

Gymnastics NSW

Rhythmic Gymnastics JA Resource Reference

FIG - Fédération Internationale de Gymnastique

- [RG CoP 2017-2020 with Errata Dec. 17](#) (valid through 31 Dec. 2021) – International Rules governing our sport
- [THE RHYTHMIC GYMNASTICS NEWSLETTER](#) – N° 01 March, updated June, November 2018 and June 2019 – clarification to the CoP 2017-2020
- [THE RHYTHMIC GYMNASTICS NEWSLETTER](#) – N° 02 – June 2018 – clarification of the artistic component
- [Execution](#): Artistic Component Updates and Changes 2018
- [Video instructional materials for Judges and Coaches](#) – find it under Quick Link and download

GA - Gymnastics Australia

- [RHYTHMIC GYMNASTICS GYMSPORT TECHNICAL COMMISSIONS PART B](#) – TECHNICAL REGULATIONS 2020
- Rhythmic Gymnastics 2018-2021 Australian Levels Program – can be downloaded through your GA member portal

GNSW - Gymnastics New South Wales

- The following are available on the [Gymnastics New South Wales website](#):
 1. GNSW RG Technical Handbook 2020
 2. NSW- Apparatus 2021- August 2020
 3. GA- ALP Clarifications- June 2020
 4. Stages Program 2020