



2025

Gymnastics NSW Technical Regulations

Section 1 - General Regulations

POLICY NAME: Gymnastics NSW Technical Regulations 2024
DATE OF ISSUE: December 2024
POLICY COVERAGE: All Gymnastics NSW Events & Activities
DATE OF REVIEW: December 2025
CONTROLLING BODY: Gymnastics NSW



Table of Contents

GENERAL INFORMATION	5
Scope and Overview	5
Interpretation	5
Decisions outside of these Regulations	5
Enforcement	5
Review	5
Abbreviations	5
POLICIES AND FORMS	6
Policies	6
Annual Awards	6
Forms	6
GNSW Committee Governance	7
Purpose	7
Function	7
Committee Meetings	8
CLUB REGULATIONS	9
Event Eligibility	9
Athlete Skill Competency	10
Non-NSW Clubs	10
Athlete Minimum Age.....	10
Athlete Registrations	10
Athlete Transfers	11
Multi-Club Registrations	11
Cross and Mixed Club Groups, Teams or Collaborations	11
Qualifying Scores	12
Entry Form Location.....	12
Competition Entry Submission and Closing Dates	13
Payment of Entries	13
Validity of Entries	13
Confirmation of Entries.....	14
Changes to Competition Entry.....	14
Replacement Athlete	14
Late Entries.....	15
Additional Entries	15
NSW Clubs Attending Competitions Outside NSW	15
Coach Nomination for Competitions	16
Club Supply of Judges	16
Club Supply of Volunteers	17
Working with Children Checks.....	17
Event Media Release.....	18
Music Submission	18
Injured Athletes Returning to Competition.....	19
Request for Refunds	19
Summary Table of Fees	20
COACH REGULATIONS	21



Coach Accreditation	21
Acrobatic Gymnastics	22
Aerobic Gymnastics	22
Gymnastics for All	22
Men’s Gymnastics.....	23
Rhythmic Gymnastics.....	23
Trampoline Gymnastics	23
Trampoline Gymnastics - Tumbling	24
Women’s Gymnastics	24
Supervising a Beginner or Fundamental Coach	24
Coach Behaviour	25
Coach Attire	26
Arrival at Events - Entry and Exit Procedures	26
Confirmation of Preparation for Participation - Medical Clearance & Skill Competency	27
Coach Technical Briefings	27
Back Up Music	27
Skills Performed Unsafely	27
Injury and Incident Management - Escalation Process	28
Withdrawals	29
JUDGE REGULATIONS	29
Judge Accreditation	29
Acrobatic Gymnastics	29
Aerobic Gymnastics	29
Gymnastics for All	30
Men’s Gymnastics.....	30
Rhythmic Gymnastics.....	30
Trampoline Gymnastics	30
Women’s Gymnastics	31
Judge Behaviour	31
Judge Attire	31
Judge Technical Briefings	31
Apparatus Safety at Events	32
Judges’ Attendance at Competitions	32
Judges’ Unavailable on the day of Competition	32
Judge Honorarium and Reimbursement of Expenses	33
ATHLETE	34
Athlete Level Progression	34
Athlete Attire	34
Unsportsmanlike Behaviour	35
Athlete Behaviour	35
VOLUNTEER	36
Roles and Responsibilities	36
Volunteer Behaviour	36
Volunteer Attire	36
Volunteer Technical Briefings	37
EVENT REGULATIONS	37
Before an Event	37
Competition Calendar	37



Event Schedule, Order of Work and Queries.....	37
Event Communication.....	38
Apparatus Height Requests	38
During an Event	38
Child Safety and Wellbeing	38
Access to Competition Floor	38
Competition Equipment.....	39
Apparatus Safety.....	39
Movement On and Around the Competition Floor	40
Food and Drink on the Competition Floor	40
Injured Gymnasts.....	40
Mobile Phones	40
Video and Cameras on the Competition Floor	41
Communicating with Athletes During a Routine - Supportive Competition Environment	42
Protests and Technical Queries at Events.....	42
Competition Jury.....	43
Awards	43
Results Verification and Approval.....	44
Rules or Scoring Issues Arising After Competition and Results Approval	44
After the Event	45
Results.....	45
Updating Points.....	45
Sanctioning an Event.....	45
Spectators	45
Spectators – Photos and Videos of Competitions.....	45
Spectator Code of Conduct.....	46
Spectator Tickets.....	47



General Information

Scope and Overview

These regulations apply to all GNSW events/competitions, including region events and sanctioned club competitions in NSW. This section is implemented in conjunction with the Gymsport Regulations and the event information provided by GNSW and its committees.

By documenting competition rules that are clear and concise GNSW aims to ensure that its competitions and events are conducted in a manner that is fair and reasonable.

Interpretation

Whether by error or omission if any of the foregoing regulations require interpretation the original intent of GNSW in the framing of the subject regulation shall prevail.

Decisions outside of these Regulations

GNSW reserves the right to make and enforce a decision outside of the GNSW Technical Regulations where the decision is in the best interest of the sport and the parties involved. All parties affected will be notified as soon as it is feasible and such decisions shall be final and are not to be construed as having set a precedent.

Enforcement

If any of the parties that are affected by the regulations do not comply with the regulations, then GNSW reserves the right to prevent them from attending the event.

Review

These regulations will be reviewed on an annual basis. In addition to the annual review of all policies recommended changes to any policy or regulations may be submitted to the Board for consideration, at any time. In the event that the proposed changes are agreed, the regulations will be amended, and circulated to members via the latest news.

Abbreviations

ALP	Australian Levels Program
CoP	Code of Points
EPPO	Events Pathways and Performance Officer
FIG	Federation International Gymnastics
GA	Gymnastics Australia
GNSW	Gymnastics New South Wales



Policies and Forms

Policies

All participants at a GNSW event agree to abide by GNSW policies, rules and Codes of Behaviour. Technical Members, Volunteers, Committee Members and Athletes should familiarise themselves with GNSW and GA policies, the Australian Levels Program, FIG Code of Points and keep up to date with any additional updates and clarifications.

This list is not exhaustive, and members should familiarise themselves with the policies page on the GNSW Website and GA Website.

- Australian National Anti-Doping Policy
- Awards Policy
- Child Safeguarding Policy
- Acquiring and Displaying Images of Children Policy
- Events Policy
- Judges Policy and Protocols
- Committee & Volunteer Policy
- Discipline Policy
- Grievance Policy
- Selection Policy
- Member Protection Policy

LINK: [GNSW Policies](#)

LINK: [GA Policies](#)

LINK: [FIG Code of Points](#)

LINK: [GNSW Technical Regulations Website](#) - Updates & Clarifications, Competition & Event Forms and Resources

Annual Awards

The Gymnastics NSW Awards Policy can be found on the GNSW Website Policies page. The Awards policy sets out the criteria, nomination and selection method for the annual awards recognising the people who have contributed to gymnastics in New South Wales and excelled in the sport. The Awards recognise the athletes, coaches, clubs, officials and volunteers in the areas of Achievement, Contributed Efforts and Excellence.

LINK: [GNSW Policies](#)

Forms

GNSW Competition and Event Forms can be found on the GNSW Website.

LINK: [GNSW Technical Regulations Website](#)



GNSW Committee Governance

Purpose

Committees exist to promote the technical development of the Gymsports, by furthering and carrying out the purposes and objectives of Gymnastics NSW. The Committee and its members are responsible for providing support to GNSW and other committee members to ensure the organisation meets its goals and objectives.

Committees will develop, implement and administer projects to support and encourage the growth of gymnastics and the technical development of the Gymsport.

Function

- 1) Further and carry out the purposes and objectives of Gymnastics NSW
- 2) Develop, implement and administer projects to support and encourage the growth of gymnastics and the technical development of the Gymsport
- 3) Develop and implement a Gymsport development workplan which focuses on the strategic development and growth of the Gymsport with strong alignment to the Gymnastics NSW Strategic Plan
- 4) Prepare operational policies, programs, and regulations as requested for approval by GNSW
- 5) Review their Gymsport's performance, participation and engagement rates and undertake forward planning in line with the Gymnastics NSW strategic plan outcomes
- 6) Formulate, interpret and publicise the Gymsport programs
- 7) Develop, implement, and review the competition levels program within NSW with a focus on the competition pathway, physical literacy and holistic and safe athlete development
- 8) Provide technical expertise in all levels of judge and coach education including the development of education courses, resources and ongoing professional development
- 9) Provide support and guidance for judges and coaches to support Gymsport programs
- 10) Deliver and contribute to the continuous quality improvement of community development and education activities, workshops, courses and programs
- 11) Where appropriate, develop or advise on selection regulations, guidelines and policies; consult and advise on the selection criteria for the State Championships and State Team for endorsement by GNSW
- 12) Work collaboratively with GNSW staff to foster athlete/participant development and the gymnastics workforce
- 13) Identify Technical Members to be trained to become course presenters and course assessors in both the coaching and judging areas and liaise with the GNSW Education Officer regarding the education requirements of the Gymsport
- 14) Monitor, interpret and communicate national and international trends in Gymnastics and national trends in sport, physical activity and athlete centred development approaches



- 15) Coordinate and regulate the technical regulations at GNSW events, play a leading role in all technical elements of competitions and events and support the delivery of all Gymsport events within NSW
- 16) Conduct competitive and participation focused gymnastics events
- 17) Make suggestions to GNSW with respect to Gymsport matters
- 18) Act as the conduit between the Gymsport community and Gymnastics NSW
- 19) Positively promote the Gymsport and Gymnastics NSW to the community, work collaboratively with Gymnastics NSW and support the committee and Gymnastics NSW decisions to the community
- 20) Raising awareness of and abiding by GNSW policies, procedures, rules and regulations
- 21) In conjunction with GNSW, play a leadership role in advocating for safeguarding and promoting a safe sport for all members
- 22) Work collaboratively with and under the leadership GNSW to foster a safe and inclusive culture in gymnastics
- 23) Foster an athlete-centric culture within the sport

Additional information on Committee Purpose and Function and their Position Descriptions is available on the GNSW Technical Regulations Website.

LINK: [Committee Purpose, Function and Position Descriptions](#)

Committee Meetings

The Committees meet regularly throughout the year. Technical Members who wish to submit an item for discussion at a meeting should complete the online form at least one week prior to the meeting. If this submission is received less than one week prior to the meeting, it will be added to the following scheduled meeting. All items for discussion will be submitted to the relevant Gymsport EPO.

The Committee appointments and elections are held annually. For more information please refer to the Committees Policy.

LINK: [GNSW Committee Meetings - Item for Discussion](#)

LINK: [GNSW Policies](#)



Club Regulations

Event Eligibility

Entry to GNSW events/competitions is open to all GNSW affiliated clubs. Clubs must have affiliated in the relevant Gymsport to enter athletes in the sport's event/competition. Athletes must meet the event criteria set by the relevant NSW Gymsport Committee, including the event qualifying score. Athletes entering GNSW events may only be entered and/or withdrawn by an affiliated club. Clubs must nominate all athletes and coaches on the official entry form and all athlete entries must be accompanied by a current registered coach holding the required accreditation level. Clubs must provide judges for every event for which they submit entries, and they are required to provide volunteers for assigned volunteer roles at events. Clubs must nominate all judges on the relevant event Provision of Judges form and must submit all volunteers to the relevant EPPO.

Athletes and officials (coaches, judges and volunteers) agree that GNSW or any official shall not be deemed to be responsible or liable whether in contract or in tort or under any statute for any injury, illness or any mishap which may be suffered by the athlete/official or be sustained to the property belonging to the athlete/official in, arising from, out of or directly or indirectly connected with any travelling, disciplinary action, participation, training or function of any nature held during the event/competition, or in any way directly or indirectly connected.

Athletes and officials (coaches, judges and volunteers) agree that they shall indemnify and will at all times indemnify and keep GNSW or any official fully indemnified from and against all actions, suits, causes of actions, proceedings, demands, costs and expenses whatsoever which may be taken or made against GNSW or incurred or become payable by GNSW in connection with or arising out of such injury, illness or mishap to the athlete/official or their property or any other matter.

Athletes and officials (coaches, judges and volunteers) acknowledge that GNSW or any official may act as their agent in accruing such expenses and/or doing whatsoever is reasonably necessary for their benefit in connection with or arising out of any such injury, illness, loss, damage or other mishap.

Clubs must ensure they have read the event terms and conditions, the NSW Gymsport Technical Regulations, as well as other associated policies. Clubs must ensure all athletes entered for an event are medically fit and appropriately prepared for competition with the required skill level and competency. Clubs must make sure they have informed athletes and their parents/guardians of the terms and conditions, policies and obtain permission from the athlete and their parent/guardian on their behalf. Through the submission of entries, all parties are acknowledging and accepting the policies and event terms and conditions.

Any club or athlete who has outstanding amounts owing to GNSW may be refused entry to all GNSW events until such time as the account is settled.



Athlete Skill Competency

Clubs and coaches declare by the submission of entries that all athletes under their control entered for an event are appropriately prepared for the event with the required skill level and skill competency and have not been prematurely advanced in level beyond their ability. Gymnasts must be able to demonstrate at least a minimum level of proficiency and safety for each skill, apparatus or event they are entered. The gymnast is expected to include in their exercise only elements that they can perform with complete safety and with a high degree of aesthetic and technical mastery. Gymnasts, clubs and coaches who fail to meet these standards may be removed from the competition floor and/or subject to disciplinary action.

LINK: [Skills Performed Unsafely](#)

Non-NSW Clubs

GNSW may permit outside State or Territory Clubs' entry into any GNSW event where time permits within the schedule. Acceptance of entries will be determined by competition and organisational capacity and requirements. GNSW reserves the right to not accept entries from non-NSW Clubs at its absolute discretion.

Where an ACT club is seeking to enter a NSW event, the ACT athletes must meet all event criteria as set by the relevant NSW Gymsport Committee, as they apply to NSW athletes. This includes meeting the event qualification criteria, qualifying process (including qualifying through NSW region and state trial events, as relevant) and any required qualifying score which has been obtained at a NSW competition in the relevant period.

Visiting clubs accepted into a GNSW event must comply with all rules and regulations as per the GNSW Technical Regulations and Gymsport Technical Regulations. In the case of a NSW State Championships that has an Automatic Entry, interstate clubs must contact the GNSW Events, Pathways and Performance Officer (EPPO) for an entry form. This entry form must be completed and received by the GNSW office no later than 5 weeks prior to the Championships, unless otherwise stated.

Athlete Minimum Age

Participation in any GNSW competition or sanctioned event requires the athlete to be attending school and be turning 6 years of age in the calendar year of competition. This minimum age also governs Region events, and sanctioned club competitions.

Athlete Registrations

All athletes wishing to participate in GNSW competitions and events must be registered financial members of GNSW and Gymnastics Australia (GA) and they must be registered in the National Database with the correct Athlete Coding as per the Gymnastics Australia Athlete Coding Guide in the level at which they will compete at the competition. A membership fee for the appropriate category of athlete must be paid prior to an athlete being entered into a GNSW event.

Clubs who have entered non-registered, non-competitive athletes or athletes registered with the incorrect Athlete Coding at the time of closing date will incur an administration levy of 10% of each individual's entry cost for that event.



Clubs will be notified, via email, of their incorrect registrations, and subsequently issued an invoice for the total Administration Levy. All incorrect registrations will require prompt resolution within 24 hours of notification of the errors. All incorrectly registered athletes must then be fully registered three weeks prior to the GNSW event/competition, including Region events and sanctioned club competitions. Failure to comply will result in those athletes being disqualified from competition, with no refund permitted. Non-transferred athletes do not fall into this category. Athlete transfers must be finalised prior to the set event closing date. For the rules for athletes who are transferring between clubs refer to the section on Transfers.

Athlete Transfers

All athlete transfers are subject to the Gymnastics Australia National Club Administration Policy and GNSW Membership Policy. All athlete transfers must be finalised and registered with the current club prior to the set closing date. Decisions by GNSW pursuant to the GA Policy shall be subject to the GNSW Membership Policy, including the guidelines set out therein, together with the Reasonableness Test.

The transfer policy refers only to competitions. For the purposes of application of the transfer policy only, an event does not include any training sessions, squad sessions, clinics or workshops. As defined for coverage of all other aspects of the GNSW Technical Regulations, an 'Event' includes all competitions, squads, training sessions, workshops, clinics and other activities.

LINK: [GA National Club Administration Policy](#)

LINK: [GNSW Membership Policy](#)

Multi-Club Registrations

Multi-club registrations are subject to the Gymnastics Australia Athlete Multiple-Club Registration Policy and the GNSW Membership Policy. Athletes should only be registered to one club as their primary club in their primary Gymsport. Where an athlete trains for different Gymsports at a different affiliated club, they can apply for a multi-club registration (known as an Ath2 registration). An athlete who has registered a multi-club registration can compete with the relevant secondary club at Gymnastic NSW events. Where an athlete trains for the same Gymsport at multiple clubs they can only compete with the club which is registered as their primary club. Multi-club registrations must be current for the year of competition and be renewed each year.

LINK: [GA National Club Administration Policy](#)

LINK: [GNSW Membership Policy](#)

Cross and Mixed Club Groups, Teams or Collaborations

The formation and entry of cross and/or mixed club groups, teams or collaborations is in accordance with each Gymsports technical regulations and competition division and level entry requirements.

Clubs should refer to the GA Multiple-Club Registration policy for athlete registration guidelines and requirements.



Where cross/mixed club groups, teams or collaborations are permitted under the relevant Gymsport rules:

- Each club is to submit the athletes registered for their club on the club's competition entry form.
- Clubs should indicate on the entry form which athletes are included as part of a cross club or mixed club group/team/collaboration.
- Clubs must identify on their entry form which group/team/collaboration each athlete is a member of, including the full names and clubs of the other group/team/collaboration members.
- The club is responsible for payment of the entry fee for any athlete registered to their club.
- Clubs must indicate with the competition entry, which coach will be supervising the mixed club group at the event. Mixed club groups must identify the primary coach responsible for the group. This identified coach will be the primary contact and authorised person for any matters concerning the groups entry or participation at the event. If the nominated primary coach will not be available at the event, they are to designate their delegate. All coaches (including delegates) must hold the necessary coaching accreditation in accordance with the coach accreditation regulations for their Gymsport and level.
- The mixed club groups primary coach/club is responsible for ensuring all relevant event entry criteria is met in accordance with the entry policy, including but not limited to the submission of music, supply of judge(s), routine and difficulty sheet submission and any required changes to entry or replacement of athletes.

Clubs forming mixed club or cross club groups should ensure there is open and transparent communication and agreement between the clubs of all athletes involved. Clubs must ensure they are abiding by the GNSW Membership Policy.

Refer to Gymsport Technical Regulations for sport specific collaboration regulations.

Qualifying Scores

Athlete entries will only be accepted into GNSW events/competitions on the provision of the required qualifying score, if one is required, plus any other requirements contained within GNSW Technical Regulations. This qualifying score is set by each Gymsport Committee and can be found in the relevant section of the NSW Gymsport Technical Regulations. Qualifying scores must be achieved and submitted by the close of entries for the event, or the published deadline. GNSW reserves the right to amend the due date for submission of a qualifying score in its absolute discretion.

Entry Form Location

All GNSW events will be promoted via the GNSW Website. Event information, including competitor entry forms will be available via the Events calendar section of the website. It is the clubs' responsibility to access these resources in order to take part in the event. All entries must be completed on the official entry form and submitted through the online link on the GNSW website.

LINK: [GNSW Event Calendar](#)

LINK: [GNSW Region Event Calendar](#)



Competition Entry Submission and Closing Dates

Entries are open for submission from the time of publication of the official competition entry form on the GNSW website.

Entries for competitions should be submitted prior to the entry closing date to ensure entries are received before to the close of entries.

Entries for an event must be received in the GNSW office no later than 5pm Sydney time on the closing date shown on the published entry form. Late fees apply for entries submitted after the submission deadline. Please refer to the section of these regulations regarding [Late Entries](#).

Payment of Entries

Invoices for payment will be issued in the week following the close of entries. All invoices must be paid in full within 7 days of issue of the invoice for the entries to remain valid. This payment must be made regardless of whether the club's competitors have paid the club; it is the club's responsibility to manage its own finances and cash flow, not GNSW. Failure to pay by this date may result in the Club being excluded from the competition and refused entry into subsequent events until the account has been finalised.

If clubs fail to make full payment by the due date, athletes will be withdrawn from the competition and removed from the schedule and work orders.

All invoices must be paid in full prior to an event. Clubs are not permitted to short pay invoices due to athletes withdrawing from the competition. Any club who has outstanding amounts owing to GNSW will be refused entry to all GNSW events until such time as the account is settled.

In the case of an Automatic Entry for NSW State Championships, clubs will be required to follow the Automatic Entry process; a list of qualified athletes will be published the day after the final State Trial and clubs will have 24 hours to withdraw any athlete on the list. All remaining athletes will be entered into the respective State Championships with an invoice sent to each Club for the payment of these athletes. An online payment option is linked to the invoice, clubs will be required to pay online, or via direct deposit referencing the invoice number, by the outlined due date for final entries to be valid.

Validity of Entries

Entry forms must be correctly filled out with all requested information. Entries will only be accepted by online submission through the link located on the relevant GNSW event page on the GNSW Website, in digital format on the official GNSW Entry Form. All details provided must be accurate and complete, including athletes and officials' full names as shown in the National Database (Gymnastic Australia Membership system), and the complete Working with Children Check details for all officials 18 and over.

It is the club's responsibility to ensure all athletes and officials are current registered members prior to submitting entries, and those officials' technical registrations will still be current on the day of the event. Clubs must ensure that all Coaches and Judges registered for their Club have a current relationship registered at the Club in the Club Admin Portal, on the Tech Member tab before registering them for any event.



Forms received that are incomplete or incorrectly filled out will not be accepted and will be returned to the club for correction and resubmission. Failure to comply with the entry terms will incur administration levies as outlined in these regulations.

For these entries to be valid the errors or omissions must be rectified, and the forms resubmitted through the online entries link prior to the event closing date. If not received within this time frame, the entries will be deemed invalid and returned to the club. Associated payments will be refunded less 15% Administration Fee.

LINK: [GNSW Events Calendar](#)

LINK: [GNSW Region Events Calendar](#)

Confirmation of Entries

Completed forms must be uploaded through the competition entries link located on the relevant GNSW event page on the GNSW Website. The Gymsport EPPO will confirm entries received upon request. Entries for Region Events should follow the Sanctioned Competition entry submission process and be submitted on the official form on the GNSW website.

LINK: [GNSW Events Calendar](#)

LINK: [GNSW Region Events Calendar](#)

Changes to Competition Entry

Any changes that need to be made to competition entries will incur a \$20 administration fee. Changes include changes to athlete divisions or levels, the members or composition of a team or group and other applicable changes to entries. Changes to entries do not include withdrawals, or late entries. Requests for changes to entries must be made on the official online form on the GNSW website. The administration fee for changes to entries applies per change. No changes will be accepted within 2.5 weeks of the competition date. GNSW reserves the right to accept or reject the changes on the individual merits of the application.

LINK: [Request for Change to Competition Entry](#)

Replacement Athlete

If an athlete who is part of a pair, trio, group or team needs to be withdrawn from an event, the club may replace this athlete in order for the remaining athletes to be able to continue to participate in the event. This is only applicable where the withdrawal of the athlete from the event would result in the withdrawal of all athletes within the pair, trio, group or team if the athlete is not replaced. Any other additional athletes or replacement athletes are considered late entries and the associated late entry policy and fees will apply.

All replacement athletes must be correctly registered at the time of being entered into the event. Clubs must assure that the replacement athletes, along with all athletes in a reformed pair, trio, group or team have sufficient preparation for the level and competition prior to the event to ensure that all members are able to participate safely. Replacement athletes must also comply with the current relevant NSW Gymsport Technical Regulations pertaining to the respective event and any Gymsport Regulations regarding the formation of groups and replacement of athletes and may include qualification requirements.



Replacement athletes must be entered into the event on the online Replacement Athlete Form and submitted no later than 72 hours prior to the start of the first session of the event.

Withdrawn Athletes who are replaced, in accordance with this policy are not eligible for a refund of the entry fee under the refund policy. No additional athlete entry fee will be payable for the replacement athlete. A \$20 administration fee for a change to competition entries will be incurred for each replaced athlete.

LINK: [Replacement Athlete Request](#)

Late Entries

Competition entries must be submitted prior to the listed closing date for the event. Entries can be submitted at any time prior to the closing time and date and do not need to be submitted on the day the event closes. Clubs should plan the submission of entries accordingly to allow sufficient time for any problems encountered such as problems with internet access. GNSW recognises that sometimes entry dates are missed requiring clubs to submit entries after the due date. To encourage all eligible athletes to compete and provide equal opportunity for participation late entries will be accepted up to a week after the closing date. Acceptance of any late entries will only be made if there is an ability for the late entries to be incorporated into the existing event program.

There will be a penalty of \$150 for all late club entries received during this week (the \$150 penalty applies regardless of the number of entries).

Additional Entries

Clubs who have submitted entries on time, who later wish to add additional entries after the closing date to the event will incur a late fee of 50% of each additional athlete's individual entry fee. Additional entries will only be accepted if there is an ability for the late entries to be incorporated into the existing event program. Additional athlete entries must be completed on the official Event Entry Form and submitted through the Event Submission link located on the GNSW Events Calendar for each event.

NO entries will be accepted if submitted more than a week following the close of entries.

All late entries will be considered on a case-by-case basis and GNSW will make the final decision in its absolute discretion as to whether the late entry is accepted or declined.

LINK: [GNSW Events Calendar](#)

NSW Clubs Attending Competitions Outside NSW

Any affiliated club seeking to participate at a competition, display or event outside of NSW must inform GNSW through the Travel Sanction Request form prior to travel. When notifying GNSW, the following information must be provided:

- Event Name, Date & Location
- Gymsport / Level of athletes traveling to the event
- Team Coach / Judge details (if applicable)

Any club or program wishing to compete at international events where an overnight stay is required must, after requesting and gaining endorsement from GNSW, also inform



Gymnastics Australia via email of their intent to travel to the event and seek approval for their participation no later than one month prior to the provisional entry deadline or at least 90 days prior to the anticipated departure date. GNSW and GA will not be held responsible for any costs that the club/program may incur should the application be denied. For further information on the GA Tour Endorsement Application, please refer to the GA Travel Policy.

The club must ensure that any event they are seeking to attend outside of NSW is not conflicting with any GNSW event. Should this occur, the GNSW event will always take precedence and the application will be denied.

Clubs attending events outside of NSW may only compete under their own club and must not be classified as a 'NSW Team' or 'Australian Team'. Athletes and Officials travelling as part of a club trip must only wear their club uniform. Only officially selected GNSW teams may be referred to as 'NSW' and wear NSW State Team Uniform. Only officially selected GA teams may be referred to as 'Australia' and wear the official Australian Team uniform including the National Squad uniform while on official GA trips only.

LINK: [Travel Sanction Request](#)

LINK: [GA Contact Email](#)

LINK: [GA Travel Policy](#)

Coach Nomination for Competitions

Clubs must nominate all coaches on the official coach entry form submitted by the relevant submission date for the event. No entries will be accepted without a suitably qualified and accredited coach. Non-nominated coaches will not be granted accreditation for the event and will not be permitted access to the field of play. All coaches nominated must be in accordance with the coach registration and accreditation requirements. Coaches nominated for their Club must have a current relationship registered at the Club in the Club Admin Portal, on the Tech Member tab.

Requests for additional coach accreditations after the close of entries must be submitted on the official Request for Additional Coach form on the GNSW website. Requests must be submitted no later than 72 hours prior to the start of the first session of the event. All requests for additional coach accreditations will be considered on a case-by-case basis and GNSW will make the final decision as to whether the request is accepted or denied in its absolute discretion.

LINK: [GNSW Coach Accreditation Requirements](#)

LINK: [Request for Additional Coach](#)

LINK: [Supervision of Beginner Coach Request](#)

Club Supply of Judges

Please see the Provision of Judges Policy for full details. The policy outlines the minimum requirements for the supply of judges by a club for an event. It informs affiliated and participating clubs of the discipline process, judging proxy fee and the process for clubs to request exemptions to the requirements. Each Club is required to nominate a judge (at an appropriate accreditation level or higher) for an equivalent number of sessions for which the club has athletes entered, in each competition in accordance with the judge provision ratio. Judges nominated for their Club must have a current relationship registered at the Club in the Club Admin Portal, on the Tech Member tab. Failure to pay the proxy fees may



result in the Club being refused entry into subsequent events until the account has been finalised.

LINK: [Judge Policies and Protocols](#) - PART A Provision of Judges Policy

Club Supply of Volunteers

It is the responsibility of each club to provide volunteers to assist with the necessary duties at each competition. Volunteers are required to assist with duties such as scoring, announcing, music operation, score running, marshalling and other duties. Event volunteer positions are allocated to clubs for each session at a competition in accordance with the volunteer roster. Where a club has been assigned a volunteer role at an event, the club must find and provide a suitable person to fulfil the duty at the event. Clubs are asked to ensure volunteers have a current understanding of the [roles and responsibilities](#) they will be undertaking at the event. The names of all volunteers must be provided to the EPPO by the specified date prior to the event. A proxy fee of \$100 per assigned volunteer position applies for clubs who do not provide volunteers for their assigned positions. Additional penalties may apply for clubs who repeatedly fail to provide volunteers for their assigned positions.

GNSW may accept volunteers (in addition to the provision of volunteers required in accordance with the volunteer roster) for key event positions as satisfaction of the provision of judge policy in its discretion. This discretion may or may not be applied at different events depending upon judge availability and GNSW volunteer requirements. Clubs should ensure they are meeting all requirements for the supply of judges in accordance with the Provision of Judges Policy.

All volunteers nominated by clubs may not be required for every session but must be submitted to the relevant EPPO by the official date and be available to assist if required for the nominated session.

Clubs entering athletes for Trampoline events are required to provide at least ONE (1) Trampoline Spotter for every session the club has athletes competing in the trampoline discipline. All spotters must have participated in a sanctioned spotter's workshop.

Volunteers are required to have a valid and verified Working with Children Check, which must be provided when the volunteer names are submitted.

LINK: [Volunteer Position Descriptions](#)

Working with Children Checks

All coaches, judges, officials, administrators and volunteers over the age of 18 working (either in a paid or volunteer capacity) at Gymnastics New South Wales affiliated clubs, GNSW sanctioned events, and as part of GNSW sanctioned teams must hold a current and valid Working with Children Check (WWCC). All officials must supply their WWCC number, expiry date and date of birth with their nomination to attend any GNSW event. No official will be permitted onto the Field of Play, including the competition floor, warm-up areas, marshalling areas or official spaces without a verified WWCC.

Clubs must ensure that all Coaches and Judges registered for their Club have a current and valid WWCC registered at the Club in the Club Admin Portal, on the WWCC Check tab, before registering them for any event.



It is a requirement at all GNSW Events to provide proof of WWCC upon entry to the event and during the event when asked. Coaches, judges, officials, vendors and volunteers must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC.

LINK: [Child Safeguarding Policy](#)

LINK: [Child Safe Standards](#)

LINK: [Office of the Children's Guardian - Working with Children Check](#) (Information / Application / Renew)

Event Media Release

GNSW advises that there may be official still and video photographers at all GNSW events. Athletes and officials' images may be captured at events, and names will feature in competition documents published on the GNSW website. GNSW and/or their agents reserve the right to use images from these events in publications and promotions and for sale in digital, video and still photograph formats. Captured images may be used for publicity, commercial or promotional purposes including advertising, social media, media and web content. Footage of participants and their routines may also be used for educational purposes, including but not limited to judge education and development. Footage may be retained for ongoing use in judge education.

Member clubs that have athletes, officials or coaches who do not wish to be photographed or filmed must notify GNSW of this in writing on the official Photography Withdrawal Form available on the GNSW website at the time of entry. Event staff should also be notified on the day.

Throughout GNSW competitions and events, Gymnastics NSW will also be capturing footage and images of each participant and their routines for Judging Review Purposes, video footage captured for judging purposes will be used for judging a participant's performance, should a score review be necessary, restricted to GNSW Event Staff, Gymsport Committee and Judges Assembly members and event judges and the footage may be retained at the completion of the event on a case by case basis as deemed necessary. Capturing of images and footage for Judging Review Purposes is a mandatory requirement for all athletes wishing to participate at the event. Should an athlete not wish to comply with this requirement, their participation will be withdrawn by Gymnastics NSW prior to the commencement of the event. In this instance, no refunds on entry fees will be provided.

It is important to note that you can change your mind at any time and ask us to stop using your image publicly by contacting us on integrity@gymnsw.org.au.

LINK: [Photography Withdrawal Form](#)

Music Submission

All optional floor music for any GNSW competition must be submitted via the Competition Music Submission link on the GNSW Website by the specified deadline for each event. A \$20 penalty per missing piece of music applies to all GNSW competitions for which the music is not submitted and received by the specified deadline.



Please refer to the relevant Music Guidelines document for music format and music naming guidelines. All music must be submitted in mp3 format. Incorrectly formatted or labelled music may also incur a \$20 penalty per piece of music.

If a club needs to make changes to any submitted piece of music, the updated/changed music files can be submitted prior to the deadline with the correct labelling without penalty. This also applies where music needs to be changed between trial and state competitions. Any submissions after the deadline for the event will incur the penalty.

Clubs must also ensure an appropriate back-up of all competition music is made available at the event on a device with an auxiliary (AUX) output port (headphone port) in case of technical difficulties.

Selected music must comply with OneMusic regulations. Refer to the OneMusic regulations from Gymnastics Australia for details.

LINK: [GNSW Competition and Event Forms - Music Naming Guidelines and Due Dates](#)

Injured Athletes Returning to Competition

Where an athlete has sustained an injury, either prior to an event or during an event, the club must provide a medical clearance letter for the athlete to participate in any other events in which the athlete has been entered. Injured athletes who have not provided a medical clearance letter to the Gymsport EPPO stating that they have appropriately recovered from the injury and are fit for competition will not be permitted to participate in the event. The clearance letter must state the athlete's recovery from the specific injury and the clearance to compete on the entered event date. This includes State Championship events with an Automatic Entry Process; the club of a qualified athlete who has sustained an injury prior to the State Championships must provide a copy of the medical clearance letter to the Gymsport EPPO before the event, for the athlete to be permitted to participate. The qualified athlete will still be automatically entered into the State Championships unless officially withdrawn by the club but will only be able to participate with the provision of the medical clearance. Medical certificates will only be accepted from the athlete's treating practitioner which must be a Doctor of Medicine or a Physiotherapist. Medical clearances must be received by the GNSW no later than 72-hours prior to the start of the first session of the event.

Request for Refunds

Requests for refunds may only be submitted by clubs. All requests must be submitted via the online form, with all supporting documents, within 7 days of the conclusion of the event. Any requests received after this period will not be considered.

The refunding of athlete entry fee is possible only under the following circumstances:

- An athlete's ill health and subsequent inability to participate in the event. This refund will be made on the provision of a Doctors certificate attached to the official GNSW Request for Refund form within 7 days of the conclusion of the event. Certificates presented after 7 days of competition will not be accepted. A 15% Administration fee will be deducted from the refund. Medical certificates will only be accepted from a Doctor of Medicine, Doctor of Chiropractic or a Physiotherapist.
- Should an injured athlete be part of a team/pair/trio, forcing the team/trio/pair to be withdrawn, the non-injured team members are entitled to a 100% refund of their entry



fees. Only the injured participant will be deducted the 15% Administration fee from the refund provided the terms of submission of the Request for Refund are met by the injured athlete.

- An athlete's selection onto a Gymnastics Australia team prevents them from competing at an event that is entered prior to selection onto the Gymnastics Australia team. Evidence of selection must be provided with request for refund.
- Clubs may submit a written request for refund appeal for circumstances outside the above mentioned terms. GNSW reserves the right to the final decision on all requests. All requests must be received in writing, with all supporting documents, to the Event Manager or Gymsport EPP0 within the 7 days of competition conclusion. All request appeals received after this period will not be considered.

Athletes who are withdrawn and replaced by a reserve athlete under the Replacement Athlete policy are not eligible for a refund of the event entry fee.

LINK: [Request for Refund](#)

Summary Table of Fees

Item	Fee
Unregistered / incorrectly registered athletes, coaches or judges	10% of entry fee
Changes to entries	\$20 per change
Late Entries	\$150
Additional athlete entry after close of entries	50% of additional athlete individual entry fee
Volunteer Proxy Fee	\$100 per volunteer
Late Music Submission	\$20 per piece of music
Changes to music submission after deadline	\$20 per piece of music
Incorrectly formatted or labelled music	\$20 per piece of music
Judging Proxy Fee	\$250 per judge, per session
Late Submission of Provision of Judges form	\$100
Change of nominated Judge	\$20 per change
Withdrawal of judge without provision of replacement judge	\$250 proxy fee + \$100 admin fee



Coach Regulations

Coach Accreditation

All coaches entered to take part in a GNSW event/competition must be registered technical members of GNSW and GA at the time of the event. Coaches must be appropriately accredited in the specific Gymsport to coach the level of athlete at that event and are required to take responsibility for the safety of their athletes for the duration of the event.

Coaches are also required to hold an appropriate accreditation, as per the coach accreditation policy, to coach athletes in a training environment.

Coaches must ensure at all times that they have the appropriate level of competency for the level of athlete, gymsport and skills they are coaching. Coach accreditation requirements represent the minimum accreditation required to coach on the competition floor. A coach holding the minimum accreditation level may not be accredited to coach all skills that an athlete may perform within that gymsport/level/division. Coaches must only coach to their relevant level of competency and exercise a duty of care to participants. Through the entry form nomination of coaches, clubs and coaches are acknowledging that they hold the appropriate level of competency to coach each session listed at a competition they are entered for.

Clubs are responsible for nominating all coaches for events in accordance with the regulations. Clubs are responsible for ensuring coaches nominated for their Club have a current relationship registered at the Club in the Club Admin Portal (Gymnastics Australia Membership system). Coaches should refer to the Coach Nomination for Competitions regulations.

Coaches should refer to the NSW Technical Regulations Website and Gymsport Technical rules for information with respect to the minimum accreditation requirements to coach at an event.

Coaches are required to have their Technical Membership accreditation with them at all events. Failure to do so, or being unregistered, will result in being removed from the competition floor. If a replacement coach from the same club is unavailable, gymnasts may not be able to participate in the competition.

Coaches may require higher levels of accreditation to be selected onto a state team or to coach at an Interstate or National Level event.

LINK: [Coach Nomination for Competitions](#)

LINK: [Request for Supervision of a Beginner Coach](#)

LINK: [GA Coach Accreditation Policy](#)



Acrobatic Gymnastics

Must hold an ACR Accreditation for all levels.

Level	Minimum
Level 1-2	Intermediate*
Level 3	Intermediate
Level 4-5	Intermediate + ADV Mod 1
Level 6-10	Advanced
International 11-16	Advanced
International 12-18	Advanced Silver
International 13-19	Advanced Silver
Senior International	Advanced Silver

*For Level 1-2 only, coaches can also hold a GfA Intermediate Accreditation.

Aerobic Gymnastics

Must hold an AER Accreditation for all levels.

Level	Minimum
Level 1-5	Intermediate
Level 6	Advanced
Level 7-8 & National Development	Advanced
Level 9-10 & Age Group	Advanced
Junior / Senior International	Advanced Silver

Gymnastics for All

Must hold a GfA, MAG or WAG Accreditation for all levels: The intention is to allow coaches "of like" apparatus/skills to coach across Gymsports at competitions. The coach must ensure that they have the appropriate level of competency. For example, a MAG or WAG coach may not have the competency to coach all skills being performed. Through the entry form nomination of coaches, clubs and coaches are acknowledging that they hold the appropriate level of competency to coach each session listed at a competition where there is a crossover Gymsport accreditations.

Level	Minimum
TeamGym Novice	Intermediate
TeamGym Intermediate	Intermediate
TeamGym Advanced / Open / International	Advanced
FreeG Speed Run	Intermediate + Intermediate FreeG Workshop
FreeG FreeStyle - Intermediate	Intermediate + Intermediate FreeG Workshop
FreeG FreeStyle - Advanced	Intermediate + ADV Mod 1 + Advanced FreeG Workshop
FreeG FreeStyle - Elite	Advanced + Advanced FreeG Workshop

Coach accreditation requirements are minimum requirements. For divisions and levels where athletes can perform salto elements, or more advanced skills, coaches will be required to hold a higher level of accreditation in line with the accreditation skill matrix and level of competency. For Additional Coach Accreditation Regulations please refer to the GfA Regulations Section.



Men's Gymnastics

Must hold a MAG Accreditation for Level 7-Senior International.

Must hold a MAG or WAG Accreditation for levels 1-6: The intention is to allow coaches "of like" apparatus/skills to coach across Gymsports at competitions. The coach must ensure that they have the appropriate level of competency. For example, a WAG coach may not have the competency to coach rings. Through the entry form nomination of coaches, clubs and coaches are acknowledging that they hold the appropriate level of competency to coach each session listed at a competition where there is a crossover Gymsport accreditations.

Level	Minimum
Level 1-2	Intermediate*
Level 3	Intermediate
Level 4	Intermediate + ADV Mod 1
Level 5-8	Advanced
Level 9-Senior International	Advanced Silver

*For Level 1-2 only, coaches can also hold a GfA Intermediate Accreditation.

Rhythmic Gymnastics

Must hold an RG Accreditation for all levels.

Level	Minimum
Development / Level 1-6	Intermediate
Multiples	Intermediate
Level 7-9	Advanced
Sub Junior - Pre Junior	Advanced
Level 10	Advanced Silver
Junior - Senior International	Advanced Silver

Trampoline Gymnastics

Must hold an TRP Accreditation for all levels.

Level	Minimum
Level 1-2	Intermediate
Level 3-4	Intermediate + ADV Mod 1 TRP
Level 5-7, Youth U13 & Youth U15	Advanced
Junior U17	Advanced
Junior U22	Advanced Silver
Senior International	Advanced Silver



Trampoline Gymnastics - Tumbling

Must hold a TUM, MAG or WAG Accreditation for all levels: The intention is to allow coaches "of like" apparatus/skills to coach across Gymsports at competitions. The coach must ensure that they have the appropriate level of competency. For example, a MAG or WAG coach may not have the competency to coach all skills being performed. Through the entry form nomination of coaches, clubs and coaches are acknowledging that they hold the appropriate level of competency to coach each session listed at a competition where there is a crossover Gymsport accreditations.

Level	Minimum
Level 1-2	Intermediate
Level 3-4	Intermediate + ADV Mod 1
Level 5-7, Youth U13 & Youth U15	Advanced
Junior U17	Advanced
Junior U22	Advanced Silver
Senior International	Advanced Silver

Women's Gymnastics

Must hold a WAG Accreditation for Level 8-Senior International.

Must hold a MAG or WAG Accreditation for levels 1-7: The intention is to allow coaches "of like" apparatus/skills to coach across Gymsports at competitions. The coach must ensure that they have the appropriate level of competency. For example, a MAG coach may not have the competency to coach beam. Through the entry form nomination of coaches, clubs and coaches are acknowledging that they hold the appropriate level of competency to coach each session listed at a competition where there is a crossover Gymsport accreditations.

Level	Minimum
Level 1-4	Intermediate
Level 5-9	Advanced
Level 10	Advanced Silver
Future / Junior / Senior International	Advanced Silver

*For Level 1-2 only, coaches can also hold a GfA Intermediate Accreditation.

Supervising a Beginner or Fundamental Coach

A Beginner or Fundamental Coach can only coach on the competition floor for Levels 1 and 2, relevant to their level of competency and Gymsport.

A beginner/fundamental coach must be under the direct supervision of an appropriately qualified certified supervising coach, who is responsible for and must remain with the athletes at all times.

Minimum requirements for a certified Supervising Coach:

- Current Technical Member
- Current Coach Accreditation at Intermediate Level or above in relevant Gymsport
- Successful completion of the Gymnastics Australia Online Supervisor Training course

The supervising coach must ensure the Beginner/Fundamental coach is supervised at all times and must exercise a duty of care to the athletes.



Requests to Supervise a Beginner/Fundamental Coach on the competition floor for a Level 1 and/or 2 competition must be submitted on the official form on the GNSW website.

No supervised coaches are permitted on the competition floor for any other levels.

Coach Behaviour

Coaches are governed by the 'NSW Coach Code of Behaviour' policy found on the GNSW Website. Any coach who is found to be in breach of these rules will be warned by Competition Coordinator/Technical Director or EPPO. Further infringements will result in the coach being removed from the competition arena for the duration of the competition.

The code of conduct and behaviour requirements apply to all events and activities conducted by GNSW.

Coaches are responsible for training their gymnasts in gymnastic etiquette and to behave with sportsmanship and cooperation during competition.

Coaches must not act in an intimidating or un-sportsperson like manner. Intimidating or un-sportsperson like behaviour as observed by officials, judges, or competition jury will be reported to the GNSW EPPO / Floor Manager. Un-sportsperson like behaviour towards judges, gymnasts, or officials will incur the following consequences:

- 1. First Warning (known as a YELLOW CARD) - Coach notified by EPPO / Floor Manager.**
- 2. Second Warning (known as a RED CARD) - Coach is removed from the competition floor.**

Note:

- At the discretion of the competition manager, if there is no other club coach available for the gymnasts, the red carded coach may remain on the competition floor in fairness for the gymnasts. However, the offending coach will then be ineligible for accreditation for the next GNSW sanctioned event their gymnasts enter. If the coach continues their un-sportsperson like behaviour, they will then be removed from the floor as well as the gymnasts.
- Significant breaches of the code of conduct will see the coach removed immediately from the competition floor even if there is no coach available to supervise the gymnasts in that session. Where there is no coach available, the gymnasts will also be removed.
- Abusive behaviour towards judges, gymnasts or officials will incur an automatic red card, with no additional warnings, and the Coach will be removed from the competition floor.
- These penalties will be upheld throughout the entirety of the competition and any coach removed due to a red card, may not attend any following sessions for that event.

Un-sportsperson like behaviours, in addition to the above carding, will be referred to the GNSW CEO and the GNSW Board for further action which may include, but is not limited by the following:

- Be banned from future competitions for a period of time
- Apologise to the offended parties
- Disqualified from membership to any State Team
- Or any other reasonable and appropriate sanction

The offender has the right of appeal as provided by the Association

LINK: [GNSW Coach Code of Behaviour](#)



Coach Attire

To ensure professional presentation, all coaches attending GNSW event/competition must be suitably attired and adhere to all GNSW rules and regulations. Coaches who do not meet these guidelines may be refused entry onto the competition arena.

All coaches at an event are required to be in the following approved attire:

- Club Tracksuit (tracksuit pants, tracksuit jacket, club sweat shirt or hoodie)
- Club T-shirt or Polo Shirt.
- Respectable club branded shorts (at least mid-thigh length and in keeping with club colours) are allowed.
- Appropriate closed toe footwear must be worn at all times (runners or trainers).

The following attires is not approved and will not be permitted into the warm-up or competition area:

- Bike pants, cargo pants or cargo shorts, leggings, street wear, singlet or short tops are unacceptable on the competition floor.
- NSW State uniform (past or current).
- Ugg Boots.
- Thongs, crocs, street shoes or bare feet.
- Hats.

Coaches must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC.

Arrival at Events - Entry and Exit Procedures

Clubs must organise a meeting point outside the venue where the parents will meet the coaches and drop-off their gymnasts. This point must not be the entrance door or within any ingress/egress points or thoroughfares which must be kept clear and free of congestion at all times. Coaches are to collect their gymnasts at this meeting point and will escort their group of gymnasts into the venue and sign-in for the session they are entering. Athletes must not enter the venue without their coach.

Athletes and officials cannot enter the Competition zones of a venue including the marshalling areas, warm-up spaces, officials' zones and field of play earlier than the designated time prior to their session. If a previous session is running late, athletes and officials cannot enter the venue before the participants and officials of the previous session have departed. Participants who arrive early should wait in an appropriate space outside the venue. Gymnasts are not allowed to enter the warm-up area without a coach and cannot commence warm up until the specified time.

At the conclusion of each event session, the club coach must escort all their athletes from the competition zones outside the venue through the designated exit to the club meeting point for collection by the athlete's parent/guardian(s). Coaches and officials must ensure that they and their athletes have all their belongings with them before the group leave the venue, and that the venue has been left clean and tidy.

The athletes will remain the responsibility of the coach from the time that they are dropped-off by their parents until they are collected by their parents after the end of the session from the club meeting point.



Parents/guardians and spectators must not enter any athlete or official zones. Participant and spectator groups to remain separate at all times. Clubs are responsible for ensuring the parents from their club are aware of the rules and remain off the field of play and official zones.

Confirmation of Preparation for Participation - Medical Clearance & Skill Competency

Each coach must confirm that all athletes under their control are medically fit when signing in on the coach attendance register upon arrival at the event. With the commencement of warm-up and competition for each athlete, clubs and coaches acknowledge and declare that all athletes under their control at an event are physically and medically fit to take part in the event and have no current or previous medical conditions which will affect their participation and that each athlete is appropriately prepared for competition with the required preparation, skill development, skill level and competency.

Coach Technical Briefings

A coaches technical briefing will occur prior to the start of each competition. The coaches technical briefing may be held online or through a digital platform in the lead-up to the event starting date. It is required that a minimum of one coach per competing club be in attendance at this meeting. Clubs not attending the technical and safety briefing will be withdrawn from the event. Attending coaches must relay all information to any other coaches from that club who will be attending the competition or who may be assisting on the competition floor. All coaches have a responsibility to ensure they are aware of all policies, procedures and all information provided in the technical briefing and to ensure they have received the event information from their club representative.

Additional coach technical briefings may be held prior to each competition session. It is required that a minimum of one coach per competing club be in attendance at these meetings to relay all information to other coaches from their club. Coaches are required to attend the coaches briefing for each session they have athletes participating throughout the event.

Additional competition session information for coaches may be communicated electronically prior to the start of a competition session or during a competition session if required. It is the responsibility of each coach who will be coaching during an event to ensure they have read the information prior to the event.

Back Up Music

Coaches must ensure an appropriate back-up of all competition music is made available at the event on a device (such as a mobile phone) with an auxiliary (AUX) output port (headphone port) in case of technical difficulties. Back-up music must not be provided on USB.

Skills Performed Unsafely

The athlete is expected to include in their exercise only elements that they can perform with complete safety and with a high degree of aesthetic and technical mastery. Coaches may be advised by the Competition Jury or GNSW Event Management to withdraw an unsafe skill



from an athlete's routine if the Apparatus Jury, in consultation with the Competition Jury and/or GNSW Event Management, deems the skill unsafe. If the coach receives such advice, the skill must not be performed in the competition. If the skill is performed against advice the athlete will be disqualified from the competition and the coach may be asked to leave the competition floor and/or subject to disciplinary action.

LINK: [Judges Policy and Protocols](#) - PART E Judge Gymnast Safety Protocol

Injury and Incident Management - Escalation Process

All coaches on the competition floor are required to hold a current First Aid certificate in accordance with their level of accreditation. In the event of an injury or other accident at a GNSW event the GNSW Event Escalation Process will be followed. The Designated First Aid Officer (DFO) shall implement treatment in accordance with first aid training. At GNSW events the DFO will usually be the event physiotherapist if present, or if not present, will be the senior staff member present or their delegate.

Athletes who have a diagnosed health care need, allergy or relevant medical condition at events must have with them their medical management plan and any prescribed or emergency medication. This includes for conditions including but not limited to asthma, diabetes and athletes diagnosed at risk of anaphylaxis.

Should a gymnast sustain an injury during the competition or warm-up time, the coach is responsible for alerting the Designated First Aid Officer and the GNSW staff member in the first instance. The coach is responsible for taking the gymnast to the first aid station or calling for assistance as necessary. In the event of a serious accident, the injured person must not be moved by any person other than the DFO unless it is a life-threatening situation. Keep the injured/unwell person calm and wait for the DFO to arrive.

The instructions of the DFO and Event Management must be followed. The Event Manager will ensure that all gymnasts are appropriately supervised and moved away from the incident, if considered appropriate by the Event Manager. This may require the Event Manager asking a nearby coach to supervise the gymnasts from the club of the injured athlete while the coach remains with the injured athlete. The Event Manager shall conduct a risk assessment of the competition to determine whether it is safe for the event to proceed. In the event of a critical situation, the Event Manager will take all reasonable steps, actions and provide directions as they determine to ensure the interests, wellbeing and safety of all parties.

The club/coach of the injured athlete should notify and liaise with the parent/guardian of the injured athlete to provide information as required and to keep relevant parties informed. If the parent/guardian is at the venue, the coach should liaise with them in the designated spectator zones. No unaccredited persons are permitted entry onto the competition floor. In the event an unaccredited person is required to enter the competition area, this will be under the direction of the GNSW management.

The Designated First Aid Officer will complete an Injury Report Form. The athletes' coach and witnesses will be required to complete attached statements. The reports should be completed as soon as possible following the incident. The privacy of all parties will be respected at all times and no non-essential information will be disclosed, subject to the need to comply with GNSW policies, and/or the need to fully investigate the matter and/or any legal requirements for disclosure.



LINK: [GNSW Escalation Process](#)

Withdrawals

It is then the responsibility of the club coach to inform the Event Manager of any withdrawn athletes. The name of any athlete, who has been entered but is unable to compete, must be given to the EPPO/Event Manager prior to the end of general warm-up. The athlete withdrawal must be made on the official withdrawal form available at the score table.

Judge Regulations

Judge Accreditation

Judges officiating at GNSW events must be appropriately accredited within the specific Gymsport and be registered with both Gymnastics Australia, GNSW and with the relevant sport's Judging Assembly. All judges are required to be financial members of GNSW for the current year. Judges are required to have their Technical Membership with them in the GNSW Member App at all events. Judges should refer to the NSW Technical Regulations Website and Gymsport Technical rules for information with respect to the minimum accreditation requirements to judge at an event. If there is an insufficient number of judges in the required accreditation categories at a competition, the Judging Coordinator (or their delegate) may take whatever action is needed to secure the running of the event. Variation to panel requirements and composition is at the discretion of the relevant Gymsport Judges Assembly and is relevant and appropriate to the level and format of the competition.

Judges may require higher levels of accreditation to be selected onto a state team or to Judge at an Interstate or National Level event.

Acrobatic Gymnastics

Level	Difficulty	Execution	Artistry
Level 1-3	Advanced	Beginner	NA
Level 4-5	Advanced	Intermediate	Intermediate
Level 6-10	Advanced Silver	Advanced	Intermediate
Senior International	Advanced Silver	Advanced Silver	Advanced

For Additional Judge Accreditation Regulations please refer to the ACR Regulations Section.

Aerobic Gymnastics

Level	Chair of Panel	Difficulty	Execution	Artistry
Level 1-2	Beginner	Beginner	Beginner	Beginner
Level 3-6	Intermediate	Intermediate	Intermediate	Intermediate
Level 7-10	Advanced Silver	Advanced Silver	Advanced	Advanced
AeroDance Division 1&2	Intermediate	Beginner	Beginner	Intermediate
AeroDance	Advanced Silver	Advanced Silver	Advanced	Advanced
International	Advanced Silver	Advanced Silver	Advanced	Advanced Silver
AeroSchools	Intermediate	Beginner	Beginner	Intermediate

For Additional Judge Accreditation Regulations please refer to the AER Regulations Section.



Gymnastics for All

Level	Difficulty	Execution
TeamGym Novice	Intermediate	Intermediate
TeamGym Intermediate	Intermediate	Intermediate
TeamGym Advanced	Advanced	Advanced
TeamGym Open	Advanced	Advanced
TeamGym International	Advanced	Advanced
FreeG - all Divisions	Advanced	Advanced

Men's Gymnastics

Level	Difficulty	Execution
Level 1-2	Intermediate	Beginner
Level 3-6 Compulsory	Intermediate Bronze	Intermediate
Level 7-8 Compulsory	Intermediate Bronze	Intermediate Bronze
Level 6-9 Optional	Advanced	Intermediate Bronze
Level 10 & Senior International	Advanced Silver	Advanced

For Additional Judge Accreditation Regulations please refer to the MAG Regulations Section.

Rhythmic Gymnastics

Level	Difficulty of Body	Difficulty of Apparatus	Execution Technical	Artistry
Level 1-9	Intermediate	Advanced	Beginner	Advanced
Multiples Cat 1-5	Intermediate	Advanced	Beginner	Advanced
HP Dev Ind	Intermediate	Advanced	Beginner	Advanced Silver
Level 10, Sub Jnr & Pre Jnr	Advanced Silver	Advanced Silver	Advanced	Advanced Silver
HP Dev Group	Advanced Silver	Advanced Silver	Advanced	Advanced Silver
Jnr - Snr Ind & Group	Advanced Silver	Advanced Silver	Advanced	Advanced Silver

For Additional Judge Accreditation Regulations please refer to the RG Regulations Section.

Trampoline Gymnastics

Level	Chair	Difficulty	Execution
Level 1-3	Advanced	NA	Beginner
Level 4-6	Advanced Silver	Advanced	Intermediate
Level 7-10	Advanced Silver	Advanced Silver	Advanced
Youth / Junior / Senior International	Advanced Silver	Advanced Silver	Advanced

For Additional Judge Accreditation Regulations please refer to the TRP Regulations Section.



Women's Gymnastics

Level	Difficulty	Execution
Level 1-2	Beginner	Beginner
Level 3-6	Intermediate	Intermediate
Level 7-10	Advanced	Advanced
Future/ Junior/ Senior International	Advanced Silver	Advanced Silver

Judge Behaviour

All judges who take part in a GNSW competition or sanctioned event must abide by the GNSW Code of Conduct, GNSW Judge Policies and Protocols and act within the guidelines stated by the relevant Judges Assembly. Judges and officials in breach of the code of conduct are subject to the **Yellow/Red Card** warning system as set out in the coach behaviour section. Infractions may result in the judge or official being removed from the competition floor for the remainder of the duration of the competition and be subject to further disciplinary action following the conclusion of the event.

LINK: [GNSW Officials Code of Conduct](#)

LINK: [Coach Behaviour - Yellow/Red Card](#)

LINK: [GNSW Judges Policy and Protocols](#)

Judge Attire

All judges attending GNSW event/competition must be suitably attired and adhere to all rules and regulations set down by the Sport's Gymsport Committee Technical Regulations.

Judges not complying with these rules and regulations may be refused entry onto the competition arena.

Please refer to the Gymsport Regulations Section for further specifications on Judges Attire.

Judges must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC.

LINK: [GNSW Technical Regulations Website](#) - Gymsport Regulations

Judge Technical Briefings

A judges technical briefing will occur prior to the start of each competition. The judges technical briefing may be held online, through a digital platform in the lead-up to the event starting date or in person at the event prior to the competition session, as is relevant for the event. It is required that all judges officiating at the event be in attendance at this meeting. Judges who are unable to attend the competition briefing must request an exemption from the Judging Coordinator, or their delegate. Exemptions will only be granted under extenuating circumstances at the discretion of the Judging Coordinator. Judges are required to attend each relevant judge briefing for the sessions they are judging throughout the event as relevant. Judges who do not attend the relevant judges briefing and have not received an exemption, will not be permitted to judge at the competition and the judges club will be required to replace the judge in accordance with the Provision of Judges Policy.



Additional competition session information for judges may be communicated electronically prior to the start of a competition session or during a competition session if required. It is the responsibility of each judge who will be judging during an event to ensure they have read the information prior to the event.

Apparatus Safety at Events

The Head Judge at each apparatus has responsibility for the safe operation of the competition on that apparatus, including the safety conscious conduct of judges, coaches and gymnasts involved from time to time and any persons authorised or otherwise, who encroach on the apparatus environment under the Head Judge's control. Apart from directives and warnings to all involved, the most immediate course of action in case of a material failure of any person or aspect in meeting safety standards is to cease the operation of competition on that apparatus and place determination of the next course of action in the hands of the Competition Coordinators.

LINK: [Judges Policy and Protocols](#) - PART E Judge Gymnast Safety Protocol

Judges' Attendance at Competitions

Judges arriving late for competitions (force majeure) may be allowed to judge at the discretion of the Judging Coordinator or their delegate. A signed statement as to the reason resulting in the late attendance to the competition may be required to demonstrate the judge or club was not at fault and to be considered for any exemption of Proxy and Administrative fees. Judges who arrive late without satisfactory explanation may be subject to further action. Late judges may be removed from judging panels for other sessions during the event and the club subject to relevant Proxy and Administrative charges for those sessions.

A judge may not leave the competition floor before the conclusion of the competition for that Gymsport within that session or until instructed by the Judging Coordinator and GNSW Competition Management. Judges are to remain seated in their assigned positions until the competition has concluded on all judging panels and instructions have been given to depart the Field of Play. Judges need to seek permission from the Judging Coordinator (or their delegate) in advance, before leaving a competition before completion.

Judges are required at all times to abide by all GNSW policies, event regulations, and direction provided by event management and GNSW staff. Judges must abide by the GNSW Judge Policies and Protocols, including the Judge Code of Conduct contained in the Judge Ethics and Integrity Protocol.

LINK: [Judges Policy and Protocols](#)

Judges' Unavailable on the day of Competition

The Gymsport Judging Coordinator and/or the Gymnastics NSW EPPO should be contacted if unforeseen circumstances occur on the day of the competition and the judge becomes unavailable to attend for the sessions they have been assigned. This is to allow the Judging Coordinator time to reorganise the Judging Panels with minimal impact on the competition. Failure to do so will result in the penalties for the failure to attend the required session, \$250 per session proxy fee and \$100 administration fee.



LINK: [Judges Policy and Protocols](#) - PART A Provision of Judges Policy

Judge Honorarium and Reimbursement of Expenses

People that judge at a competition do so in a volunteer capacity. As such there is no obligation upon GNSW to provide an honorarium or reimburse judges for expenses. Individual Gymsports may decide to provide an honorarium at their absolute discretion. Where a gymsport determines that judges honorarium shall be provided, the gymsport will determine the amount of honorarium. Judge honorarium may be paid direct to the judge or to the club supplying the judge.

The club of a volunteer who is due to receive a honorarium may request that the honorarium is provided directly to the club instead of to the volunteer directly. Clubs must indicate on the official Provision of Judge form if they are requesting the honorarium to be provided to the club or directly to the volunteer. If a club judge is judging additional sessions as an independent judge (additional to the club provision nomination), any honorarium for the independent sessions will be paid directly to the judge.

Judges are required to provide their own lunch and snacks for events. No food or eating is permitted on the Field of Play. For GNSW competitions where meals are not provided, judges who judge two or more consecutive sessions on the same day will receive a \$15 food allowance. Food allowance will be paid directly to the judge. The allowance is only payable once per eligible day.

All judges are required to sign-in at the start of each competition session they are officiating in order to be eligible to receive any honorarium or meal allowances applicable for that session.

All required honorarium payment forms must be submitted to GNSW by the 10th of December in each calendar year. No honorariums or allowances can be claimed for events held in previous years and any outstanding honorariums or allowances are forfeited.

LINK: [Judges Policy and Protocols](#) - PART A Provision of Judges Policy



Athlete

Athlete Level Progression

Athletes must progress through the level system in accordance with the relevant Gymsport levels progression policy and guidelines and/ or Technical Regulations. It is the responsibility of the coaches and club to recognise their gymnast's ability and to progress their athletes according to the relevant sport progression policies so as to not knowingly or unknowingly compete within a group where the skill and result of a competitor(s) is disproportionately skewed in their favour due to an overwhelming proficiency of the routines and a failure by the club to observe the eligibility of such a gymnast for progression in competition level. Similarly, a gymnast should never be disadvantaged in competitive gymnastics by premature advancement in level, or advanced in level beyond their preparation and ability to safely perform the skills and/or competition elements. Clubs should check these rules prior to entering athletes into an event.

Athlete Attire

All gymnasts attending GNSW events/competitions must be suitably attired and adhere to all rules and regulations set down by the Sport's Gymsport Committee Technical Regulations.

- Athletes must wear club uniform at all GNSW events.
- Female athletes must wear a club leotard or unitard (one-piece leotard with full length legs -hip to ankle or one-piece leotard with the athletes' preferred leg length). Leotards may be short or long-sleeve.
 - Athletes have the option of wearing bike shorts, short gymnastic pants (non-form fitting lycra shorts) or complete leg coverings (tights/leggings); under or on top of the leotard. The shorts or leg coverings must be in the club colours and in keeping with the aesthetic design of the leotard.
 - Club team leotards (including for group or multiple competitions) must be identical in design. Athletes will be able to individually select their preferred leg and sleeve length, or to choose to wear shorts or pants with their leotard. If an athlete chooses to wear shorts or pants, they must be of identical colour/design to the shorts or pants worn by other athletes from their club (if chosen).
- Male athletes must wear competition attire in accordance with the relevant Gymsport Technical Regulations.
- Any branding or manufacturer marks on leotards or competition attire (including shorts and/or pants) must be small and discrete and in keeping with FIG rules. Manufacturer markings should not form a significant part of the garments design and should not distract from the aesthetics of the competition attire or the athlete's performance.
- Cultural and religious headwear may be worn in competition so long as it is deemed safe to wear by the relevant Gymsport Committee.



- For lower level gymsport competition, non-competitive events and Gymnastics for All Events, Gymnasts can wear Competition Attire in line with the requirements of each Gymsport (which may not require a leotard).
- For additional variations and uniform requirements please refer to the relevant Gymsport Technical Regulations.
- NSW State uniform and Australian Team Uniform (past or current) is not permitted.
- All gymnasts are required to wear a shirt or competition top at all events during warm-ups.

Athletes not correctly attired may not be allowed to take part in the competition.

Please refer to the Gymsport ALP or Gymsport Regulations Section for further specifications on Athlete Attire Requirements.

At national level events athletes must wear attire in accordance with the national technical regulations for the gymsport and in accordance with the competition rules for the event.

LINK: [GNSW Technical Regulations Website](#) - Gymsport Regulations

Unsportsmanlike Behaviour

Dressing, undressing and state of partial undress (bare chests or leotards half on) during competitions, warm-up periods and post-competition in the designated competition area, is judged as an unsportsmanlike gesture and will result, after warning and opportunity for corrective action, in the appropriate attire deduction (applied to the next exercise in that phase of the competition or, if none remaining, the last exercise within the phase). If there is still no corrective action, the competitor will be disqualified for unsportsmanlike behaviour from the competition.

Athlete Behaviour

All athletes must adhere to the GNSW Codes of Behaviour. Athletes participating in competitions and events of any kind must show respect to all judges, coaches and officials. Displays of poor temperament or unsportsmanlike behaviour either by word or gesture will result in technical deduction, or in extreme cases, disqualification and / or possible disciplinary action. Any athlete not abiding by these guidelines may be removed from the event, and not allowed to take part, or continue to take part in the event.

Once the competition has commenced, athletes may not leave or communicate with any person off the competition floor without the approval of the floor manager.

LINK: [GNSW Codes of Behaviour](#)



Volunteer

Roles and Responsibilities

The GNSW Volunteer Roles and Responsibilities document serves as a guide to the scope and range of activities that is required of a volunteer in each position including an Event Safety Induction.

During your role

- No photos or videos are to be taken on the competition floor. If you want to have photos or videos taken of your child performing we recommend asking another trusted parent or friend and these can be taken from the audience.
- Volunteers are to have no communication with the competitors unless it is in an official capacity.
- Volunteers are not to be accompanied by family, friends or children on the competition floor.
- Once the competition has commenced athletes, coaches, judges and volunteers are not permitted to leave the Competition Floor or warm up area without the express permission of the Event Manager, Floor Manager or Head Judge.
- Through the performance of your duties and by volunteering on the competition floor you may have access to privileged or confidential information, such as competitor or official information and unpublished athlete results. Volunteers must behave at all times in a professional manner and exemplify nonpartisan ethical behaviour, maintain the highest standards of integrity and protect member privacy. No volunteer should attempt to access any information not pertinent to the completion of their assigned duties or disclose any confidential information they have directly or indirectly had access to, to any other party.

LINK: [GNSW Resources - Volunteer Position Descriptions](#)

Volunteer Behaviour

All volunteers who take part in a GNSW competition or sanctioned event must abide by the GNSW General Code of Behaviour. Volunteers in breach of the code of conduct are subject to the Yellow/Red Card warning system as set out in the coaches section. Infringements may result in the volunteer being removed from the competition floor for the remainder of the duration of the competition and be subject to further disciplinary action following the conclusion of the event. Clubs are responsible for ensuring volunteers from their club are aware of the roles and responsibilities of their position, the code of conduct and the expectations for behaviour.

LINK: [GNSW General Code of Behaviour](#)

LINK: [Coach Behaviour - Yellow/Red Card](#)

Volunteer Attire

Volunteers and spotters are to wear appropriate attire, or club uniform if available. Appropriate closed toe footwear must be worn at all times.



Volunteers must be easily identifiable on the field of play by means of either a wrist band or stamp to ensure they have presented their WWCC.

Volunteer Technical Briefings

A Volunteer technical briefing will occur prior to the start of each competition session at all events. It is required that all volunteers for that session be in attendance at this meeting. Volunteers are required to attend the volunteers briefing for each session they are volunteering throughout the event.

Additional competition session information for volunteers may be communicated electronically prior to the start of a competition session or during a competition session if required through the GNSW Team App. It is the responsibility of each volunteer who will be volunteering during an event to ensure they have read the information prior to the event.

Event Regulations

Before an Event

Competition Calendar

The Competition Calendar is available on the GNSW Website.

LINK: [GNSW Events Calendar](#)

LINK: [GNSW Region Event Calendar](#)

Event Schedule, Order of Work and Queries

The GNSW Event Manager or Events, Pathways and Performance Officer will endeavour to publish the event schedule, order of work, rotation information and competitor numbers (if applicable) on the GNSW website as soon as possible after the close of entries. The information will be posted on the GNSW website under the applicable event on the Events calendar section. Any changes to the final schedule will be notified to the affected clubs contact person via email as soon as possible following the change. Final copies of the competition run-orders, orders of work and event timetables will be available digitally on the GNSW website for download. Hard copies will not be available on the day. It is the responsibility of the club and their coach in charge to access this information from the GNSW website, prior to the event.

If there are exceptional circumstances, or the club does not have access to the website for a particular reason, then it is the club's responsibility to notify GNSW so that appropriate measures can be made to allow communication.

It is the responsibility of the Club to contact the relevant Event Pathways and Performance Officer with any technical queries relating to the event that are not covered in these regulations, the entry booklet or the relevant gymnsport technical regulations. Clubs are strongly advised to have an in-depth look at all documents before enquiring further.

LINK: [GNSW Events Calendar](#)

LINK: [GNSW Region Event Calendar](#)



Event Communication

All event communication will be made via the GNSW website and or email to the nominated contact person on the entry form. If there are exceptional circumstances, or the club does not have access to the website for a particular reason, then it is the club's responsibility to notify GNSW so that appropriate measures can be made to allow appropriate communication.

Updates during events may be communicated through Team App. Instructions on how to access Team App can be found on the GNSW Technical Regulations Website.

LINK: [GNSW Resources](#) - Team App Instructions

Apparatus Height Requests

Unless specifically notified otherwise under an event's call for Entries, all settings for competitions will be in accordance with the Australian Levels Program Manual and the Gymsport Technical Regulations - or its equivalent publication.

Exceptional Circumstances:

In exceptional circumstances, clubs may request the height of equipment to be modified for a gymnast. Requests for changes to be made to equipment measurements must be made on the official Change to Apparatus Measurements form at the time of entry to the event.

LINK: [Request for Apparatus Modification](#)

During an Event

Child Safety and Wellbeing

GNSW is committed to providing a safe environment for participation and ensuring the environment is inclusive, tolerant and welcoming for all athletes and officials (including people with disabilities, indigenous and/or from culturally diverse backgrounds). Aggressive, threatening or other inappropriate behaviour by athletes, officials and spectators while attending an event will not be tolerated. A visible and accessible Safeguarding Officer will be appointed for every event. This officer is the first contact person for participants wishing to report a harassment or abuse incident during an event. At GNSW events this will be the EPPO. GNSW provides an easy to use online [Grievance Form](#) to report concerns or misconduct. GNSW also has a dedicated Child Safe helpline (0488 111 260). The line is supervised by the GNSW Integrity Manager to support our children and young people in speaking out, making and handling complaints.

LINK: [Child Safeguarding Policy](#)

LINK: [Child Safety - Report a Concern](#)

Access to Competition Floor

Non-nominated officials and spectators will not be permitted access to the field of play, including the competition floor, technical areas, warm-up areas or marshalling area and may be asked to leave the venue if they venture into the competition, warm-up or marshalling area. Additional penalties may apply if parents are in these areas. Clubs are responsible for ensuring the parents from their club are aware of the rules and remain off the field of play.

All officials are required to sign-in upon arrival for each event session.



Permission to enter the field of play must be granted by the Floor Manager, Competition Coordinator or the EPPO. Gymnasts are not allowed to enter the warm-up or competition areas without a coach and cannot commence warm-up before the specified time and directed by the Event Manager. The competition coordinator (Event Manager, Technical Director, Competition Coordinator, Judging Coordinator and EPPO) have the right to remove any individual from the competition floor.

Competition Equipment

GNSW will provide appropriate equipment for all events, no equipment is permitted to be brought into competitions by clubs, coaches or athletes.

Coaches are not permitted to add, re-arrange or remove springs from the springboards for any reason. Coaches cannot make any modification to competition equipment or setup. All apparatus height requests must be submitted on the official form at the time of entries.

Athletes must provide their own chalk for use at events. Athletes must provide their own spray bottle, if required.

RG athletes are required to provide their own hand apparatus for their use in competition. All hand apparatus must comply with the apparatus regulations and specifications in the RG Technical Regulations. For the provision of RG spare hand apparatus, refer to the RG Technical Regulations. Clubs and coaches must ensure the hand apparatus used by athletes is safe and appropriate for the athlete's skill and competition level.

Apparatus Safety

Gymnasts, coaches, judges and the NSW Gymsport committee members present at an event owe a duty of care to ensure that the equipment is safe for competition. The event must be conducted in a venue sanctioned by GNSW and the equipment must be, as a minimum standard, safe for competition and safe for the activities that will be performed on it.

It is the responsibility of the Gymsport Technical Director, Judging Coordinator, Competition Coordinator and Competition Manager, or their delegate(s), to check the competition area, apparatus and equipment has been safely setup and adheres to the required apparatus dimensions in accordance with the event specifications and the minimum safe standard for competition relative to Gymsport, level and activities. Delegates required to complete the setup and competition checks may vary for each event and Gymsport.

The Head Judge or Chair of Judges Panel at each apparatus has responsibility for the safe operation of the competition on that apparatus, including the safety conscious conduct of judges, coaches and gymnasts involved from time to time and any persons authorised or otherwise, who encroach on the apparatus environment under the Head Judge's control.

If a coach, judge or gymnast has concerns with the safety of equipment at an event, or if they do not believe that it meets the minimum competition requirements, if any, they should immediately raise the matter with the competition co-ordinators (consisting of the Event Manager and the Gymsport EPPO). The Competition Coordinators will assess the safety and compliance with competition rules and will determine the matter in any way, and by consulting who in their absolute discretion they see fit to consult. The collective decision of the Competition Coordinators is binding. Clubs that disagree with the determination of the Competition Coordinators may withdraw their athlete from an event or from a



particular apparatus at an event and in so doing agree to bear any consequences that apply to team selection or overall ranking that flow from the decision to withdraw from an event.

LINK: [Apparatus Safety at Events](#)

Movement On and Around the Competition Floor

Athletes' movement to and from the competition floor and between apparatus is controlled by the Floor Managers and shall be carried out in an orderly, quiet manner. Unless actually performing, athletes will remain seated in their designated seating area. Athletes are not permitted to enter spectator zones during their competition session, including between routines and when they have finished their individual competition. Some unobtrusive stretching or lowkey activity may be allowed at the discretion of the Event Manager and Head Judge.

Once the competition has commenced athletes, coaches, judges and volunteers are not permitted to leave the Competition Floor or warm up area without the express permission of the Event Manager, Floor Manager or Head Judge.

Food and Drink on the Competition Floor

No food or drink except water is to be taken onto the competition or warm-up areas. Coaches and officials may not bring tea, coffee or fizzy drinks into these areas. All participants should have their own individually labelled non-breakable water bottle, which should be kept with them at all times. No glass water bottles are permitted. Glass bottles present a high risk of breakage and could present a risk of injury to participants.

Injured Gymnasts

GNSW is committed to the health and safety of athletes. Where an athlete has sustained an injury and is advised by the GNSW Physiotherapist at an event that they are unfit to compete, the athlete must not compete. Where an athlete attempts to compete despite advice to the contrary by the physiotherapist the GNSW delegate on duty will advise the judges to not judge the routine and the gymnast and their coach may be removed from the competition floor and/or subject to disciplinary action.

All members have a responsibility for the welfare of all athletes. Any member present at the event has a 'duty of care' for a person who has a head injury and must learn to recognise signs and symptoms of suspected concussion. If a person receives a blow to the head or body where a concussion may result, the member should remove the person immediately from training or competition. The person should not be allowed to return to activity until they are cleared of signs and symptoms of concussion that could be present.

If there is a doubt of a concussion occurring, irrespective of no evident signs and symptoms, the member must adopt the mantra 'if in doubt, sit them out'. No one can decide that a participant with a suspected concussion may resume participating on the same day or same competition other than a medical practitioner. This includes the participant themselves, parents, coaches, officials, volunteers or staff.

Mobile Phones

Mobile phones must not be used by athletes, coaches, judges or volunteers for personal use while they are performing their assigned duties, or at any time while on the competition



floor during a competition. This includes making phone calls, taking photos, video recording, text messaging or reading texts received. Judges and volunteers must not have their mobile phones on their table/station during a competition. There may be circumstances where coaches, judges and volunteers are required to use a mobile phone on the competition floor in an official capacity. Use of mobile phones, or other devices for official roles is under the control of the competition manager. Special circumstances requiring access to a phone should be discussed with the Event Manager prior to the start of the session.

Video and Cameras on the Competition Floor

Coaches, athletes and volunteers who have been entered, accredited for and participating in a competition session may use their own devices to film videos on the field of play during the competition. The videos must be taken from athlete waiting and seating areas and must not be taken from the judges' point of view, i.e. from directly behind the judge's table. Coaches, athletes and volunteers must have gained permission from the competing athlete (or their parent/guardian if under 18) for the videos to be taken. Images must not be taken of officials, scoring systems, score recording sheets or any other official/competition device or system. Images are for personal use only and must not be sold or used commercially.

No photos or videos taken from the competition floor will be considered for the purpose of score review or protest. No conversation will be entered into involving the use or supply of these images for score review.

No judge may capture images from the competition floor on an own or personal device. A judge may only capture images from the competition floor on GNSW official recording devices when required as part of their official duties.

The safety of the athletes competing must always remain the top priority. Images can only be captured by officials where this would not impact the provision of support, spotting and meeting of other safety requirements for the athlete. Any official who breaches the minimum safety provisions and requirements will be subject to disciplinary action.

No coach, athlete or other official is permitted on the Field of Play for the sole purpose of capturing images. Images of the competition can be captured from the designated spectator areas in accordance with the Photography - Acquiring and Displaying Images of Children Policy. No video personnel or photographers will be allowed on the Competition Floor during competition or competition warmup with exception of the official GNSW video personnel and photographers.

Coaches and officials must follow all guidelines and directions on the capturing of images of gymnasts. Any device used should not be the personal device of the coach/official. No professional cameras, large recording devices, tripods or other equipment is permitted on the field of play. Only small handheld devices such as a phone are permitted.

Permission to take photos during a competition from the field of play may not be granted for every event. If advised that images cannot be captured from the field of play, all athletes and officials must comply immediately, or they may be removed from the competition venue. An individual may have their right to record from the competition floor revoked by the competition management at any time in their complete discretion.

During presentation coaches are permitted to take photos from within the designated area on the competition floor. Coaches must remain off the presentation zone, and behind the presentation table or area as specified by the competition manager. If coaches are directed



by the competition manager to stop taking photos at any time, they must comply with this request. **Permission to take photos during presentations may not be granted for every event.**

The use of cameras or video at events is subject to the GNSW Acquiring and Displaying Images of Children Policy. GNSW permits parents and spectators to take photographs from the spectator area provided all shots are appropriate. Parents should only take images (still and moving) of their own children, unless they have the express approval of the parents of other children. Parents who suspect that other spectators are taking images of their child, or taking photos of another child that is not the child of the person taking the image, may report the incident to the Event Manager. The taking of such images is considered inappropriate behaviour and the person may be asked to refrain from taking photos, delete any photos taken, the camera or other videoing device may be confiscated, or the Events Manager may ask the person to leave the venue. The Event Manager's decision is final. Breaches may be reported to police and GNSW may take subsequent additional discipline action following the event.

GNSW reserves the right to broadcast or telecast any event.

LINK: [Photography - Acquiring and Displaying Images of Children Policy](#)

Communicating with Athletes - Supportive Competition Environment

For the Foundation and Junior NSW competitions, athletes and coaches will not be penalised or deducted if it is necessary to support the gymnast by communicating, gesturing, or signalling during the actual performance or routine. Coaches will be permitted to provide reminders to the athletes, without interrupting the performance. These reminders may include leading an athlete through the performance from an unobstructive and unobtrusive position.

GNSW also encourages supportive crowd engagement to improve the experience not just for the athletes but for all. These young gymnasts are committed to the sport and are training to be their best, and they all deserve to be celebrated.

Protests and Technical Queries at Events

Coaches should refer to the Gymsport Technical Regulations for Gymsport specific rules regarding protests and technical queries at an event. Protests and queries can only be made by nominated and accredited coaches on the field of play and if made in accordance with the applicable Gymsport rules and procedures. No enquires or protests from spectators, including technical officials who are not accredited to be on the field of play for that competition session, will be entertained and no conversation will be entered into. No video or photos from spectators or from personal cameras will be considered in any protest or query.



Competition Jury

The Competition Jury consists of the Gymsport Judging Coordinator or appointed delegate, the members of the Judges Assembly Committee / Gymsport Committee or appointed delegate(s).

For the purposes for an enquiry or protest when permitted under the Gymsport rules, the Head Judge or Chair of Judging Panel may also be included.

At GNSW events, the Jury is not required to be a separate judging position, and the Jury may fulfil other Judging functions during the competition.

The function of the Competition Jury at events is:

- To supervise the competition and to deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition and the conduct of the judging personnel.
- To ensure that all the requirements for judging a competition are satisfied.
- To oversee the total evaluation and the final score for each exercise; to assure that the gymnast is given the correct score for their performance or intervene as ruled herein.
- To assess a grave error of judgement on the part of one, or several, judges and to take such action as they consider necessary and to ensure the error is rectified.
- Continually, to review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
- To remove and replace any judge who disregarded a previous warning. The Jury may remove any judge from the competition whose judgement they regard as unsatisfactory and may appoint another judge to replace them.
- To take the final decision about inquiries in accordance with the Gymsport Regulations.
- The members of the Jury must uphold the respect of the sporting ethics by assuring that all the gymnasts be judged fairly, and the final results and rankings are reflective of the scores awarded by the officiating judges.

LINK: [Judges Policy and Protocols](#)

Awards

At GNSW events/competitions awards will be presented as stipulated in the event guidelines and/or Gymsport Technical Regulations.

Perpetual trophies awarded will be granted to the winner for the period until the subsequent competition is next held. Trophies must be returned to GNSW prior to the event date in each calendar year. The trophies must be returned engraved and in good, clean condition by the club who received the award in the preceding year. GNSW reserves the right to claim expenses from clubs if trophies are lost or need to be repaired.

In the event of an interstate club attending a NSW State Championships, the residential award system will come into place. If a non-NSW athlete receives a placing during the event, subsequent residential places will be awarded for NSW athletes.



Results Verification and Approval

Competition results, rankings and award winners are finalised after the final routine of all athletes within the level and division and prior to the awards ceremony.

Result outputs for all eligible phases of competition, standings and award winners (including tie-break reports and residential rankings as relevant) are produced for verification and approval by the Technical Director, Judging Coordinator, Chair of Judging Panel or their delegate (relevant for each Gymsport). Results only become official once they are signed-off by the Technical Director / Judging Coordinator / Chair of Judging Panel or their delegate.

Any results or scores (displayed or not) prior to the final verification and approval and prior to the awards ceremony are preliminary only and may be subject to change, in accordance with the Gymsport and technical rules to ensure that the gymnast is given the correct result for their performance.

The Technical Director / Judging Coordinator / Chair of Judging Panel or their delegate will verify and approve the results with fairness, consistency and completely in accordance with the currently valid regulations and criteria, maintaining the integrity of all decisions, showing no preference or bias, demonstrating good moral and ethical behaviour.

After Technical Director / Judging Coordinator approval and result sign-off, no changes to difficulty scores or final scores are permitted.

Rules or Scoring Issues Arising After Competition and Results Approval

When an administrative issue regarding the rules is identified after the finalisation and approval of the results, the error should be corrected, and new results are to be issued.

Administrative errors may include:

- Miscalculation of the gymnast's score (arithmetic errors)
- A score incorrectly assigned to a gymnast
- Leaving a gymnast out of the final results
- The incorrect application of tie-break rules
- The incorrect application of the residential awards system
- Gymnasts incorrectly announced during the awards ceremony
- Other technical administrative errors

Enquiries or queries regarding the evaluation or judging of a gymnast's routine will only be considered during the competition in accordance with the applicable Gymsport rules and procedures for enquiries prior to the results verification and approval. Under no circumstances will enquiries regarding the evaluation of a gymnast's routine(s) or scores awarded be considered after the verification and approval of results.

Enquiries regarding rules or scoring issues after the competition must be submitted by the gymnasts' club. No enquiries will be considered if submitted by any other party. All enquiries must be submitted within 24 hours of the conclusion of the competition and the publication of the results. No new results will be issued for any errors identified more than 24 hours after the publication of scores.

If the new results issued due to the identification of an administrative error (within 24 hours of the competition) changes the final rankings of the gymnasts and the award winners,



awards will be distributed to the gymnasts based on the corrected rankings. Awards will not be retrieved from the original award recipients.

LINK: [Protests and Technical Queries at Events](#)

After the Event

Results

Results will be posted on the GNSW Website following an event. Results for Junior level competitions and competitions with award banding may not be posted on the website, in this case, non-ranked results for club participants only may be sent to the club.

LINK: [GNSW Event Results Website](#)

Updating Points

Officials receive updating points for each competition they attend. Points will be awarded only for officials that sign in on the relevant sign in sheet and will be applied as per GA's Updating Policy.

LINK: [GA's Updating Policy](#)

Sanctioning an Event

Any club/region/committee looking to host an event or competition must complete an event sanctioning application and must comply with all GNSW regulation and any applicable current Government restrictions.

Application forms must be submitted via the online sanctioned event application available on the Sanctioned Competition page on the Gymnastics NSW Website.

Region Committees and affiliated clubs must adhere to the GNSW competition calendar when seeking sanctioning of events to:

- avoid clashes of dates of important competitions within the same gymsport and level
- respect the State and Australian Championships Qualification calendar
- respect the competitions and activities organised by GNSW

LINK: [GNSW Sanctioned Events](#)

Spectators

Safety restrictions may apply on venue capacity and spectator limits. While Gymnastics NSW will seek to have an audience, some events may have reduced spectator capacity or may be spectator free. Spectator number limits and restrictions are subject to factors such as venue size and restrictions, scheduling, capacity and equity.

Spectators must not mingle or enter any athlete or official zones and participant and spectator groups to remain separate at all times.

Spectators – Photos and Videos of Competitions

Spectator cameras are limited to point and shoot models only. No commercial camera or video equipment is permitted and camera lenses are limited to 50mm.



Images of captured at competition must be gather in accordance with the GNSW Photography - Acquiring and Displaying Images of Children Policy. Anyone capturing images at events needs to ensure they have permission from the gymnast and/or their parent/guardian.

Spectator Code of Conduct

As a spectator in any activity held by or under the auspices of GNSW, a member association or an affiliated club, you must meet the following requirements in regard to your conduct during any such activity or event:

1. Respect the decisions of officials and teach young people to do the same.
2. Never ridicule or scold gymnasts for making a mistake. Positive comments are motivational.
3. Condemn the use of violence in any form, whether it is by other spectators, coaches, officials or players.
4. Show respect for your team's opponents. Without them there would be no game.
5. Do not use violence, harassment or abuse in any form (that is, do not use foul language, sledge or harass players, coaches, officials or other spectators).
6. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.
7. Refrain from any behaviour that may bring GNSW, a member association or an affiliated club into disrepute.

All spectators must remain in the designated spectator areas at all times. No spectator will be granted access to the field of play or any athlete, official or technical area at any GNSW event. Technical members who have not been nominated by their club at the time of entry, and/or have not been accredited for the GNSW event must follow all directions as a spectator and are not permitted to access the field of play, competition floor, officials areas or warm-up spaces.

All scoring or technical administrative queries at an event will only be entertained if submitted by the club in accordance with the applicable Gymsport rules and procedures for enquiries. No direct enquiries from spectators will be answered. Clubs are required to promote this to their members.

Any breaches to the codes of conduct may result in removal from the venue and/or refusal of entry. In addition, breaches will be referred to the GNSW CEO and the GNSW Board for further action.



Spectator Tickets

Refer to the spectator information for each event for the ticketing arrangements and spectator terms and conditions. The right is reserved to add, withdraw, reschedule or make substitutions to the advertised event schedules, programs, competition work plans, seating arrangements and audience capacity.

No refund or exchange on any spectator ticket is available except as required by law and as otherwise specified by the seller. If a refund is made, GNSW may, to the extent permitted by law, retain any fee it has charged.

The right of admission is reserved and is subject to the GNSW and the venue's terms of admission.