat, 25 Nov	REGION	REGION CHAMPIONSHIPS		06-Nov
EVENT	Sun, 26 Nov	CHAMPIONSHIPS			00-100
	December				
GNSW	1.20.	AER, ACR, MAG,	Building for Tomorrow		
Event	1 - 3 Dec	RG, TRP, WAG	International Gymsport Clinic	SGAC	

Appendix 3 – Entries Summary

Entries Summary Template

Region/Club:	
Event:	
Date:	
Actual No of entries:	
Fee for each entry:	

Name of Club	No of Entries	Amount (Inc GST)	Notes
Total			