

ALP COMPETITIONS

PATHWAY

Foundation Levels 1 - 2	<ul style="list-style-type: none">• Club based competitions• Region sanctioned competitions• Foundations Festival at State Levels Championships
Level 3 - 4	<ul style="list-style-type: none">• Club based competitions• Region sanctioned competitions• Top 40 gymnasts per region qualify for the Junior State Championships to compete in region teams• Gymnasts who do not place in the top 40 in their region or opt to not attend the Junior State Championships are eligible to compete in the State Levels Championships
Level 5 - 7	<ul style="list-style-type: none">• Club based competitions• Region sanctioned competitions• Top 160 gymnasts per Level across the state qualify for the Intermediate State Championships (refer to technical regulations for qualification process)• Gymnasts who do not place in the top 160 in their level or opt to not attend the Intermediate State Championships are eligible to compete in the State Levels Championships• Club opportunity to attend the Gymnastics Australia National Clubs Carnival• Level 7 gymnasts are eligible to compete in the Border Challenge Trial for selection to the Gymnastics Queensland Border Challenge Competition

ALP COMPETITIONS

PATHWAY

Level 8 - 10

- Club based competitions
- Region sanctioned competitions
- State Championships – Top 80 gymnasts per Level from the GNSW state trials qualify for the State Championships (refer to technical regulations for qualification process)
- Gymnasts who do not place in the top 80 in levels 8-10 or opt to not attend the State Championships are eligible to compete in the State Levels Championships
- Club opportunity to attend the Gymnastics Australia National Clubs Carnival
- Eligible for selection for the Australian Championships (refer to Technical Regulations for selection and qualification process)
- Where available Level 10 gymnasts may be selected for a National Levels Tour based on GA selection policy

Future, Junior and Senior International

- Club based competitions
- Region sanctioned competitions
- State Championships – All gymnasts who competed in this level at a State Trial are eligible for the State Championships
- Club opportunity to attend the Gymnastics Australia National Clubs Carnival
- Eligible for selection for the Australian Championships (refer to Technical Regulations for selection and qualification process)
- Eligible for international competitions as per Gymnastics Australia selection policies