



Acrobatic Gymnastics Judges Quiz #1

Quiz Link

<https://forms.office.com/Pages/ResponsePage.aspx?id=jV99fXLW9ESghFSUdO3EoSlsn9q8gEtMjAs0qQXeYKRU NFZCVFI1RkZXUTFSMk1aOVNGUUVUREUzNC4u>

Focus

Quiz #1 focuses on deductions with additional general information skills included.

Questions

1. Of the below examples which skills are considered 1 balance element:

A) a 3 second straddle on a base position to a 3 second crocodile without dismounting.

B) A 3 second hold.

C) A mount or motion to a 3 second hold

D) a pyramid with 2 base positions.

2. What category of individuals is a back walk over to splits?

Answer: Category 1

3. How is a score calculated?

Answer: Difficulty + (Execution score x 2) + Artistry score - CJP penalties

4. What is the maximum you can deduct for one element?

A) 1.0

B) 1.0 plus falls

C) 0.5

D) 2.0

5. What is the maximum you can deduct for shape in execution?

Answer: 0.5

6. What would you deduct for a fall in tumbling when 2 out of the three partners land on their bottom in the same skill at the same time?

Answer: 1.0

7. What is the deduction for a fall where a person uses one hand to stabilise themselves?

Answer: 0.5

8. What is the deduction for a "slip"?

Answer: 0.3

9. When do Athletes start performing 3 routines, and what are their labels?

Answer: Level 8; Balance, Dynamic and Combined