

**POLICY NAME:** Men's Artistic Gymnastics Technical Regulations 2021

**DATE OF ISSUE:** December 2020

All Gymnastics NSW Men's Artistic Gymnastics Events & Activities POLICY COVERAGE:

**DATE OF REVIEW:** December 2021

CONTROLLING BODY: Gymnastics NSW - MAG Gymsport Committee



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# **General Information**

# **Technical Regulations Purpose**

This is to be read in conjunction with the GNSW General Regulations Section.

The FIG Code of Points and Technical Regulations, and the Gymnastics Australia Technical Regulations provide governance for Men's Artistic Gymnastics (MAG). This handbook provides MAG in NSW with general and program information, technical regulations, event information and selection process, policies and forms.

The MAG Gymsport Committee shall be master of its own procedures.

Where any event occurs that is not elsewhere provided in these regulations, any decision or action required shall be decided by a simple majority vote of the Committee, whose determination of the matter shall be final and not to be construed as having set a precedent.

Whereby error or omission any of the foregoing regulations shall require interpretation, the original intent of the Committee in the framing of the subject regulation shall prevail, rather than the letter of the law.

### **Abbreviations**

ALP	Australian Levels Program			
СоР	Code of Points			
ESDO	Event and Sports Development Officer			
FIG	International Gymnastics Federation			
GA	Gymnastics Australia			
GC	Gymsport Committee			
GNSW	Gymnastics New South Wales			
JA	Judges Assembly			
MAG	Men's Artistic Gymnastics			

## Committees

#### **National Commission**

The GA National Commission consists of the following positions:

- Technical Director
- Judging Coordinator
- Project Officers

Further information on the commission can be found on the **GA Website**.



### **GNSW MAG Gymsport Committee**

Technical Director	Alexander Hunt	<u>Email</u>
Judging Coordinator	Matthew Spooner	<u>Email</u>
Coaching Coordinator	Martin Shields	<u>Email</u>
Competition Coordinator	Rebecca O'Hara	<u>Email</u>
Committee Member - Squads	Mitchell Skippen	<u>Email</u>
Committee Member - General	Alexey Korovin	<u>Email</u>
GNSW Events & Sports Development Officer (ESDO)	Ben O'Hara	<u>Email</u>

### **GNSW MAG Judges Assembly**

Judging Coordinator	Mathew Spooner	
Assistant Judging Coordinator	Corey Dehn	<u>Email</u>
JA Member - Education Officer	Rhys Keirle	

### **Key Focuses and Initiatives**

- To broaden the participation in MAG
- Increase the number clubs participating in MAG within NSW
- Increase participation and provide support for regional NSW clubs
- Improve communication within the MAG community
- Hold open forums and workshops at GNSW Squad sessions
- Provide education and resources to NSW MAG Coaches
- Conduct Athlete testing days to create an opportunity to provide feedback to the community
- To continue and enhance squad programs

If you have any ideas for future projects please get in touch and submit your idea through the <u>online form</u>.

# **Sport Specific Information**

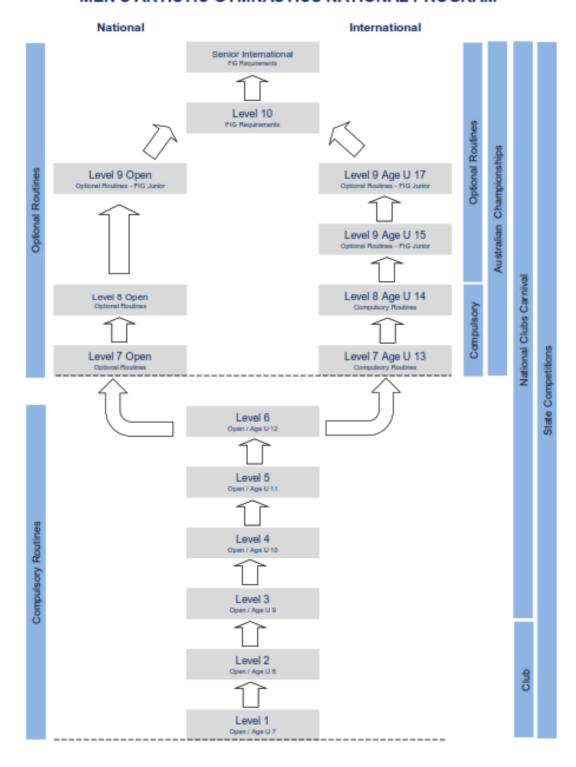
### **About MAG**

For more information about MAG and how to get involved please refer to the <u>GNSW</u> <u>Website</u>.



# **Competition Framework**

### MEN'S ARTISTIC GYMNASTICS NATIONAL PROGRAM





# **Program Information**

Level	Age	Year Born	ALP Rules		
Junior					
Level 1 U7	7	2014	Compulsory		
Level 1 Open	Open		Compulsory		
Level 2 U/8	8	2013	Compulsory		
Level 2 Open	Open		Compulsory		
Level 3 U/9	9	2012	Compulsory + Bonus Skills		
Level 3 Open	Open		Compulsory + Bonus Skills		
Level 4 U/10	10	2011	Compulsory + Bonus Skills		
Level 4 Open	Open		Compulsory + Bonus Skills		
Level 5 U/11	11	2010	Compulsory + Bonus Skills		
Level 5 Open	Open		Compulsory + Bonus Skills		
Level 6 U/12	12	2009	Compulsory + Bonus Skills		
Level 6 Open	Open		Modified Level 7 Open Requirements + Additional Skills		
Masters Male	20	2001	Level 7 Open Requirements		
Masters Female	20	2001	Level 7 Open Requirements		
		Senior			
Level 7 U/13	13	2008	Compulsory + Bonus Skills		
Level 7 Open	Open		Modified FIG Junior + Additional Skills + Specific Bonus		
Level 8 U/14	14	2007	Compulsory + Bonus Skills		
Level 8 Open	Open		Modified FIG Junior + Specific Bonus		
Level 9 U/17	17	2004	FIG Junior Rules		
Level 9 Open	Open		FIG Junior Rules		
Level 10 & SNR	Open		FIG / No Modifications		

#### 2021 Age Categories

Maximum age limits apply as per MAG Australian Levels Program requirements. Gymnasts must be born within the specified calendar year or later to compete in the **Age** division.

Gymnasts who are **Age** eligible must compete in the **Age** division for levels 1-5.

Masters gymnasts must be born before or in the specified calendar year.

Participation in any GNSW competition or sanctioned event requires the gymnast to be attending school and be turning 6 years of age in the calendar year of competition.

All MAG ALP compulsory levels have an age eligibility range for National level events. Gymnasts eligibility for National level events may be affected if the gymnast is competing outside of this range. Please refer to the MAG Australian Levels Program requirements.



# **General Regulations**

To access all club, coach, judge, athlete, volunteer and competition regulations, please visit the GNSW Technical Regulations Website.

# Additional Judge Regulations

# **Judge Accreditation**

In Addition to the Accreditation Table located on the <u>General Regulations Website</u>, Please see below additional information for each level of accreditation.

Comp Level	Head Judge Min. Accreditation	Panel Judge Min Accreditation	Min. # Judges per Panel	Jury Min. Accreditation
1 - 2	Intermediate	Beginner	2	Advanced
3 - 6	Intermediate Bronze	Intermediate	2	Advanced
7 - 9	Advanced	Intermediate Bronze	3	Advanced
10 - Int.	Advanced Silver / FIG	Advanced	3	Advanced Silver / FIG

<sup>\*</sup>Variation to panel requirements and composition is at the discretion of the MAG Judges Assembly and is relevant and appropriate to the level and format of the competition.

# Judge Attire

Judges must meet the dress requirements as listed in the MAG CoP:

- Dark Blue Jacket
- Grey Trousers/Skirt
- Light coloured Shirt
- Tie (for males only)

At Grand Prix events a tie and jacket is optional.



# Additional Athlete Regulations

# **Progression**

#### **ALP Progression**

Once each level is passed, a gymnast will not be permitted to compete at a level below the last level passed, unless the rules specific to an event permit this, or unless approval is gained from the NSW MAG Gymsport Committee.

It is the responsibility of the coaches and club to recognise their gymnast's ability and to progress their gymnasts accordingly to the ALP so as to not knowingly or unknowingly compete within a group where the skill and result of a competitor(s) is disproportionality skewed in their favour due to an overwhelming proficiency of the routines.

If the MAG Gymsport Committee deem that a club has failed to appropriately progress a gymnast in level, or that the club has inappropriately moved a gymnast back in level, such that the gymnasts' ability exceeds the level requirements to give them an unfair advantage, the Gymsport Committee may disqualify the gymnast from the competition within that level. If gymnast is deemed to be ineligible within a level, the gymnast must progress in level for the next competition they enter.

#### **Voluntary Progression**

Clubs and coaches should progress their gymnasts through the competition pathway, to reward gymnasts for high level of achievement and proficiency, assist gymnasts in transitioning from one level to another, and create a fairer competitive standard across all levels. Coaches may progress gymnasts through the program pathway through inhouse assessments in the form of a Levels Test by an appropriately accredited judge. A gymnast can achieve success in the test by obtaining a specified minimum all around score, whilst simultaneously demonstrating at least a minimum standard of proficiency on each individual apparatus. Refer to the current National Technical Regulations accessible on the **Gymnastics Australia Website** for pass marks for each level. A gymnast may progress more than one level for competition. If an gymnast is jumping levels their coach may be required to provide supporting evidence that the requirements of testing for all levels have been completed satisfactorily. A gymnast can only compete in one Individual State Championships in the same calendar year.



#### **Compulsory Upgrade**

Any Level 1 or Level 2 gymnast who scores 50.0, or any Level 3 to 6 (excluding 6 Open) gymnast who scores 52.0 at the 2019 Junior State Championships, must upgrade to the next level for Regional Qualifiers, State Trials, Grand Prix's and State Championships for 2021.

Similarly, any gymnast scoring above the compulsory upgrade in the 2021 Junior State Championships, must upgrade to the next level for 2022.

For Open levels 7 to 9, the National upgrading rules apply and may affect qualification for the Australian Championships if the gymnast has not progressed to the next level as required by the rules.

The Gymsport Committee may in its absolute discretion make an exception for a gymnast. The Committee will aim to be consistent with all applications submitted. All applications must be submitted via the <u>official form</u>. Each matter will be considered on an individual basis and situations evaluated according to merit and circumstance. Precedent is not a consideration.

### **Athlete Attire**

#### **Athlete Uniform:**

- Club tracksuit and t-shirts (must have the club logo clearly displayed)
- Club leotard
- Shorts/long pants
- Plain white socks
- Street attire/NSW State or Australian uniform (past or current) is not permitted
- A gymnast must have short hair or if long hair tied back
- Jewellery is not permitted (earrings, bracelets, watches etc.)
- Body Piercing must be covered / removed by attire or tape
- Masters are permitted to compete in a club t-shirt / singlet and club shorts/long pants
- Gymnasts in level 1 & 2 may wear a club t-shirt/singlet and shorts in place of leotard and longs.

Presentation uniform for all State Championship events will be full competition attire.

# **Event Information**

# **Competition Equipment**

All equipment allowed for competition will be supplied at the apparatus. Additional matting, springboards and other equipment will **not** be permitted to be moved to or from an apparatus without consent of the MAG ESDO or Event Manager. For all other competition equipment requirements please refer to the <u>GNSW General Technical Regulations – Event Information</u>.





# **Apparatus Requirements**

#### **Heights & Settings**

All settings for competitions will be in accordance with the Australian Levels Program - or its equivalent publication. For additional permissible matting, please refer to the Gymnastics Australia MAG Technical Regulations - Part B. Variation to height and equipment settings is at the discretion of the MAG Gymsport Committee and is relevant and appropriate to the level and format of the competition.

### **Preparation of the Parallel Bars**

Only chalk will be permitted for use on the apparatus by gymnasts in levels 4 and below. The use of Honey, water etc. will **not** be permitted for use on the apparatus. If there is an issue regarding the preparation of the bars this should be raised with the MAG ESDO or Event Manager prior to the commencement of the competition.





# Warm-up

#### **Apparatus Warm-Up**

Gymnasts competing at the Senior State Trials and Senior State Championships are required to attend the full apparatus warm-up. Changes to format of warm-up for each level is at the discretion of the MAG Gymsport Committee for each event.

Vault						
Level	Vaults	Max Warmups	Additional information			
1-6	Both (where applicable)	2 Total	If a gymnast only performs 1 vault, the maximum start score will be 5.00			
7 U/13	Both	Two warm-ups will be allowed for each vault	The execution of each vault will be added together to give the final vault routine score for apparatus places and overall score calculation. If a gymnast only performs 1 vault, the maximum start score will be 5.00 Vault 2 will be performed with the landing mat in front of the vaulting table. A maximum run-up of 20m will be permitted			
8 U/14	Day 1 and Day 2	Gymnasts competing the base vaults only will have a maximum of 2 warm-up vaults  Gymnasts competing 1 bonus vault and 1 base vault or two bonus vaults will have a maximum of 3 warm-up vaults	Scores for the two routines will be averaged to give the final vault routine score for apparatus places and overall score calculation, this includes if the gymnast is performing the base vault (handspring) for both vaults			

The maximum allowable vault run-up may be varied from the allowable run-up as specified in the ALP at different NSW sanctioned competitions at the discretion of the competition executive.

# **Competition Structure**

#### **Pommel**

All levels that have 2 pommel routines, (either a buck and a pommel routine or 2 pommel horse routines) will compete both routines at all NSW sanctioned competitions and the scores for the two routines will be averaged to give the final pommel routine score for apparatus places and overall score calculation.



#### Level 3 and 4 Pommel

NSW will follow the most recent changes defined by GA regarding level 3 Mushroom and level 4 Buck. Gymnasts will receive a penalty of 0.5 for any fall/stop in the routine, for levels 3 & 4 only on pommel.

# **Specific Event Requirements**

### Qualification

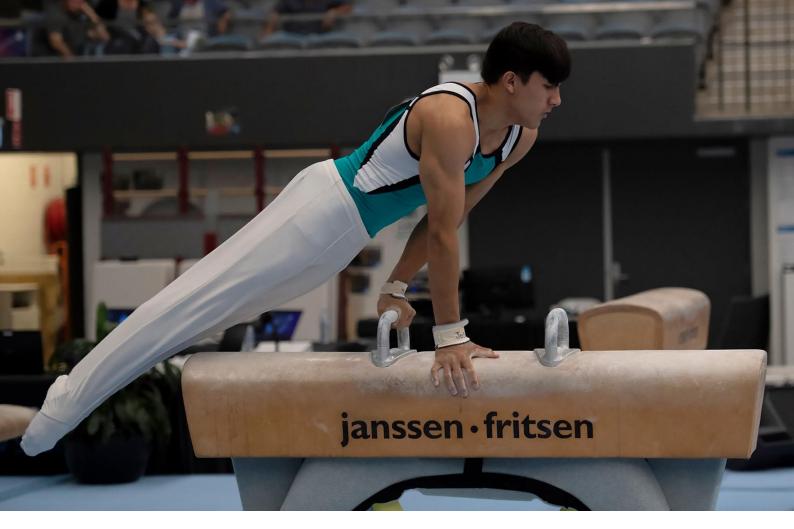
Please see below the qualification requirements for Junior and Senior State Championships.

Senior State Championships

Senior State Championships			
Level	State Qualification Requirement		
Level 10 & Senior International			
Level 9 Open			
Level 9 U/15 & 9 U/17	Gymnasts must compete on the apparatus that they		
Level 8 Open	propose to compete on at the State		
Level 8 U/14	Championships in at least one trial.		
Level 7 Open			
Level 7 U/13			
J	unior State Championships		
Level	State Qualification Requirement		
Masters	Gymnasts must compete on the apparatus that they		
Widsters	propose to compete on at the State Championships.		
	Gymnasts must compete on the apparatus that they		
	propose to compete on at the State		
Level 6 Open	Championships. An individual apparatus qualifying score of		
	9.0 must be achieved. Competitors wishing to compete in		
1. 1.0.1./4.2	the AA competition must score 54.0.		
Level 6 U/12	42.0		
Level 5 Open	42.0		
Level 5 U/11	42.0		
Level 4 Open	42.0		
Level 4 U/10	42.0		
Level 3 Open	45.0		
Level 3 U/9	45.0		
Level 2 Open	45.0		
Level 2 Open	15.15		
Level 2 U/8	45.0		
·			

Level 1 - 6, excluding 6 Open, gymnasts seeking qualification to the State Championships must have competed on all apparatus at a MAG qualifying event.

A gymnasts' competition division will be determined by the gymnasts' year of birth. To be clear, if a gymnast is Age eligible they must compete in the Age Division in levels 1-6.



### **Tied Scores**

Tie breaking rules will not be applied at the 2021 State events. This will be reviewed annually.

## **Protesting Scores**

- Only the nominated coach on the floor at a competition may protest the apparatus start value of their own individual gymnasts. E-panel deductions disputes or comparison with the performance of other gymnasts will not be considered and will result in the immediate dismissal of the protest and forfeiture of the protest fee.
- All protests must be submitted to the Competition Jury on the official protest form available at the score desk. A fee of \$20 will be forfeit to NSW MAG Judges Assembly and invoiced to the club after the competition for unsuccessful protests fee. Protests that are successful do not incur the fee.
- Protests must be in writing and must clearly and concisely state the case for the gymnast in question. The protest must be submitted prior to the completion of the last gymnast to compete in the event or within 3 minutes of the gymnasts score being presented.
- Multiple protests may be lodged at a competition however the fee of \$20.00 is applicable each time. The protests must be with respect to a different matter. The lodgement of a protest with respect to a previously determined matter will not be considered.
- Protests will be assessed at the conclusion of the competition session being conducted. The decision of the jury is final, and no further discussion will be entered.



#### **Awards**

State Championships Awards					
Level	All Around Places Apparatus Places				
Level 1-6 and Special Olympics	1 <sup>st</sup> - 3 <sup>rd</sup>	N/A			
Level 1-2	All gymnasts performing compulsory routines will receive a banded award based on their Overall Score; Gold (≥54.00), Silver (50.00 - 53.99), Bronze (< 50.00)				
Level 3-4	award based on	lsory routines will receive a banded their Overall Score; 50 - 55.49), Bronze (< 51.50)			
Level 5-6	All gymnasts performing compulsory routines will receive a banded award based on their Overall Score; Gold (≥57.00), Silver (53.00 - 56.99), Bronze (< 53.00)				
Level 6 Open	All gymnasts will receive a banded award based on their Overall Score; Gold (≥66.00), Silver (60.00 - 65.99), Bronze (< 60.00)				
Masters	1 <sup>st</sup> - 3 <sup>rd</sup> N/A				
Special Olympics Level 1-2	Gold (≥ 105), Silver (93.00 - 105.00), Bronze (< 93.00)				
Special Olympics Level 3-4	Gold (≥ 108), Silver (96.00 - 108.00), Bronze (< 96.00)				
Level 7 - SNR	1st - 6th 1st - 6th				

In the event of an interstate club attending a NSW State Championships event, the residential award system will come into place. If a non-NSW gymnast receives a placing during the event, subsequent residential places will be awarded for NSW gymnasts.

#### **Minimum Standard for Awards**

For All-Around and Apparatus awards, a gymnast must achieve the minimum qualification score for that level to receive an award. Qualification score refers to the State Qualification score in Levels 1 - 6 and Australian Championships Qualification score in Levels 7 - SNR.

## State Club Championships

The State Club Championships will include all levels 1-SNR. For specific level groupings, rules and teams sizes please refer to the <a href="State Club Championships">State Club Championships</a> Handbook

## **Country Championships**

Please refer to the Country Championships Handbook for full details of this event.





# **Selection Process**

# Australian Championships NSW State Team

MAG State Team						
Level	Number of Athletes Selected	Team Size	Reserves			
7 U13	8	8	2 Non-travelling reserves			
8 U14	8	8	2 Non-travelling reserves			
7 Open	6	6	2 Non-travelling reserves			
8 Open	6	6	2 Non-travelling reserves			
9 Open	6	6	2 Non-travelling reserves			
9 U15	6	6	2 Non-travelling reserves			
9 U17	6	0	2 Non-travelling reserves			
10 Open	6	6	2 Non-travelling reserves			
Senior International	6	6	2 Non-travelling reserves			

The Selection Panel reserves the right, at all times and in all levels of competition, to select fewer than the allocated number of gymnasts.

If changes to allowable number of gymnasts selected and/or team sizes for the Australian Championships is made by the National Commission and GA, the number of positions to be selected onto the NSW State Team will be adjusted accordingly.

In addition to the selected team, reserve gymnasts may be accepted as part of the NSW State Team to compete at the Australian Championships as Individuals. Individuals selected to the state team are bound by all requirements and obligations of a state team member. The number of Individuals selected in each level may vary and individuals may not be accepted for every level.

#### **Selection Committee**

Selection of the State Team will be made by the NSW MAG Gymsport Committee, normally at a committee meeting following the final selection competition. The final decision will be submitted to NSWGA Board for ratification.

The following criterion is used in conjunction with Gymnastics NSW Selection Policy to determine state team selections.

#### **Selection Eligibility**

To be eligible for consideration by the Selection Committee for selection onto the state team a athlete must:

- Be a registered member of Gymnastics NSW.
- Score equal to or higher than the Gymnastics Australia qualification score in the level the athlete seeks selection in, at a NSW State Trial, State Championships or NSW Committee 'Testing Day'.
- Be a participating member of the 2021 NSW State Squad or Team Future Squad for relevant levels and for athletes seeking selection in the 2022 NSW State Team, be a participating member of the 2021/2022 NSW State Squad or Team Future Squad and participate in all squad sessions/clinics.

### **Gymnastics NSW**



- Selection is based on scores and performances at two (2) NSW State Trials and the NSW State Championships. To be considered for State Team selection a athlete must enter both trials and the State Championships.
- Coaches must ensure that athletes seeking selection for the NSW State Team have appropriately progressed from one level to the next so that the athlete's ability is commensurate with the level to which he is credited. A athlete may be deemed ineligible for selection within a level if the MAG Gymsport Committee assess that the club has failed to observe the ability of the athlete to progress in level in the interest of creating the greatest opportunity to attain the best overall placing for the NSW team. If the MAG Gymsport Committee deem that a athlete has failed to appropriately progress in level, the club and athlete will be informed prior to the final selection competition that he is ineligible for selection within their current level and must progress in level prior to the next event to be considered for selection to the NSW State Team.

#### **Selection Criteria**

Selection Criteria – Athletes:

The objective of the selection is to select the best possible combination of athletes to represent NSW on the State Team with the greatest chance of producing podium performances and winning gold medals. The aim of the selection is to select the team in each division with the best opportunity to win at the Australian Championships and secondly to select athletes with the best opportunity to medal individually and on apparatus.

Selection is based on scores and performances at two (2) NSW State Trials and the NSW State Championships. To be considered for State Team selection a athlete must enter and is expected to compete at both trials and the NSW State Championships. If a athlete has not competed in the NSW State Championships on medical grounds, the athlete must provide a written report from a Doctor / Physiotherapist which includes the athletes' injury details as well as the projected recovery timelines for consideration of the selection committee. In accepting selection onto the team, the athlete and/or parent or guardian must agree to incur all financial costs involved in State Team tour in the event that the athlete does not recover in time and is unable to prove routine fitness or does not receive the necessary medical clearance.

For a athlete who has entered all three selection events but has only competed in one selection event to be considered for a position on the state team;

- The athlete must have submitted a statement to GNSW as to why they were unable
  to compete in the selection event(s), accompanied by a medical certificate or
  relevant supporting information. The statement and supporting information for
  consideration by the selection committee must be received no later than 72 hours
  prior to the date of the final selection event.
- Any athlete selected for the NSW State Team who has only competed in one selection event will be required to complete a final verification for routine performance at the State Team Training. Athletes who are unable to perform full routines to an acceptable level may be withdrawn from the team.

## Gymnastics NSW



If a athlete achieves the minimum All Around score but fails to achieve the minimum Apparatus Score on one or more apparatus they may only compete at the Australian Championships on the apparatus on which they have met the minimum Apparatus Score.

If a athlete fails to achieve the minimum All Around Score they may only qualify for the Australian Championships as an Apparatus Specialist. Selection of apparatus specialist will be considered on a case by case basis and in accordance with the relevant selection policy for that level.

Athletes seeking selection must submit a State Team Nomination form by the specified due date, nominations received after the final closing date will not be considered.

#### Level 7 U13 and Level 8 U14

- The selection of the NSW State Team will be determined from the athlete's scores from State Trial 1, State Trial 2 and the State Championships. An athlete's highest overall score and second highest overall score from these three events will be added together to give a combined overall score. The eight (8) athletes with the highest combined overall score will be named as the NSW State Team in that particular level. No injury petitions or applications for special consideration will be considered.
- To be considered for State Team selection a athlete must enter both trials and the State Championships however the athlete is not required to compete on all six apparatus at all selection events. If they do not compete on all six apparatus the athlete will however be at a disadvantage relative to other athletes in that particular level because the state team is determined by looking at the overall scores only.
- If an athlete does not compete on all six apparatus at two selection events and eight or more athletes in that particular level competed on six apparatus at two selection events, the athlete that did not compete on all six apparatus in two selection events will not be eligible for the State Team unless his combined overall score ranks him in the top eight compared with the combined scores of the other athletes in his level. To be clear, if a athlete competes on less than six apparatus his score will not be doubled from previous selection events to make a comparison with the other athletes.
- In the event that an athlete has entered all three selection events but only competed
  in one selection event, and there are one or more vacancies on the State team in
  that level and less athletes than the number of vacancies competed in only one
  selection event, the selection committee will consider the overall score obtained by
  the athlete in the one selection event to fill one of the remaining vacant positions on
  the team.
- In the event that an athlete competes in only one selection event and there is vacancy on the state team, however there are more athletes that competed in only one selection event then there are vacancies on the state team, the athletes with the highest combined overall score from the selection event will be considered for selection into the state team until all spaces are filled.
- Two non-travelling reserve athletes will be selected for each level (7U13 and 8U14). The expectation is that the reserve athletes will continue to train and prepare at their home gym until the day of the team competition.



#### Level 7 Open, 8 Open and 9 Open

- The first four (4) positions on the NSW State Team in each level will be determined by the athletes ranking by combining their two (2) highest All Around scores from State Trial 1, State Trial 2 or the NSW State Championships, in accordance with the selection criteria and process for Level 7 U13 and Level 8 U14 above.
- The final two (2) positions on the NSW State Team in each level will be selected by considering the apparatus results of the ranked athletes in each level. To be considered for selection for one of these positions on the NSW State Team the athlete must:
  - Be ranked 5<sup>th</sup>-12<sup>th</sup> overall using their two highest combined All Around scores from the selection events.
  - Achieve the NSW apparatus specialist benchmark scores on any 2 (or more) apparatus. Athletes must achieve both the Difficulty Score (D-Score) and Final Score from the below table to achieve the benchmark score. The D-score and Final score must be achieved in the same selection event, a athlete cannot use the D-score from one event and the Final score from another selection event to meet this criterion.
  - An athlete must achieve the benchmark score on a minimum of 2 different apparatus.

Benchmark Apparatus Scores							
Floor Pommel Rings Vault P-Bars H-Bar							H-Bar
Lovel 7 Open	D-score	4.5	3.7	4.1	3.8	3.7	3.7
Level 7 Open	Final Score	13.500	12.500	12.750	12.750	12.750	12.000
Lovel 9 Open	D-score	5.0	3.5	4.0	4.6	3.5	3.5
Level 8 Open	Final Score	13.500	11.750	12.500	13.000	12.250	11.750
Lavel O Onen	D-score	4.2	3.3	3.3	4.2	3.3	3.3
Level 9 Open	Final Score	13.000	12.000	12.000	13.000	12.500	12.000

- Athletes must achieve the benchmark score twice on the same apparatus at a minimum of 2 different selection events for each of the specialist apparatus to be considered. A benchmark which was achieved only once for a particular apparatus will not be considered as a part of the benchmark ranking.
- The apparatus specialist benchmark score can be achieved at any of the selection events. Athletes are not required to achieve the benchmark score for their apparatus in the same event, i.e. the athlete may achieve the benchmark score on one apparatus at the first selection event and then may achieve the benchmark score for a different apparatus at a subsequent selection event.
- Athletes who only achieves the benchmark score on one apparatus will not be considered for these positions on the state team.

### **Gymnastics NSW**



- The 5<sup>th</sup> and 6<sup>th</sup> position on the State Team in each level will be determined by ranking the eligible athletes who have achieved the apparatus specialist requirements above.
  - Athletes will be ranked by adding together the final scores from each of the apparatuses they have achieved the apparatus specialist benchmark score on.
  - Only apparatus specialist benchmark scores can be used for the ranking (apparatus scores meeting both the D-score and final score requirements).
  - Where a athlete has achieved the benchmark score on one apparatus at multiple selection events, the highest final benchmark apparatus score from the selection events will be used. The scores from apparatuses which do not meet the apparatus specialist benchmark requirements will not be considered in the ranking of the athletes.
  - All benchmark apparatus final scores for an athlete will be used, such that an athlete who has achieved the benchmark score on more apparatuses will be ranked higher, e.g. a athlete who has achieved the benchmark score on 3 apparatus will be ranked higher than an athlete who has achieved the benchmark score on 2 apparatus.
  - In the event that two athletes have the same combined apparatus specialist final score, the athletes ranking will be determined by the athletes combined All-around score (best 2 of 3 scores All Around).
- Positions 1-4 on each team will be selected first using the combined All Around scores. Positions 5-6 will be selected second from amongst the eligible athletes who have not already been selected to a position on the team. An athlete ranked in the top 4 by combined All Around score cannot be considered for an apparatus specialist position so as to be removed from the All Around selection and elevate another athlete in consideration for All Around selection.
- In the event that only one athlete, or no athletes meet the apparatus specialist benchmark criteria, the remaining positions on the team will be determined by the combined All Around ranking, in accordance with the selection of the first 4 positions on the team.
- Two reserve athletes will be selected for each level. Reserve positions will be determined firstly by the next ranked apparatus specialist and secondly, should there be no more athletes satisfying the apparatus specialist qualifying criteria, the next highest ranked athlete by combined All Around score. The expectation is that the reserve athletes will continue to train and prepare at their home gym until the day of the team competition.
- No injury petitions or applications for special consideration will be considered.



#### Level 9 U15, Level 9 U17, Level 10 and Senior International

- The selection committee will select six (6) athletes in each level in Level 9 U15, Level 9 U17, Level 10 Open and Senior International taking into consideration the results from Trial 1, Trial 2, State Championships and any relevant interstate and international competitions (pending the achievement of the required qualification score).
- The selection for athletes in Level 9 U15, 9 U17, Level 10 Open and Senior International will be determined by the Selection Committee, taking into consideration the athlete's ability to contribute to the team. The selection committee will consider the following factors:
  - Present competition form and readiness
    - Combined All Around results and rankings achieved in the selection events
    - Apparatus results and ranking in the selection events
  - o Past State, National and International results
  - Relevant results achieved at Gymnastics Australia or a sanctioned FIG event in the year of the Australian Championships
  - Possible team composition and possible individual and all around and/or individual apparatus medals
  - Any accepted special consideration applications. Clubs may submit a petition for athletes in these levels who are unable to compete at the minimum number of events required for selection. The petition will be assessed on the merits of the athlete's performance at these events or any other relevant event. Petitions must be submitted a minimum of 72 hours before the commencement of the final selection event.
- All other athletes in these levels who meet the eligibility criteria and achieve the Gymnastics Australia qualifying score will be selected as reserves. Application will be made by the NSW Gymsport Committee for the selected reserve athletes in each level to compete at the Australian Championships. The number of reserves accepted in each level may vary and may not be accepted for every level.

#### Level 9 Under, Level 10, Senior International Team

Selection of each of the combined Level 9 Under, Level 10 and Senior teams will be determined by the Gymsport Committee using the results obtained from all selection trials, and recent, relevant competitions, to determine the greatest opportunity to attain the highest team placing for NSW. The team in each division will be announced following State Team Training. Athletes seeking team selection may be required to complete a final verification and performance test at State Team training. The selection committee reserves the right to alter the team selection until 24 hours prior to the competition based on fitness and competition readiness. Announcements, performance testing and final team selection may be altered in accordance with event regulations and registration deadlines.

## **Gymnastics NSW**



#### **Selection Criteria**

The selection criteria for the 2021 NSW MAG State Team will be released shortly.

#### **Obligations of the State Team Member**

Please refer to the GNSW State Team Website and Selection Policy for information.

#### **Official Selection Criteria and Process**

Please refer to the GNSW State Team Website and Selection Policy for information.

#### **State Team Information**

Please refer to the GNSW State Team Website for team information.

# **Squad Programs**

The GNSW MAG GC runs 3 squads throughout the year. Please see below an overview of these squads. For more information please refer to the squad handbook which is available on the <u>GNSW Technical Regulations Website</u> – MAG – Gymsport Documents.

Overview of Squads						
Squad Name	Age	Level	Selection Events			
State Development Squad	8 - 12	-	State Development Testing Day			
		6 U/12, 7 U/13, 8	State Development Testing Day,			
Team Future Squad	9 - 14	U/14	GNSW State Championships			
realii ruture squau		In the year of	events and Australian			
		selection	Championships.			
State Sauad	10.	7-10 & SNR				
State Squad	10+	International	-			
State Team	10+	7-10 & SNR	GNSW Senior State Trails and			
State Team	10+	International	Senior State Championships			

For more information on the GNSW High Performance Program please refer to the <u>GNSW HP Website</u>.

