

2024 GNSW Competition Music Guidelines

[SUBMIT MUSIC HERE](#)

How to Upload Music

Clubs **MUST** upload music through JotForm, Please follow the steps below. Music files won't be accepted by any other form.

1. Check all music files are named in the correct convention and are in **MP3** format. Music cannot be submitted in another format.
2. Complete club information. (this contact will be notified if there are any issues with your music.)
3. Select which submission this is. Additional submissions and change of music may have fees associated.
4. Complete event name and event date.
5. Upload **ALL** pieces of music for the competition at the same time.

Uploading Additional Music/Changing Pieces of music

If a piece of music needs to be changed or additional pieces need to be uploaded the following process should be followed:

1. Check that changed pieces of music have V2 at the beginning. Changed pieces without this will not be accepted.

E.g. WAG Resubmitted music

V2 First Name Surname Club Level

V2 Mary Smith Super Gym Club 7N

2. Use the same link above to submit music.
3. Select which submission it is - change of music or Additional Submission. If there are both additional pieces and changed pieces, select the most relevant option.
4. Upload **ALL** pieces that need to be uploaded.

Any music being submitted in between State Trials or State Championships should be listed as additional or changed music only.

Late Music, Missing Music and Incorrectly Labelled Music - Penalties

All music must be submitted by the specified deadline for each event. A \$20 penalty per missing piece of music applies to all GNSW competitions for which the music is not submitted and received by the specified deadline.

Incorrectly formatted for labelled music may also incur a \$20 penalty per piece of music.

Pieces of music that get changed or are submitted as additional pieces before the deadline with the correct labelling will not incur a penalty. This also applies where music needs to be changed between trial and state competitions. Any submissions after the deadline will incur the penalty.

How to convert to MP3 Format

If you already have editing software that you use, simply save the track as an mp3 file.

Another option is to use a free audio editor such as Audacity (www.audacityteam.org), which allows for easy editing of the tracks and allows importing of files then exporting the file into mp3 after editing, it also allows you to remove, change or add metadata (properties) to the track when saving.

There are other programs that are batch converters but most of these cost to purchase. An example is Switch which has the ability to convert an entire folder and its sub-folders at the one time.

Australian Championships

All music will need to be re-submitted for all Athletes/Groups that qualify for the State Team to attend Australian Championships. All music will need to be submitted in **WAV** format and labelled as correctly as per Australian Championships naming convention. Music must be submitted (by email or USB) to the relevant ESDO by the conclusion of Senior State Championships. Late Music will be fined from Gymnastics Australia.

Questions?

If you are still having trouble, please contact your EPPO for further assistance:

ACRO - acro@gymnsw.org.au

RG - rg@gymnsw.org.au

AER - aer@gymnsw.org.au

WAG - wg@gymnsw.org.au

GfA - gfa@gymnsw.org.au

MUSIC NAMING GUIDELINES & SUBMISSION DATES

Acrobatics

Naming

Level Category Routine First Names Club

e.g. L10 W3 BAL Jane Sophie Claire Acrotastic

When labelling music please adhere to the following:

- Do not use commas (,), slashes (/), or full stops (.)
 - Do not write the whole word 'Level', use L followed immediately by the level
- Use the following codes to specify the category:
 - W2 - Women's Pair
 - W3 - Women's Group
 - MX - Mixed Pair
 - M2 - Men's Pair
 - M4 - Men's Four
- If submitting music for international stream 'L' is not required for the level, simply state the age category (11-16 not L11-16)
- Do not write the entire routine, use BAL, DYN, or COM in uppercase letters
- Do not write the athletes full name, use first names only in sentence case.

Submission Dates

Competition	Submission Date
Senior Trial 1	Monday 26 th February
Senior State Championships (Changes Only)	Thursday 28 th March
State Team Selection (Changes Only)	Monday 22 nd April
Country Championships	Monday 24 th June
Winter Invitational	Monday 24 th June
Intermediate Trial 1	Monday 15 th July
Intermediate Trial 2 (Changes only)	Friday 2 nd August
Intermediate State Championships (Changes Only)	Friday 16 th August

Aerobics

Naming

First Name Surname_Club_Level Division Category

E.g. Wilma Flinstone_RedRock_L10 Senior Individual

Eg: Group Name_RedRock_AeroDance Senior Team

Submission Dates

Competition	Submission Date
Trial 1	Monday 4 th March
State Championships (Changes Only)	Friday 19 th March
State Team Selection (Changes Only)	Friday 26 th February
Winter Invitational	Monday 24 th June

Gymnastics for All

Naming

Team Gym

Session Number_Run item Number Club Name_Team Name_Division_Apparatus

e.g. S2_7_Club ABC_Superstars_Nov_TUM

Length of Music – refer to program manual per division

Performance

Run Item Number_Club Full Name_Team Name_Division_Display Theme

e.g. 1_Club ABC_Super Dooper_Int_Jungle Book

Refer Information pack re division

When labelling music please adhere to the following:

- Do not write entire division, use abbreviations [Nov, Int]
- Use abbreviations for SMT and TUM in uppercase letters

Submission Dates

Competition	Submission Date
Country Championships	Monday 24 th June
Winter Invitational	Monday 24 th June
Team Gym State Championships	Monday 14 th October
Festival of Gymnastics	Monday 24 th October

Rhythmic

Naming

Individual

First Name Surname, Club, Level/Division, Apparatus

e.g. Samantha Smith, Club Pink, L6Jnr, Hoop

Group

First Names, Club Name, Division, Apparatus

e.g. Samantha Jessica Laura Michelle, Club Pink, Cat 3 Group, Hoop

When labelling music please adhere to the following:

- Do not write the whole word 'Level', use L followed immediately by the level
 - Do not write the whole division, use JNR or SNR only
- If clubs have club set music for Levels 5-8, each music file must be labeled for each gymnast/s routines.

Submission Dates

Competition	Submission Date
Senior Trial 1	Monday 12 th February
Senior Trial 2 (Changes only)	Friday 1 st March
Senior State Championships (Changes Only)	Monday 18 th March
Country Championships	Monday 10 th June
Winter Invitational	Monday 10 th June
Multiples & Development GP 1	Monday 24 th June
Multiples & Development GP 2	Monday 22 nd July
Intermediate State Championships	Monday 5 th August
Multiples & Development State Clubs	Monday 19 th August

Women's

Naming

L 7-10, International, SO L3 & 4 & Masters

First Name Surname Club Level

e.g. Mary Smith Super Gym Club 7N

Submission Dates

Competition	Submission Date
Senior Trial 1	Monday 12 th February
Senior Trial 2 (Changes only)	Friday 1 st March
Senior State Championships (Changes Only)	Monday 25 th March
Border Challenge Trial	Monday 22 nd April
Country Championships (L7-10, SO L3&4 & Masters Only)	Monday 24 th June
Winter Invitational	Monday 24 th June
Level 5-7 Metro State Trial - Zone 2 (Met West, Outer City, Southern)	Monday 15 th July
Level 5-7 Metro State Trial - Zone 1 (Northern, Inner City)	Monday 29 th July
Intermediate State Championships (Changes Only)	Friday 16 th August
State Clubs Championships (L7-10, International & Masters Only)	Monday 26 th August
State Levels Championships (L7-10, SO & Masters Only)	Monday 28 th October

